Welcome to Volume 11, Issue #7 of “The Bridge” newsletter! This is a rather long but very intriguing issue so I suggest that you either sit back and enjoy the read, or print it out from this PDF link to look at this evening. First we will be looking at the sad news of the passing of Prof. Dr. Manfred Porkert and there is also a guest editorial concerning vaccinations. Our feature article this month is from Heilpraktiker Olaf Schultz-Friese about environment pollution and related illnesses. Based on decades of experience he bases his therapy protocols on an interesting mix of physical, BioResonance and remedy methods.

Gateway Foundation for Biological & Integrative Medicine presents Curing the Incurables, Sept. 11-13, 2015, St. Louis, Missouri USA, OIRF Educational Exhibit area featuring the MORA Beauty/No va. There is an impressive lineup of speakers including Dr. Dietrich Klinghardt, Dr. Garry Gordon, Dr. Dan Beilin, Dr. Jeremy Kaslow, Marguerite Lane, Dr. Michael Gurevich, Dr. Michael Rehme, Dr. Robert Cass and Dr. Simon Yu.

Attend the optional one-day pre-conference workshop on “MORA BioResonance Therapeutic Possibilities” on Thursday, Sept. 10, 2015 with Marguerite Lane, ND from Australia.

Details and registration at www.iamconf.com. Register now to ensure attendance at this well respected and attended conference!

Registrations for the Institute’s 42nd Biological Medicine Tour to Germany are being received on a regular basis and we highly recommend you submit your applications now to ensure your participation in this unique educational event. The major arrangements for our program have been finalized and the speakers confirmed. Based on our Tour program theme of "The Latest Discoveries for Long Standing Therapeutics", we are looking forward to hearing the latest information and research in our field especially as it affects application of our well known and recognized therapies including MORA BioResonance, BioPhoton Therapy, Pulsed
Electromagnetic Field Therapy and so many more. There is always ample time for questions and hands-on. Shall we do a “Top 10 List” of reasons to participate in this tour program à la Mr. Letterman?

1) Our exceptional Keynote Speaker, Prof. Dr. Roeland van Wijk (Netherlands) was a colleague and co-researcher with the famous (but now retired) Prof. Dr. Fritz-Albert Popp. Dr. van Wijk will present their latest research on Stress, Fatigue and BioPhotons. They are also looking at the role of biophotons in activating stem cells!

2) Hear from nine different lecturers, researchers and clinicians instead of focusing on one personality.

3) Hear about a broad range of Biological Medicine methods to determine what will work best in your practice.

4) Lectures and demonstrations focused on education with emphasis on practical application in your daily practice.

5) Focused and informed visits to the famous Medicine Week Congress in Baden-Baden.

6) Presentations from a famous German Biological Medicine Hospital Clinic and from a highly respected long standing biological pharmaceutical firm.

7) Coordinated and hosted by OIRF Managing Director Carolyn Winsor with 41 previous tours experience.

8) Benefit from the experience and expertise of accompanying OIRF Medical Advisor and Director Marguerite Lane, ND (often several other OIRF Advisors and Directors annually join these pilgrimages).

9) Program involves moderate ground transportation on prearranged comfortable charter bus with lots of room for luggage.

10) OIRF tour program is reasonably priced and includes all educational events, single room hotel accommodations and most meals.

Full details and registration information available on our website at:

www.oirf.com/germany2015.html
Participating in this unique inclusive custom-tailed guided educational tour for medical professionals with OIRF (instead of with another recently announced similar tour program), you will experience friendly and open expertise as well as flawless planning and scheduling that provides a pleasant non-stressful learning environment. Here is a program that will build on the very best from the past, give you a glimpse of the very latest in-depth research and innovation, and then – most importantly – inform you how to utilize these techniques and methods in a modern everyday practice.

I repeat, to ensure a place for this tour program we encourage you to register now as participation is limited.

Occidental Institute
Research Foundation

42nd Biological Medicine Tour to Germany
Tuesday, October 27 through Monday, November 2, 2015

Theme: Clinical Applications in Biological Medicine: The Latest Discoveries for Long Standing Therapeutics

Keynote Speaker: Prof. Dr. Roeland van Wijk, BioPhoton Research & Therapy

Plus private English language lectures from renowned researchers and clinicians:

- Dan Beilin, OMD, LAc – Alfa Thermodiagnostics
- Silvia Binder, ND PhD – ONDAMED Therapy
- Tina Först, HP – AMS Magnetic Field Therapy
- Michael Galle, DSc, Researcher - BioResonance
- Dieter Jossner, Physicist – BioPhoton Therapy
- Uwe Reuter, MD – Biological Medicine Hospital Clinic
- Nuno Ruivo, DO – MORa BioResonance Therapy
- George Stommel, MD & Martin Landenberger, MD – RNA Therapy / Pharmacy
- PaedDr Uwe Uellendahl – “Easy” Resonance Assessment

- Our private lectures present the latest information and research in our field, with ample time for questions and hands-on.
- An opportunity to talk with like-minded colleagues and learn from the experience and expertise of attending OIRF Directors and Advisors.
- Visit and participate in the famous Medicine Week Congress in Baden-Baden
- Travel in comfort with plenty of room for luggage
- Tour price of $3,295 includes full tour program, single room accommodations and most meals
- Be treated like family with good food, good friends and good conversation in friendly hotels

ADVANCE REGISTRATION IS RECOMMENDED

Biological Medicine Tour #42 information and Register here

For more details contact: Occidental Institute, www.oirf.com; E-Mail: support@oirf.com
PO Box 100, Penticton, BC V2A 6J9 Canada and register at 800-663-8342 or (250) 490-3318

We are pleased to announce that Dr. Dan Beilin from Alfa ThermoDiagnostics has been added to the list of lecturers for this 42nd OIRF Tour program. His English language lecture will be an actual part of the Medicine Week program. Alfa ThermoDiagnostics has just recently successfully achieved full US FDA registration of their thermographic diagnostic device. Congratulations to them and we will be looking forward to this lecture.

