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Post Covid –

Treatment Possibilities with Bioresonance Therapy

By Eckart Herrmann, MD

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Preface

One year has passed since the proclamation of the Covid-19 pandemic, and in spite of worldwide efforts the disease has not been defeated. The rapid development of vaccines and test possibilities are accompanied by mutations of the virus that are obviously even more infectious than the original Covid-19. An enormous problem for the virus hunters and intensive care medicine.

Despite all the attention which is directed at the present time to the acute events of Covid-19 infections, it should not be overlooked that according to the WHO about 20% of patients suffer from protracted consequences. With severe disease courses this is rather to be expected according to all experience. However, sometimes people also suffer from long-term consequences in which the illness ran mildly. Long-lasting disease symptoms are referred to as Post Covid or Long Covid.

According to **Christoph Spinner***, an infectologist at the *Klinikum Rechts der Isar* at the University of Munich**, Covid-19 is a systemic illness, which can affect every cell of the person and therefore also every organ. He speaks about long-term consequences if the impairment remains unchanged even with a complete healing of the acute phase of the illness. Lung, kidney, heart, brain or nerve cells can be damaged for a long time.

A study from Wuhan, published in the journal “**The Lancet**” on 8.1.21, shows that six months after discharge from the hospital Covid patients will still suffer primarily from fatigue, muscle weakness, sleep disturbances, anxiety disorders and depression. According to this study three-quarters of the currently recovered Covid patients still have at least one of these symptoms after half-a-year.

With regard to the acute infection with Covid-19 a lot is still unresolved in spite of all efforts, especially the different infection patterns and [illness] courses across all age groups. This continues to pose great problems for acute medicine.

With regard to Post Covid the question arises for us as to what extent Bioresonance Therapy with its possibilities of diagnosis and therapy is able to influence the described consequences of the illness in its course. Additionally I would like to remind you of the most important knowledge of the **Ground Regulation According to Pischinger** and the further research results of **Heine** and **Bergsmann**.

The Ground Regulation System

The **Ground Regulation System According to Pischinger** is no longer concerned only with the cells as a self-sufficient regulatory unit, but rather additionally also incorporates the environment of the cells – the terminal vascular bed, the ground substance and the vegetative nerve endings – in the regulation. According to this working hypothesis the crucial material transport processes of the entire organism run off specifically in the extracellular space. If these metabolic processes are disturbed and/or interrupted with a lasting effect, little-by-little this results in illness of the entire organism. With this in consideration, the additional physical characteristics of the cell environmental system move into the foreground beside the biochemical control, completely in contrast to the earlier exclusively biochemically defined control in the cells themselves.

* **PD Dr. Med. Christoph Spinner**, Senior physician, Chief Medical Information Office, Pandemic Officer, Specialist in internal medicine and infectious diseases, with qualifications in infectious disease, and emergency medicine

** **Hôpital Rechts der Isar** (Klinikum rechts der Isar der Technischen Universität München) The Rechts der Isar Hospital is a hospital in the Haidhausen district of Munich, Germany. It is the teaching hospital and biomedical research facility of the TUM School of Medicine.

According to the recent research of **Heine** and **Bergsmann** the life of a higher, multicellular organism is coupled in the triad of capillaries – ground substance (Matrix) – cells. The ground substance upstream from the cell as a molecular sieve is of paramount importance as an integral part of the energetically open organism. Biochemically, the ground substance represents a mesh work of high polymer sugar-protein complexes in which the proteoglycans (PGs) and high polymer glycosaminoglycans (GAGs), especially hyaluronic acid predominate. The dynamic formation of hyperboloids afterwards seems to enable an amazingly simple principle of material transportation in the ground substance due to the possibility of ring closures of the sugar components of the PG/GAGs.

Heine* has described this very interesting phenomenon in his book “**Lehrbuch der biologischen Medizin**” [Textbook of Biological Medicine, published by Hippokates Verlag] as follows:

“In the ground substance tunnel-like structures with a diameter of about 5-80 nm continually develop, which as with the technically used cyclodextrins possess a hydrophobic inner and water-filled hydrophilic outer wall. This also makes a separate synchronous transport of hydrophilic and hydrophobic substances in the ground system understandable. At the same time obviously dynamic rapidly varying ring closures occur between the sugar chains of the PG/GAGs. The OH groups of the sugar molecule lie on the exterior surface, the glycosidic oxygen bridges and the H-atoms on the interior surface of the tunnel. In the area of the tunnel various substrates are passed through the interior and exterior and metabolized according to their chemical and physical characteristics, and the smallest electromagnetic information creates the greatest effects.”

