Praxis2Practice Consulting

Carolyn L. Winsor, BMus, BEd Biological Healing Consultant



P.O. Box 100
Penticton
British Columbia
V2A 6J9 CANADA

Website: https://praxis2practice.com/
E-Mail: carolyn@praxis2practice.com



An exclusive translated **article for Praxis2Practice Supporters**, published October 2021 by Praxis2Practice Consulting . . .

Long-Covid – Who is at Risk?

References from Orthodox Medicine and Aura Surgery

By Mathias Künlen, MD

From an article in Raum & Zeit, Volume 40, Nr. 233, Sept/Oct 2021

Machine Translation by SYSTRAN, Lernout & Hauspie, LogoMedia & Promt

Translation & redaction by: Carolyn L. Winsor, P2P Consulting

© Copyright 2021, Mathias Künlen, München, Germany

Even if there were no visible pre-existing illnesses some people fall more seriously ill with Covid-19 or Long-Covid than others. A **LANCET** study and evaluations with Bioresonance systems show what it could be. Therefore nutrition, a healthy intestinal environment and a good defense against pathogenic agents seem to play a major role.

The Corona Virus SARS-CoV-2 has occupied us since 2020. In addition to the infection numbers and illness cases the discussion about possible long-term consequences of the illness move into focus to an increasing extent. In spite of intensive diagnostics orthodox medicine has so far found no effective approach for a prognosis or even a therapy against long-term consequences of Covid-19, the so called Long-Covid. Long-Covid exists if symptoms and anomalies are still present twelve weeks after an initial infection.

^{*} Aura surgery, also known as virtual surgery, is a "surgery" in the subtle body, i.e. in the body's energy field.

The question discussed in professional circles is: Why do some people become seriously ill and others not, even if you compare groups of people with identical health conditions and age distributions? And why does only a certain portion suffer from significant long-term consequences? Can these be prevented or treated? So far there is no conclusive explanation for this.

Increased Risks for Long-Covid

In a study published in the medical journal LANCET 3,762 people from 56 countries in age from 18 to over 80 years old participated. It consisted exclusively of people who suffered from Covid-19 or who were suspected to have fallen ill with it. A total of 203 symptoms in 10 organ systems were collected and 66 symptoms were monitored over the seven-month period. It was shown that especially patients who showed more than five symptoms during the first week of their Covid-19 illness, had an increased risk of Long-Covid⁽¹⁾.

Some of the most common symptoms of Long-Covid patients included:

- Fatigue (Chronic Fatigue Syndrome)
- Brain fog
- Tinnitus
- Hallucinations
- Skin irritations
- Visual disturbances
- Memory loss
- Tremors
- Edema formation

With the assistance of Bioresonance Systems (Non-Linear Systems, NLS) the energetic causes of the listed symptoms can be explained and quantitatively measured. These computer systems show burdens on the various organ systems from accompanying illnesses. It is interesting that the energetic disturbances do not correlate compellingly with an orthodox medicine pathogen detection. This means there are often cases in which "only" the energetic burden on the system is shown in an organ while the attempt of a microbiological pathogen detection does not succeed. Even screenings carried out with orthodox medicine pathogen specific antibodies can turn out negative, while the energetic disturbance is clearly impressed with NLS. Nevertheless, the energetic conclusions of the NLS analysis correlate in an impressive manner with the clinical symptomatology and the clinical course of the patients.

Why do some people become seriously ill and some not? And why does only a certain portion suffer from significant long-term consequences?

Prior Energetic Burdens from Bacteria and Fungi

Thus energetic burdens from bacterial agents and/or fungi in various organ systems are found with Long-Covid. These pathogens typically already exist for a long time before the infection with the Corona Virus SARS-CoV-2, diminish the immune status of the person, therefore dispose them to a Covid-19 illness and almost explode during the illness. The reason for this is that with Covid-19 illness there is accompanying additional immune weakness. It derives from an excessive demand on the organism.

The following conclusions are to be drawn: People suffering from previous illnesses and a weakened immune system infected with the Corona Virus SARS-CoV-2 not only more often have a serious infection illness, but also in many cases a subsequent Long-Covid Syndrome.

Supposedly healthy people who fall ill with a Long-Covid Syndrome in most cases are by no means healthy before their illness with Covid-19, but are pre-burdened on the basis of poor nutrition, unhealthy lifestyle and the bacterial colonization resulting from it, especially as relates to the efficiency of the immune system. If a person with or in Covid-19 dies, such knowledge does not come through with the autopsy. Neither the quality of the intestinal microbiome is examined nor is a pathogen classification carried out on the body of the deceased.