For further details and information please mention OIRF when you contact them at www.alfathermo.com.
Obituary

Prof. Dr. Manfred Pörkert
(*16.8.1933, †31.3.2015)

From an announcement in Naturheilpraxis, Issue 6, June 2015

Prof. Dr. Manfred Pörkert passed away on the 31st of March, 2015. During his last years it became very quiet around him and his residences in France and Italy, and he accepted contact from Germany only occasionally. At one time this was different. However Prof. Pörkert’s was a brilliant mind dominant in the spread of Chinese Medicine in Germany and Europe from the 1970’s until the 1990’s. His Curriculum Vitae speaks for itself: He graduated in 1957 under Marcel Granet (author of “Das Chinesische Denken”) in the Parisian Sorbonne and from 1970 taught in the Ludwig Maximilian University of Munich [public research university]. For 21 years he was a professor there of Sinology and – unique in Germany! – of Chinese Medicine. He worked together with Joseph Needham (“Celestial Lancets”). He taught worldwide; in China he was an authoritative member in the Academy for Chinese Medicine, and for years in Switzerland he contributed substantial articles to the Eranos Conference Group supported by [under the influence of the Swiss
psychologist] Carl Gustav Jung in Ascona. He published over 400 translations and articles about medicine, philosophy, literature and the Chinese language, besides many of which were translated into English, French, Japanese, Chinese, Russian, Swedish, Italian and Spanish.

Manfred Porkert, as an absolutely critical companion, could best of all polarize the development of Chinese Medicine in China and the western world. Nevertheless, he introduced academic, sinological-philosophical thinking into the usually pragmatic acupuncture scene. New horizons opened from those, which approached western thinking derived from the literal "alternative" Chinese healing system. It began with the language – however language determines our world. And thus it seemed only consistent that the "normal" concepts were not used for representation of a completely different, foreign medical understanding. We are much too biased in the medical terms, [and] our perception ability is limited if we use concepts such as "heart", "energy" or "soul". The fact that Porkert selected Latin appeared strange and at the same time found not only enthusiasm but also trust. Nevertheless this path is still followed by numerous followers of Chinese Medicine, especially by the SMS (Societas Medicinae Sinensis) founded by him in Germany.

For me at that time the emergence of the essential differences between the western causal-analytical and the eastern inductive-synthetic thinking was revolutionary. The presentation of the analytical characterized by the mechanical, which deeply characterized western methodology, could expand horizons through both the micro- as well as the macrocosm to become complementary comprehensive analogies of the "corresponding systems". At the same time Porkert’s thoughts were the essential bases for what was achieved decades later – adapted to the western medical world – as the occidental construct(!!)"TCM". His work "Die theoretischen Grundlagen der chinesischen Medizin" [The Theortical Bases of Chinese Medicine] opened horizons for those therapists for whom the action with Zangfu, Qi, blood and liquids for example was not sufficient and searched for the essence and the actual fundamentals of Chinese Medicine.

Even at a time in the 1970’s and the 1980’s when acupuncture in this country [Germany] almost exclusively referred to the works of Stiefvater, Schmidt, Van Nghi, Soulié de Morant and Brodde among others as purely secondary literature, Porkert translated and wrote standard works for acupuncture and pharmacology – incidentally together with professors from the TCM University in Chengdu with whom he was in a friendly interconnection for decades. For me the "Systematische Akupunktur" [Systematic Acupuncture] was the first acupuncture book which extended the dimensions of symptomatic “needling” really radically. Then from 1979 to 1994 he was also eagerly included as a speaker at the TCM Congress in Rothenburg.

Manfred Porkert – for many of our younger colleagues his thoughts can be groundbreaking. And for us "old rabbits" productively going back to the actual roots of the often superficial appearing "TCM" construct – which measures itself over and over again by the yardstick of western thinking – instead of working out the actual alternative uniqueness of this comprehensive medical and thought system.

Thank you, Prof. Man Xi Bo!
P.S. Unfortunately Porkert’s works are available only partially/antiquarianly. You can find an entire directory in the catalog of the German National Library:
https://portal.dnb.de/opac.htm?method=simpleSearch&query=Porkert

. . . by the way Porkert’s translation of the Ming temporal novel “Der Aufstand der Zauberer” [The Uprising of the Magician] is quite different . . .

Andreas Noll, HP, TCM
Prof. (Univ. Chengdu)

Words of Remembrance

The sudden death of Prof. Dr. Manfred Porkert overpowers us with grief and great regret. His insights into Chinese culture and philosophy and his visions were unique. His life’s work included fundamental contributions to the exchange between Chinese and western culture, philosophy, ways of thinking, religion and medicine. His life was whole heartedly filled from the exploration, teaching and dissemination of Chinese Medicine.