According to **Nordenström**** the VICC-System (vascular-interstitial closed electric circuit) plays an additional decisive role with a selective, electrically controlled transport with passage of material between the blood and the ground substance through the capillary wall.

According to this new knowledge it seems conceivable that regularization therapies like Bioresonance Therapy can intervene directly in the metabolism with its electromagnetic influence on the triad of vessels – ground substance – cells.

During my medical activity in the clinic and practice, I have successfully used the Bioresonance Method with quite different indications in the area of internal medicine, orthopedics and neurology. This particularly concerned patients with illnesses from the rheumatic group of disorders, allergies, pain syndromes of all kinds, conditions after apoplexy, post-operative

* Refer also to translation of 7-part article entitled “The Ground Regulation System” by **Prof. Dr. Hartmut Heine** first published in *Naturheilkunde* 2009 and now in English on the Praxis2Practice website at: <https://praxis2practice.com/publications/> under Biological Medicine Reports, Item #68.

** **Björn E.W. Nordenström, MD, PhD**, *Impact of Biologically closed electric circuits (BCEC) on structure and function*. Article in Springer Verlag, Oct. 1992

complaints of all kinds and states of exhaustion because of vegetative dysregulation. By use of the various diagnostic and therapeutic possibilities of Bioresonance procedures, formerly with the MORA-Super and later with the BioKat M V device, we have impressively succeeded in reaching those often long-term patients therapeutically well and significantly improving the pathology up to complete recovery.

In one of my retrospective case studies carried out with ***Dr.rer.nat. Michael Galle*** with 935 patients with chronic pain, allergies and various infections published in 2011 in the **European Journal of Integrative Medicine (EJIM)**, these observations were confirmed and statistically supported.

How can these experiences be transferred to the treatment of Post Covid?

Acute Phase

In the acute phase of the illness, the diagnostic focus within the framework of the Bioresonance method is, in addition to the clinical symptoms, the confirmation of the diagnosis by testing the nosode and if it responds the treatment with it. The update of the Test Software for the BioKat M V in June 2020 enables testing this with the exact Covid-19 Nosode and then correspondingly treating at the energetic level.

The treatment otherwise occurs non-specifically with the appropriate Acute Program on the BioKat M V device, the special programs for the infected organs and the programs according to the Optima-Testing according to ***Scott-Morley*** or ***Herrmann***. Additionally, the various electrodes, like for example the Active electrode or the Roller electrode, are used according to the localization of the illness.

Bioresonance therapy is supplemented with appropriate pre-tested medications which attenuate the symptoms and support the immune system and the body's regulation.

Post Covid

The chronic phase, thus Post Covid, occurs if for some reason the self-regulation of the organism has not been able to properly control the infection regarding the immune reaction and to eliminate it. In addition to treating the symptoms, it is also a matter of discovering the causes of these disturbances of the body's regulation and as much as possible eliminating them. For this an energetic condition determination and the Bioresonance test by means of the BioKat M V offer good possibilities.

Diagnostics

According to our experiences, the following factors very frequently lead to impairments of the regulatory systems in the form of blockages or disturbance fields either individually or also in combination. These are expressed in very different quadrant or sector values and typically changing values of Electro-Acupuncture points according to Voll:

a. **Electromagnetic disturbances of the bed location or sleeping place (Geopathy):**

A very large number of chronically ill patients suffer from an electromagnetic disturbance of their sleeping place. This disturbance can be proven very well with the Test Method according to **Mersmann** (Spin Tester) and correlates excellently with the measurement values of electrical and/or magnetic fields in the patient's environment. It seems that the human being experiences a change of the physical direction of the blood rotation under a long term exposure to excessively large electromagnetic fields with the consequence of a changed physical and biochemical responsiveness of the blood (proven with the **BioElectronic** according to **Vincent, BEV**). However, if we succeed in interrupting this pathological electromagnetic stress during the daily 24-hour rhythm the blood does not change its physical characteristics and normalizes its physical direction again.