Stronger with a Healthy Bowel and Less Meat

In a recently published study it could be detected that meat eaters fell seriously ill more often with Covid-19 and also more often sustained Long-Covid Syndrome. In the statistical analysis input factors like weight, age, pre-illnesses and lifestyle factors such as smoking and exercise were found. The researchers came to the conclusion that vegetarians and vegans had about a 73% lower likelihood for a moderately serious to severe Covid-19 course in comparison with meat eaters. With pescatarians the likelihood was about at least 59% less. Possible explanatory approaches could be that with an excessive meat consumption, above all of sausages, the risk of high blood pressure, increased cholesterol levels and obesity increases.⁽²⁾

Immunocompromised through Facultative Pathogens and Pathogenic Agents

For Long-Covid patients burdens typically appear in the stomach-intestinal tract with fungi such as *Candida albicans* or other facultative pathogenic candida strains. Candida fungus occurs as natural commensals ("com" = "with", "mensa" = "table", translated: "sitting at the table") of the person, in animals, in food and in inanimate matter. If people are fed carbohydrate-rich, they thus create an ideal growth environment for the fungus in the bowel. If he takes stomach acid reducing preparations, the candida fungi contained in food are not killed, but colonize the stomach-intestinal



The NLS pictures of a 66 year old patient with a Long-Covid Syndrome exemplarily show that the energetic burden of pathogens are provable in the NLS analysis of various organ systems. The upper picture describes the baseline results (status quo), the lower picture shows how the energetic reaction would change if the correspondingly investigated causality (in this case *Streptococcus haemolyticus*) were not present (so called inversion). If the second results improve compared with the baseline results, then the hypothesis is correct, otherwise wrong. The energetic assessments are classified by 'school grades' (Grade 1 = very good, Grade 6 = insufficient, the better the grade the better the energetic reaction).

Upper Left: Cerebral blood vessels: Baseline results in the upper picture with an energetic burden (downward directed triangles = Grade 4), with inversion of *Streptococcus haemolyticus* improvement of the reaction about 57% (lower picture with upward directed triangles = Grade 3). The corresponding symptoms are the circulatory disturbances described for Long-Covid including strokes, whereby streptococci sit in the vascular walls leading to arteriosclerotic changes and thromboses appear.

Upper Right: Cerebral tissue: Baseline results in the upper picture with an energetic burden, with inversion of the *Streptococcus haemolyticus* improves the reaction about 40%, whereby the improvement especially in the area of the limbic system (central brain area) is found. The corresponding symptoms described with Long-Covid are fatigue, brain fog and hallucinations, depression, impulse disturbances, emotional disturbances which are localized as symptoms in the limbic system.

tract. Similar is true for the intake of antibiotics, which can lead to direct damage of the microbiome with secondary Candida growth. The damage to the microbiome affects an immunological weakening of the entire organism which further forms the basis for infection illnesses.

Further burdens arise, for example from colonization of *Streptococcus pneumoniae*, a bacterium that belongs to the Streptococci genus. These so called pneumococci occur in over 50% of people as asymptomatic pathogens and mainly colonize the pharyngeal mucus membranes as "unencapsulated" strains. Whether and to what extent these pathogens become symptomatic depends on the person's baseline immunological condition and additionally how much he or she is weakened by the Covid-19 disease.

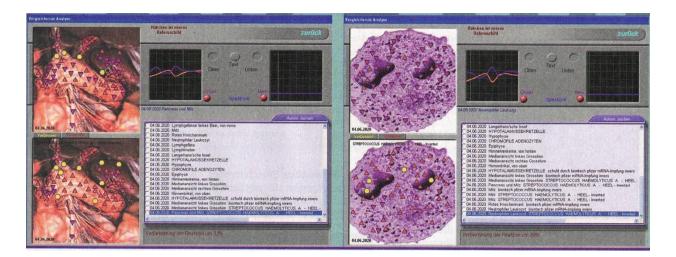
Patients with Long-Covid typically already had microbial colonization in the gastrointestinal tract before.

In most cases pathogenic (disease causing) agents can also be proven in Long-Covid illnesses. These pathogens have infected the patient not only on the basis of Covid-19 illness, but are found as pre-existing pathogenic burdens in the oral and pharyngeal cavity, but also in the paranasal sinuses, gall bladder, bladder and other organ systems. Additionally these include especially Staphylococcus aureus: These bacterial pathogens are found in up to 50 percent of the population in the skin, nasal vestibule, colon and vagina. Completely different illnesses occur, for example like skin infections, middle ear infections, nasal sinusitis, inflammation of the inner layer of the heart, throat and pharyngeal inflammation, pneumonia and many more. Especially feared are the so-called exotoxins built up by the Staphylococcus: Severe diarrhea and even skin separation occur. The NLS analysis shows the energetic burden from the staphylogene exotoxins directly in the brain and nerve cells, which leads to neurotoxic effects and the typical Long-Covid symptoms described in the beginning such as fatigue syndrome, brain fog, hallucinations and memory loss. But also visual disturbances are possible, as generally with all burdens of the organism from pathogenic agents: Here an energetic burden in the liver occurs which is overwhelmed by the exotoxins in its metabolism performance. Traditional Chinese Medicine (TCM) describes the connections: The eye is energetically attached to the liver, with energetic liver disturbance the typical liver weakness symptoms like fatigue, sleep disturbances, vision disturbances, sensitivity to light and the emotions of rage and anger occur – all together symptoms which are described as typical in the context of Long-Covid studies.