Prof. Dr. Porkert was an old and good friend of the Chinese people and enjoyed high respect in the circles of traditional Chinese Medicine.

His death is a great loss for the intercultural communication between East and West. We have lost a true friend with great knowledge, with wisdom and a noble-minded spirit.

Dear Prof. Dr. Manfred Porkert, rest in peace!

Prof. Huang Qingxian
For the TCM University in Chengdu
(translated into German by Andreas Noll).

A Few Words from your Director

By now many of you may wonder why I have given so much space and time to such an “old guy” whose many books and articles can seldom be obtained nowadays. And he used Latin terms? Eww!
Well, I guess in many ways I am one with the “old rabbits”. **Occidental Institute of Chinese Studies** opened its doors as a traditional acupuncture teaching organization on July 2, 1972 (after nearly three years of extensive training, certification, research and preparation). In researching, writing and publishing our many TCM materials over the years, some of the first and most important books and research that our founder **Dr. Walter Sturm** worked with were written by Prof. Porkert. Walter considered Prof. Porkert as an honored mentor, he went to Germany several times to study with him and to attend seminars, they knew each other personally and they corresponded together for years.

The work of all of the groundbreaking researchers and practitioners of acupuncture (like all those mentioned in that first obituary article – and more like Dr. Chamfrault) from that heyday of the 1970’s through the 1990’s was incorporated into our TCM courses and publications. But it was Prof. Porkert’s work which became the foundation of the way Occidental Institute taught and utilized acupuncture, and also for the many subsequent training organizations that sprang up in France, Germany, North America, Britain and Europe.

We add our memories and our grief to the many that are being voiced around the world at this great loss. Prof. Dr. Manfred Porkert may you be at peace!

**Carolyn L. Winsor** (Sturm)
Managing Director
Occidental Institute

**OIRF Resource Materials:**

- Of the three full “home-study” or “extension training” programs developed by Occidental Institute, two have been fully updated and are available in PDF format on disc. Research and publication of each of those programs has been pivotal in the development and application of Acupuncture and Biological Medicine in North America and around the world. Be sure to obtain your copies of these famous and well respected volumes for your library and study purposes.
  - Modern & Traditional Acupuncture: $165
  - Master of Acupuncture Program: Translations of the ancient acupuncture classics (The Nei Ching consisting of the Su Wen and Ling Shu, as well as the “Difficult Classic” the Nan Ching) are still available in printed format – $125
  - Work on scanning and reformating these materials will progress slowly as time allows during our busy summer and fall seasons.
  - EAV Desk Reference Manuals, Parts 1 & 2 – $200
  - Diagnostics and Therapeutics Seminars of Dr. Sturm – $200

Get more details at [http://www.oirf.com/resources.html](http://www.oirf.com/resources.html)
Guest Editorial

Ebola and Measles

Two virus newsmakers, Ebola in 2014 and measles in 2015, both appear to be on the wane. Ebola is notably having a drop in its fatality rate, and there is no apparent explanation. Physicians who work for the international medical group Doctors Without Borders have observed that a higher percentage of treated patients are surviving Ebola – 50% instead of a 40% survival seen in 2014. Although there is a greater organization administering hydration and other noncurative measures, workers do not believe that this explains the improved survival. Another explanation is that Ebola has evolved or mutated, making it a less fatal infection, but genomic sequencing has not substantiated this theory. Nevertheless, the reduced fatality rate is welcome news for Ebola workers who have been struggling to contain the infection in Guinea, Sierra Leone and Liberia.

On the home front, the incidence of measles appears not to be explosively increasing, a major worry of US authorities. The question of measles vaccination remains a chief concern both medically and politically. Public health strategy is heavily supporting new legislation mandating greater vaccination compliance and less opportunity for opting out. However, many libertarian-minded individuals as well as natural-health advocates object vehemently to mandatory vaccination programs. The social media are replete with reports testifying to the ineffectiveness of vaccination and concern about its medical risks and complications. Legislative efforts in California, Oregon and Washington state all failed to increase mandatory vaccination rules.

Of particular concern to the readership of the Townsend Letter is the difficulty in being “open-minded” in this discussion; most parties are either all for or all against vaccination. Naturopathic physicians and integrative doctors should not be pigeonholed into making this an all-or-none position.

Jonathan Collin, MD,
Editor in Chief
The Townsend Letter
Issue #382, May 2015

☞ Be sure to check out the events and conferences announcements enclosed and on the Calendar of Events on our website. Make plans now for which events you will attend this year. Your support for the organizers is greatly appreciated, and gives you the return of fascinating, informative and educational programs that will enhance your practice – and CEU’s! OIRF directors, advisors and/or members are active in each of the recommended events. See Pages 17, 22 and 23 for further details.

☞ All of your 2015 Volume #11 Issues of “The Bridge” newsletter will be sent to you by email and then published on our website. Access is open to all. Follow this link to get your PDF print copy of “The Bridge” Volume 11, Issue #7.

☞ Here are your newsletter items for this Issue #6 . . .
The human being designates himself as the “crown of creation”. This implies a high sense of responsibility compared with the creation to which he belongs. Even so however this eminently important feeling appears to be missing.

In August 1883 the Krakatoa volcano in Indonesia erupted with incredible force; enormous amounts of ash were sent into the atmosphere. This catastrophe had huge consequences for the whole northern hemisphere of the earth in the form of rainy and cold summers, very bad harvests and famines. All the poisons delivered into the environment since the beginning of industrialization fall back onto us and stealthily make us ill.