All geopathically burdened patients can suffer from increased intolerances/allergies, and a disturbed immune system as well as increased pain syndromes as a result of the increased electro-sensitivity. However, an interference-suppressed [or shielded] sleeping place leads to a rapid improvement of chronic symptoms and a much better responsiveness to all therapies. In case of doubt when testing for Geopathy retest with a higher amplification, because strong disturbances are not often proven with the recommended amplification of 7x.

b. **Intolerances/Allergies**

Chronically ill patients very often suffer from intolerances towards food, dental or other heavy metals, and medications of all kinds which are often linked with Geopathy. These intolerances are responsible for multiple chronic pain conditions and must be found out in order to eliminate the complaints. Through a period of restriction from these substrates and a special Bioresonance therapy the organism is relieved and the pain field is calmed down.

c. **Disturbance Fields, Dental Foci, Scars, Oral Batteries**

Disturbance fields of every kind like dental foci, old inflammations, operation areas, implants and scars can influence the regulation control circuit with lasting and permanent effect and prevent any self-healing. These foci must be found and removed with appropriate methods.

Oral batteries resulting from various dental metals, bridge materials or solder connections must be measured and treated with appropriate methods. They are very often the source for cephalgia, shoulder-arm-syndrome, tinnitus, nasal-sinus affections and other disturbances.

The discovery of assumed disturbance zones is greatly facilitated by assessment of the Quadrant measurement values as well as the Sector measurement values, and by sweeping the

body surface with the Active electrode (adhesive effect!). These disturbance fields (therapy blockages) must either be cancelled by Bioresonance Therapy itself or by other appropriate accompanying measures.

d. **Toxins and Nosodes**

In the same manner as the impact of dental metal intolerances, the physical effect of toxins and nosodes is important. Today there are excellent test sets from various companies with which it is possible to test toxins and nosodes with specific acupuncture tests. These test procedures are carried out particularly elegantly and expeditiously with the test programs of the BioKat M V. Toxins from viruses, bacteria and single-cell organisms, or illnesses which the patient has previously gone through unnoticed, and whose information remains in the body, often serve as a trigger for chronic inflammatory illnesses and/or as blockages for the resonance phenomena in the patient's body. Old vaccinations can also have a blockage effect. Especially in this sphere the Bioresonance Diagnostics is far superior to the usual laboratory-chemical diagnostics. Regardless of the concentration variables (i.e. antibodies) it is possible to elegantly test these interfering variables on the subtle matter level and then apply them to a subsequent treatment. By testing the most responsive potency of the respective nosode a statement about the relevance of the influence can be made. It is imperative to consider and use these information variables for later treatment. In addition to the Covid-19 nosode for diagnostics it is important to test other nosodes which are associated with older vaccinations and expired illnesses and which block self-regulation.

The testing dilution levels of the Covid-19 Nosode enable a statement about the duration and residency of the disease.

Therapy

As with all chronic diseases, treatment for Post Covid occurs in several therapy sessions, where a single therapy session should always encompass a test segment and a treatment segment.

In the session the single blockage possibilities are steadily tested according to urgency and afterwards followed by a treatment of the illness symptoms.

The **unspecific treatment** uses the various fixed programs for chronic diseases in the BioKat M V. Additionally special electrodes, like the active electrode or the double roller, etc., are used in the diseased body regions. Also important are the programs for energy-circulatory therapy.

The Optima Testing of individual programs according to *Scott-Morley* or *Herrmann* refines and individualizes the therapy.

The inclusion of bodily fluids as individual information carriers additionally contributes to the improvement of the treatment results.

The **specific treatment** uses the individually tested information of stressful or medically effective substances like nosodes or medications and introduces them into the regulatory system with special programs.

In my experience Bioresonance Therapy can be excellently combined with balneo-physical measures like hydrotherapy, heat applications, massage techniques and therapeutic exercises; procedures which in their way favorably influence the body's regulation and complement our therapy. In the same way tested medications should be used to strengthen the body's regulation.

For treatment of various chronic diseases, I have achieved excellent treatment success with Bioresonance during my practice time. Everything seems to suggest that this treatment method will achieve good results in a similar manner with the treatment for Post Covid. I would like to encourage Bioresonance therapists to confront this illness phenomenon and to prove how good our treatment method is.

There is a lot to do!

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