Streptococcus pyogenes (= Streptococcus haemolyticus): These bacterial pathogens trigger infections in the upper respiratory tract, skin and soft tissues, where typically suppurating inflammation develops. Also, Streptococcus forms exotoxins, the so called Streptotoxins which can have further damaging effects on various organ systems: Well known are skin rashes as well as neurotoxic effects with fatigue syndrome. In the NLS analysis an energetic burden from Streptococcus is typically indicated in the inner ear which frequently leads to tinnitus, one of the most frequent secondary illnesses described in the beginning for Long-Covid. Also the symptom of tremors described for Long-Covid seems to return with corresponding toxin effects: In the NLS analysis corresponding energetic burdens are shown exactly on the brain structures that are responsible for tremors as so-called EPMS symptoms (extrapyramidal motor system). But also on the spinal cord and even the peripheral nerves energetic burdens from Streptotoxins can be proven, clinically impressive as sensitivity disorders or even polyneuropathy. Streptotoxins lead to an energetic weakness of the spleen, as described in TCM. This is manifested as edema throughout the whole body, again a symptom described for Long-Covid.

Haemophilus influencae: This concerns a bacteria that is settled in the mucous membranes of the person and in diminished immune situations causes inflammation there. Besides bronchitis or even pneumonia, it can also trigger inflammation in the cerebral membranes, middle ear, paranasal sinuses or the conjunctiva – again symptoms described for Long-Covid.

These are only exemplary representations of the frequent pathogens that, among many others, can be identified with the NLS analysis. If you examine for the Corona Virus SARS-CoV-2 in the affected organ systems there, remarkably no specific energetic burdens from the virus appear, but exclusively from the pathogens described here.



Spleen: Baseline results in upper picture with a clear energetic burden, with inversion of the Streptococcus haemolyticus reaction improvement of about 33 percent. According to TCM the corresponding symptoms are the edema build up and disturbances of the blood flow with thromboses described for Long-Covid.

Leucocytes: Baseline results in the upper picture with a clear energetic burden, with inversion of Streptococcus haemolyticus reaction improvement of about 50 percent as an expression of an inflammation reaction in the body, which is represented in orthodox medicine as an increase of leucocyte numbers (leucocytosis).

Summary

In large part within the context of described Long-Covid symptoms, in my experience it is not triggered by the SARS-CoV-2 virus itself. Rather it is an expression of a pre-damage of the tissue structures by the so far inapparent remaining pathogen burden on account of Covid-19 illness and the massively increased connected burden on the immune system from it. The diagnosis of Long-Covid occurs quickly and uncomplicated through the NLS analysis on an energetic basis. The longer a person is immunologically weakened on the basis of his life style and eating habits, the higher is the burden with pathogens (bacteria, fungi, protozoa, viruses), the greater is the danger of an infection from Corona Virus SARS-CoV-2 and the more likely is a severe course with Covid-19 and the development of a Long-Covid. Therapy approaches should be designed to reduce the accompanying illnesses triggered by various pathogens, for example by regularly drinking diluted apple vinegar, by natural healing remedies, homeopathic preparations and Medicodes⁽³⁾. For the treatment of Long-Covid a change of diet to a wholesome and sugar free vegetarian nutrition is advisable, and the consumption of fermented foods for the reconstruction of the intestinal flora.

Footnotes:

- 1. https://www.thelancet.com/journals/eclinm/article/PIIS2589-5370(21)00299-6/fulltext#seccesectitle0001
- 2. https://nutrition.bmj.com/content/4/1/257
- 3. https://www.medicodes.net/



Dr. med. Mathias Künlen, course of studies of Human Medicine in the LMU in München, course of studies in Informatics at the College in München, German Medical State Exam 1988, US-American Medical State Exam FMGEMS 1989, specialist for neurology since 1994. Founder and Board of Directors of the Softmark AG Grünwald, software development for Cognitive Computing und Bioinformatik. Founder of the IFA Institut für Aurachirurgie AG, Fürstentum Liechtenstein

Shotokan Karate 2nd DAN in DKV German Karate Association Kyusho Jitsu 1st DAN in DKV German Karate Association