- We should assume that the nuclear disasters of Chernobyl in 1986 and Fukushima in 2011 give a reason for reflection and for a demand for a change in course.
- Who remembers still today the scandal around Contergan* and around the consequences of DDT? Even today both products are still in use.
- Years ago we have already measured the values of pesticides “at the highest point”** which is twenty times higher than is allowed. How is this possible? That which the farmer distributes over his fields evaporates within 48 hours by approximately 90 percent, and then distributes itself over the airflows in all directions.
The industrial exhaust gases of the USA, Great Britain, Germany and other countries come back to the earth again as acid rain far from the causing countries and degrade the quality of the ground and the food growing on it.

Even today – about 30 years after Chernobyl – wild boars shot in the Allgäu are detoxified as hazardous waste. You had better not consume mushrooms from this and other polluted regions according to the information of the foresters on the site.

In October 2014 “Der Spiegel” reported: “After years of use, for example, the residues in the exhaust gas filters of a crematorium were highly toxic. The mixture of dioxins, mercury, antibiotics or cytostatics accumulated at the end of life in the body, or that originate with the combustion of the body, must be permanently disposed of in a salt dome.”

How many other “quiet” scandals are there about which we know nothing but to which we are all exposed?

In the last 20 to 30 years we experienced a massive increase in allergic illnesses; is this also a consequence of environmental pollution?

In the book “Ernährung und Psyche” [“Nutrition and Psyche”] by Anne Calatin which already appeared in 1992, the consequences of environmental pollution on the mental-physical health of a person from the viewpoint of clinical ecology and orthomolecular psychiatry were summarized. We cannot uncouple the psyche from the body, even if this unfortunately still happens much too often. Also all poisonous pollution always has a darkening effect on the psyche across the neural and hormone systems. The sprays which farmers distribute for “protection” of the plants can have a massive effect on the people who live in the neighborhood of the fields. Vice versa, all mental burdens have an effect on physical conditions.

Therefore, for many years my question has been: Why are the so called psychically ill people first of all not detoxified? Why is their metabolism not cleaned up? Because it is only then it becomes clear whether the psychic illness really has its cause in the psyche.

Already about 80 years ago Dr. Walter Honekamp could help many people by detoxification and nutrition, which he explained in his work “Die Heilung der Geisterkrankheiten durch Sanierung des endokrin-vegetativen Systems” [“The Healing of Insanities by Redeveloping [Cleaning Up] the Endocrine-Vegetative Systems”]. This book was burned by the Third Reich because such approaches did not fit into the body of thought of that time. However also today they do not yet seem to be welcome, because it is not asked about the source, but rather usually only “What can we do against it?”
Causes of Today’s Pollution of People and the Environment

- **Environmental and Agrarian Poisons of All Kinds**
  - Heavy metals and metals like for example mercury, lead, copper, aluminum (highly toxic), iron or chemical waste.
    For the metals especially mercury, lead and aluminum are to be considered. Here, besides the physical symptoms it can also come to severe psychic changes such as hyperactivity, disturbance of movement coordination, epilepsy, hearing and speech disturbances, lack of energy, insomnia, psychoses or hallucinations. In late stages acute spiritual and emotional disturbances up to full spiritual mental derangement can occur. Then for such a person death is really a deliverance.
    There are even clear connections between lead burdens and intelligence. After severe physical impairments especially in the neural range, personality changes, nervousness, increased irritability, loss of short-term memory and even depression or Alzheimer illness can be the consequences. With many schizophrenic patients an elevated copper level in the blood can be determined. An excessively raised supply of iron can lead to depression. This means that a unilateral supply of one certain element can have a negative effect if the necessary “partners” are absent in the organism and are not integrated harmoniously.
  - Herbicides, insecticides, currently especially glyphosate*** with its strong effect on the nervous and hormone systems; moreover it is carcinogenic.
- **Food additives or taste amplifiers** like glutamate and aspartame.
- **Cosmetics, deodorants, suntan lotions**: These products often contain toxic aluminum.
- **Radiation pollution and electro-smog**: especially through mobile phone radiation by which the blood-brain barrier is opened.
- **Smoking, alcohol and drugs**
- **Allopathic drugs**: In this connection, the side effects can be regarded as the expression of their toxicity. In the Western world drugs are the third most frequent cause of death after heart diseases and cancerous ailments. According to “ZeitenSchrift” (No. 82/2015) in Germany approximately 50,000 people annually lose their lives from drugs. In 2011 the EU Commission published an estimate that the side effects of allopathic medications would kill approximately 197,000 people within the EU (“HP-Naturheilkunde”, Heft 6-7/2011). Is the school-medicine saying “No effect without side effect” really true?
Everybody takes a big yearly cocktail of poisons of all kinds into their bodies through polluted drinking water, through devalued and polluted food and in the form of medications. In whom today do kidneys and/or bowels still work optimally? For most people the excretory organs are burdened by incorrect food and lifestyle and by damaging therapies. Now that which the body can no longer eliminate is deposited into the connective tissue. The poison effect accumulates during the course of life. It begins with skin problems, indigestion and headaches and sometimes can also appear as muscle and joint pains. If the organism is further overloaded by the supply of toxic substances, in addition it can come more and more to psychic problems such as manias, depression (today four million Germans suffer from depression, Source: “Focus”, Heft 11/2015) and hallucinations. The burden escalates finally into fear and aggression outbreaks or into memory loss and mindlessness.

In the meantime the problem of age dementia is recognized more and more clearly. According to new statistics from what is known as the “ADI Report” of the International Alzheimer Society (Alzheimer Disease International / ADI which was published in December 2013) 44 million people worldwide (of those 1.4 million in Germany) are affected. Every 20 years the number doubles, until 2050 there should be 135 million dementia patients worldwide. In the meantime this illness is a global phenomenon.

The number of senior citizens increases worldwide more and more. Thus also the prevalence of such illnesses may rise. Nevertheless, the increase in massive psychic disturbances even up to dementia clearly surpasses beyond the “normal” expectation. Does the phenomenon come to light in whole extent here because people are simply becoming older? Or both?

**Naturopathic Therapies**

What do we as therapists have in hand as possibilities “against” Alzheimer, MS and many other illnesses which are primarily the result of an extremely polluted environment and lifestyle? The famous saying of *Emanuel Felke* is valid over and over again: “Cleansing is called healing”.

In my everyday practice three therapy components have especially proven themselves a lot:

- **Colon Hydro-Therapy** (CHT) serves me in the practice also for general detoxification, so to speak the “coarse cleansing” not only of the large intestine but also of the organism altogether. Of course this is superficial, to bring the old excrement masses – in extreme cases up to 15 pounds – for removal. At the same time the whole organism is positively influenced through the system of the bodily humors and through the reflex zones.
In the meantime it is discussed whether Morbus Parkinson has its origin in the bowel. The insight of Paracelsus that “death sits in the bowel” finds its acknowledgement over and over again. An ill bowel is always a massive burden for the whole organism.

- **MORA® BioResonance Therapy** dissolves the poisons and activates their removal. Here *Dr. Franz Morell* combined the concepts of Chinese medicine with those of Electro-Acupuncture according to Voll and with those of homeopathy. Within the framework of this therapy the electro-magnetic connections of the toxins are dissolved and the body’s own regulation is put into operation.

- **REGENA Therapy** extensively cleans up the entire biological system “person” and is determined by a triad:
  1. Opening the excretory pathways: Kidneys, bowel and liver must work optimally. At the same time always also think about the clean up of contaminated sites of the lymph pathways.
  2. Cleansing of the organism of all wastes, deposits, toxins and poison burdens.
  3. Regeneration of cell respiration and the metabolism and as a result also the organ function.

Altogether there are about 250 REGENAPLEXES to choose from. With these it concerns homeopathic complex remedies, which were conceived organ specifically by the biologist and company founder *Günter C. Stahlkopf* and which at the same time all also have a regenerative effect. Like in a box of building blocks the remedies are complementary among one another. The objective of every causally implemented therapy must be to recondition and to resolve all the burdens in the organism. A therapy is only really successful when the therapist is no longer needed, an objective which can be achieved over and over again anew with these preparations.

**Two Examples from the Daily Practice**

**First Case Study**

The 43 year old male patient clearly had problems with his stomach and bowel. During the course of his life he had received antibiotics about 8 to 10 times. As a result muscle pains and spleen enlargement appear as indications of the burdens. With effort and trouble he could work part-time. Psychically he was so instable he told his wife that – if it continued so – in one year he would hang himself.

On my advice he let his amalgam fillings be removed under preventive measures; then we began an intensive therapy according to the above mentioned basic concept of the combination of Colon-Hydro Therapy, MORA Therapy and REGENA Therapy including
an amalgam detoxification. At the same time a healthy and full value nutrition according to my recommendations was a must. Within the framework of REGENA Therapy the corresponding remedy is used to clean up the excretory pathways, to redevelop the lymph and to remove the heavy metals.

Since then he is healthy and fully efficient, in spite of massive stresses in his occupation and in his private sector. Still years later he says; “I have not felt so good in my whole life.”

The Second Case Study

The 73 year old female patient came into my practice at the end of 2013 with massive skin rashes, which with great probability were due to the intake of allopathic medications. The itch was so severe that for weeks she could not sleep at night anymore. In order to transport the poisons out of the body as quickly as possible, I recommended Colon-Hydro Therapy accompanied by REGENA Therapy for her. The emphasis of REGENA Therapy was therefore bowel, kidney, liver and lymph. Within a very short time she can be helped. No longer like for many years, now the bowel works very well.

Recently however she comes again into my practice after a one and a half year break with the same problem. She reports that she has received from her family doctor three blood pressure medications, two cortisone preparations and two medications against diabetes. Obviously she suffers once again from an allopathic medication intoxication.

Thanks to the combination of Colon-Hydro Therapy, MORA Therapy and REGENA Therapy she is again substantially better within a very short time.

Fig. 1: Female patient from Case Study 2 whose massive skin rashes were apparently due to an allopathic medication intoxication.
Conclusion

We all live in a polluted environment. None of us can really nourish and protect ourselves optimally. However we all – and above all us holistically thinking and working therapists – have the possibility to swim against the current. A healthy therapist is the best model for his patients. We can also still be happy, healthy and efficient at 80 and 90 years of age, there are enough examples for this.

The Author:

Olaf Schultz Friese is a Heilpraktiker [Naturopath]. His main therapy emphasis lies in the area of cleansing or detoxification. At the same time along with homeopathy (complex and single remedies) he uses among others in his practice the following therapies: Colon-Hydro Therapy, bleeding, Baunscheidt Method (“Aschner-Method”) and the MORĀ® Therapy. These therapies and the causal REGENA Therapy are complementary and have been the foundation stones of his practice for nearly 30 years.

Literature

- Calatin, Anne (Hrsg.): Ernährung und Psyche. C.F. Müller, 2003
- Honekamp W: Heilung der Geisteskrankheiten. (Ausleihe nur über die Stadtbibliothek Augsburg)

Translator’s Footnotes:

* Also called Thalidomide
** Here the author used the name of the highest mountain in Germany, the Zugspitze. I have translated this colloquially here as “at the highest point”
*** N-(phosphonomethyl) glycine = Roundup by Monsanto
Practice Applications – Director’s Notes and Comments

1) Colon-Hydro Therapy:
- CHT is not an OIRF recommended method
- However, CHT has some excellent, specific and highly effective applications
- Long term constipation can be handled in a number of different ways including:
  - CHT
  - Enemas (more gentle than CHT)
  - Guided use of Epsom Salts
  - Application of some of the Mayr principles
  - Base powders
  - Etc.

2) MORA® BioResonance Therapy
- Although very short, this is a good concise explanation of MORA and BioResonance Therapy
- Clearly the author has a good understanding of the concepts of BioResonance and utilizes MORA effectively for detoxification.
- These concepts make MORA Therapy highly effective, besides for detoxification, for allergies (especially), intolerances, skin disorders, bowel disorders and so many more
- MORA alone will initialize the detoxification response and can be utilized individually as well as in combination with other therapies.
  - Support with drainage
  - Organ specific remedies (which can also be delivered electronically via BioResonance
  - Lots of good water,
- MORA BioResonance Therapy will always increase speed and efficacy of complementary therapies.
- Can also be complemented by:
  - BioPhoton Therapy – especially for skin rashes and other skin disorders
  - Inhaled Ionized Oxygen – for increase of healing energy and regeneration of cell respiration

3) REGENA Therapy
- These highly powerful and effective complex homeopathic remedies were developed in Switzerland but unfortunately are not available in North America
- Sadly, they are also not available in electronic format within the Med-Tronik Electronic Test Sets (ETS)
- Alternatives for these complex homeopathic remedies are:
  - Electronic Test Sets (multiple companies including SANUM)
  - Pascoe (actual and ETS)
  - Wala (actual and ETS)
  - Pekana (domestically available)
  - Heel (actual or ETS)
  - Staufen (actual, and many nosodes on ETS)
MORA BioResonance Therapeutic Possibilities
Getting the BEST out of your MORA Technology

Date: Thursday, September 10, 2015 (9 AM – 4 PM)
Location: Prevention & Healing Clinic, 10908 Schuetz Road, St. Louis MO
Intended audience: For beginners and advanced MORA® BioResonance users. For whatever model you are using, learn the true BioResonance Therapy applications.

You have the MORA, but how do you get the best out of it? This one-day lecture course guides you gently, starting with how to think about the way the MORA works, how to think about your patient’s health problems, and how to match the two for optimum treatments.

For beginners, or for those who need a refresher, the basic concepts of classical BioResonance are clarified. Learn how to immediately provide effective treatments even if you don’t know what you’re doing yet.

As the day progresses, you receive expert guidance on how to tackle the most common underlying problems in health, including candidiasis, influenza, hay fever, food intolerances, “tummy bugs”, Lyme disease, dental support, and hormonal issues. You will also learn how to verify that the treatment you’ve given has already been effective. Cases are presented to provide additional concrete information and summarize the day’s information.

Lecture course features Marguerite Lane, ND from Australia. She has been in full time private practice since 2002 and has used the MORA Super since 2003. She is specialized in the BioResonance techniques of Dr. Gottfried Cornelissen of Germany.

This course is sponsored by Occidental Institute Research Foundation and presented in conjunction with the Gateway Fdn. for Biological & Integrative Medicine.

For information about attending this pre-conference program, please contact the Conference Director at director@iamconf.com. See further information on the Curing the Incurables conference, Sept. 11-13, 2015 at http://www.iamconf.com/

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Ŵ Here is a picture of the new MORA-Beauty specially designed for cosmetic applications. Four modules with software and appropriate accessories provide highly effective and delegable applications for: smoking cessation, relaxation, detoxification, stress relief, revitalization, cellulite and wrinkle reduction, weight loss, and optimization of nutrition. See more detailed information on this amazing device on our website at: www.oirf.com/inst-morabeauty.html
Practice Applications:

MORA® Nova
True BioResonance Therapy with the Patient’s own Frequency Spectrum
From Med-Tronik, Germany

- Design meets Technology – presenting the MORA® Nova by Med-Tronik
- Standard EAV or MORA Optima assessment capabilities of the Nova® MED Professional.
- Full EAV assessment software incorporated into Nova® MED Professional for fast accurate testing and assessment using actual or electronic test sets.
- Optional “Tooth Testing” module for standard currents in the mouth, as well as assessment of dental foci.
- Cancer and Mitochondropathy Electronic Test Sets according to the research of Dr. Gottfried Cornelissen for cancer assessment and application.
- Or, VEGA-type testing capability has been incorporated into the MORA-Nova to allow utilization of available Electronic Test Sets – or of the coveted actual VEGA test set vials.
- For those who already have other testing and diagnostic methods in place, or for beginning BioResonance practitioners, the recently introduced Nova® MED Basic offers a less costly device with “therapy only” applications.

MORA BioResonance Assessment and Therapy Applications:
- EAV, MORA Optima or Vega-style diagnostics to confirm infection.
- Major applications for detoxification and intolerance.
- Building immune system.
- Delivery of medication information.
- Follow this link for MORA BioResonance details.

For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

To start off our “Hot Summer Deals” – OIRF will pay the shipping (up to €300) for all MORA®-Nova orders placed during the summer of 2015!
Practice Applications:

Biophoton HPT 3D Standard
BioPhoton Light/Laser Therapy
From Medical Electronics, Germany

The most modern large area laser therapy, the Biophoton light therapy, with optional magnetic field therapy, depth relaxation, super-learning and energetic homeopathy, make this therapy apparatus a particularly effective instrument.

64 Hyper-red Special LED
(HeNe Laser carrier)
660 Nanometer (Hyperred)
cia. 6 Milliwatt per diode

64 Laser diodes
785 Nanometer (Infrared)
cia. 6 Milliwatt effective per diode

- Eminently suitable for hair, face and body treatment. Impressive results within a short time – in particular with cellulite and other large area tissue problems.
- New modulation frequencies stimulate the body to produce endorphins. Endorphins improve the mental attitude, activate the immune system and optimize all the body’s own self-healing effects.
- That is modern overall therapy – the therapy of the future! With this apparatus it can be impressively confirmed what modern energy therapy is able to do!

Optional accessories for the HPT 3D HyperPhoton device include:
- Magnetic coils (in three sizes) – to add a stronger and more focused magnetic field therapy component
- Music modulation – to incorporate relaxing and healing sound through the BioPhoton field (e.g. reflection and meditation music of Arndt Stein, etc.)
- Specially designed honeycomb for delivery of medication and remedy information
- Either a rolling floor stand or a wall mounted “swinging” arm

See further details and information at www.oirf.com/inst-biophoton.html
For order, delivery & pricing information contact OIRF Office at 1-800-663-8342
**Practice Applications:**

**Oxygen Ion 3000 with VNS Diagnosis 3000**  
By Prof. Dr. Ivan Engler, Inhaled Ionized Oxygen Therapy  
From CS Tronic, Austria

The **Oxygen Ion 3000**/by Dr. Engler is a so-called oxygen-ionizator which enables you to enrich medical oxygen with electrical charge carriers in the form of “oxygen-cations” or “oxygen-anions”. The administration of enriched oxygen is carried out via an oxygen mask. The oxygen quantity varies between 4 and 8 liters, yet the changed charge quantity has to be considered. The therapeutic session lasts 12 minutes. As an alternative, oxygen concentrators may be used instead of oxygen cylinders.

Because of the state-of-the-art processor technology, the respective polarities are changed over automatically, without having to switch the oxygen supply. A data interface to VNS Diagnosis allows an automatic therapeutic transmission from the diagnosis device VNS Diagnosis 3000/by Dr. Engler.

As an ideal complement to Oxygen Ion 3000/by Dr. Engler, **VNS Diagnosis 3000**/by Dr. Engler supports your diagnostic procedure. VNS Diagnosis 3000/by Dr. Engler measures the capacity and the resistance between both gold electrodes and forms an optic display of the vegetative situation in the form of a LED-diagram. Of course there is the possibility to read off the measured values as direct numbers as well and can be interpreted individually. Because of similarities to the Oxygen Ion 3000/by Dr. Engler, a display of therapeutic proposals was also integrated. A data wire immediately transmits the therapeutic proposal to the Oxygen Ion 3000/by Dr. Engler, from which a further program selection can be started afterwards. The shape of the gilded electrode plates is handy and therefore facilitates the reproducibility of the measured results.

- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342
“EXTENSION TRAINING” PROGRAM IN
MODERN & TRADITIONAL ACUPUNCTURE

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook (An Outline of Chinese Acupuncture) and set of four charts (by China Cultural Corp.). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, ‘energetical’ acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that ‘missing sixty percent’ of acupuncture knowledge most “acupuncturists” have never even heard of; and, the modern electronic ‘needle-less’ treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a “Who’s Who of Acupuncture” in the English speaking world. This program takes you as far as anyone possibly can in a ‘written’ format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD

Price includes disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does not include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. Full set on one disc available for CDN $165.

Videotaped “DIAGNOSTICS” AND “THERAPEUTICS”
Seminar/Workshops by Dr. Walter D. Sturm† of OIRF Staff

Part One on Diagnostics:
• Electronic point measurement
• Medication testing, and more

Part Two on Therapeutics:
• MORA-Therapy
• Electronic Homeopathy
• Remedy Information Transfer, and more
• Optional day on his other therapies!

Follow this link to see a full description of these videotaped “Diagnostics and Therapeutics” Seminar/Workshops by the late Dr. Walter D. Sturm† of the OIRF Staff.

Available on five (5) DVD’s plus one (1) CD with all overheads and extensive handouts materials for CDN $200 (plus shipping).

Published in Canada by: Occidental Institute Research Foundation
P. O. Box 100, Penticton, BC V2A 6J9 Canada
Phone: 800-663-8342 or (250) 490-3318
Website: www.oirf.com Email: support@oirf.com
OIRF Resource Materials:

- For more information and instruction about point and medication testing with EAV see the OIRF: Medication Testing Report and the EAV Desk Reference Manuals (both available on disc).
- For more information and instruction about Diagnostic and Therapeutic Techniques in Biological Medicine with emphasis on BioResonance Therapy be sure to order the recently re-released videos of Dr. Walter Sturm’s seminars.
- For a complete listing of OIRF resource materials, including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.
- For a complete listing of OIRF recommended instrumentation, including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.

Conferences and Conventions: As a new approach to bring this information and education to a broader range of practitioners this year OIRF will sponsor speakers and lecturers in a number of conferences and events throughout the USA and Canada. Here are some of the conferences, conventions and seminars where our OIRF Board of Directors and Advisors are giving presentations and participating.

- **Comprehensive Course in Neural Therapy (NT).** This training course consists of six segments, three days each extending over a two-year period culminating with an exam and certification. Dr. Ulrike Aldag is a medical specialist for surgery and an experienced and accredited German Neural Therapy Association teacher. This is a unique opportunity to have practical hands-on and educational workshops.
  For more details on continuing courses contact Michael Gurevich, MD at www.holisticmd.org/neural-therapy-course-announcement/

  - Here is a listing of MORA Therapy and BioResonance training sessions available in English. The following three sessions will be held in Friesenheim, Germany at the Med-Tronik training center:
    - **March 21-22, 2015**  Basic MORA and BioResonance Completed
    - **July 18-19, 2015**  Advanced MORA and BioResonance
    - **October 24-25, 2015**  Masters Level MORA and BioResonance

  **Note:** The Master program takes place the weekend before the start of the OIRF Tour #42 (on Oct. 27) and the start of the famous Medicine Week Congress (on Oct. 28). If you are interested in attending this program, contact Carolyn or Elaine for "Optional Tour Add-Ons".

- **September 10, 2015**  MORA BioResonance Therapeutic Possibilities
  With Marguerite Lane, ND, Australia at the "Curing the Incurables" Conference, St. Louis MO Sept 11-13, 2015
Gateway Foundation for Biological & Integrative Medicine presents Curing the Incurables, Sept. 11-13, 2015, St. Louis, Missouri USA, OIRF Educational Exhibit area featuring the MORA Beauty/Nova. Details and registration at [http://www.iamconf.com/](http://www.iamconf.com/)

There is an impressive lineup of speakers including Dr. Dietrich Klinghardt, Dr. Garry Gordon, Dr. Jeremy Kaslow, Marguerite Lane, Dr. Michael Gurevich, Dr. Michael Rehme, Dr. Robert Cass and Dr. Simon Yu.

Attend an optional one-day workshop on “MORA BioResonance Therapeutic Possibilities” on Sept. 10, 2015 with Marguerite Lane, ND from Australia.

49th Medicine Week Congress, Oct. 28 to Nov. 01, 2015, Baden-Baden, Germany, Directors and Germany Tour participants attending. Usually more than 3,000 doctors participate with nearly 200 lectures, workshops and courses (in German language). Main theme this year is “The Whole Keyboard of Healing”. Exhibit area with more than 220 exhibits providing you an excellent insight into the big product offerings in natural healing and complementary medicine. There you can find out directly, and compare. Contact OIRF for attendance possibilities.

Biological Medicine Tour #42 to Germany, October 27 to November 2, 2015. Join us for our 42nd group tour including the world famous “Medicine Week” Congress in Baden-Baden. Tour program also includes private OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits. See details previously listed in this Issue. Registrations for this program are being received regularly and attendance is limited.

Full details and registration information available on our website at: [http://www.oirf.com/germany2015.html](http://www.oirf.com/germany2015.html)

Follow this link to our website to see Issue #7 in print/PDF format.
Updates, Reminders and Announcements:

- Register soon for the “Curing the Incurables” Conference in St. Louis in early September. Don’t miss this exceptional conference.
- Register now for Germany Tour #42! Don’t be disappointed by waiting until the fall to make delayed plans.
- Watch for Volume 11, Issue #8 of the “The Bridge” newsletter to arrive in your Inbox around mid-August. Next to be featured will be another article from longtime member, supporter and OIRF advisor, Dr. Ted Cole.
- Visit our Facebook page – will you be our friend?

I trust you have found much of interest in these pages. Most of the arrangements, plans and details for our fall 2015 events and activities have been finalized, and also there are many informational articles being prepared for the next Issues of this Volume 11 of “The Bridge”. Electronic publication with access open to all will continue throughout 2015 and we look forward to bringing you that cutting edge information for which OIRF is famous.

We look forward to meeting you during our 2015 activities and programs. As always your comments are welcome. Remember that this is your newsletter – your suggestions, article contributions, critiques, FAQ’s and compliments – are gratefully accepted.

Yours in health,

Carolyn
Carolyn L. Winsor-Sturm
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Published by Occidental Institute Research Foundation
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A Short History of Medicine:
100 AD: That root is heathen! – Say a prayer.
1865 AD: That prayer is superstitious. Here – drink this drink.
1935 AD: That drink is quackery. Here – swallow this pill.
1975 AD: That pill is ineffective. Here – take this antibiotic.
2000 AD: That antibiotic is poison. Here – eat this root.

[From Naturheilpraxis, Vol. 68, Issue #5, May 2015]