



THE BRIDGE

Linking Practitioners of German Biological Medicine

Volume 12, Issue #1, January 2016

Tuesday, 19 January 2016

Dear Colleagues, Friends and Supporters of OIRF,

👉 **Welcome to Volume 12, Issue #1 – the first Issue of “The Bridge” newsletter for 2016!**

Happy New Year everyone! As we begin another year and another Volume of this newsletter, it has been interesting to not only look back at what has been accomplished but also to look forward into the future and our many plans for the coming year.

In my initial preparations for this first newsletter issue for 2016 I completed the article translation you'll find in the following pages called “*Ten Arguments Against the Orthodox Medical Theory of Tumor Genesis*” by **Dr. Alexa Mohl**. In this very interesting information combined with a scholarly base of knowledge, Dr. Mohl presents an erudite explanation of the basis of cancer genesis and leaves the therapy and treatment possibilities to us as complementary practitioners. Here again, as in the articles last year by **Dr. Richard Kraßnigg** concerning Borreliosis, it is the concept and the scientific basis that guides us to more effective treatments for our patients.

Numerous new and cutting edge articles from our prestigious Board of Advisors and Directors as well as more of Carolyn's translations of articles from current German journals are underway for Volume #12 issues of this newsletter, and I invite all of you to maintain your email or print subscription to “The Bridge” newsletter. All 2015 issues of “The Bridge” were sent to you by email and then published on our website. This will continue into 2016 with the new Volume 12 Issues. **Access is open to all.** Follow this link to get your PDF print copy of “The Bridge” Volume 12, Issue #1.

👉 Plans are well underway for the **43rd Biological Medicine Tour to Germany**. Dates are now set to coordinate with the new format of the **50th Medicine Week Congress** and the tour will run from **26 October through November 1, 2016**. Several speakers are already confirmed to present exclusive lectures to participants (names of speakers to be announced shortly). As well the group will have the

opportunity to participate in several English language lecture series within the Med-Week Congress. Between the celebration of the 50th Anniversary at Med-Week and the OIRF topnotch exclusive lectures this tour program is offering participants the opportunity to hear multiple speakers while participating in an historical program. Let us take care of all the mundane in Germany travel administrative duties as we guide you through a memorable and educational experience.

➡ Be sure to see information about Dr. Simon Yu's **Acupuncture Meridian Assessment Training** workshops on Page 12-14 as well as a detailed listing of **Conferences and Conventions** on Page 20-22. Plan now which events you will participate in to support these speakers and organizations.

➡ Then, with these preparations and "chores" out of the way, it was time to look at my "New Year" comments and vision from 2015 to better assess how we did during that exciting and very busy year. In reading over those comments, it struck me that I truly must have been inspired during those early days of last year. Quite frankly, in spite of the progress made and the many successful conferences and seminars completed, those words still strike me as pertinent and are still very applicable for this coming year. So with some minor revisions and changes, here is a reprise of that New Year message. Join with us as we begin yet another year (OIRF's 44th year!) of educational and innovative activities and events.

As we assess 2015 and get set to begin another new year, I trust that you are filled with optimism and plans that will take your practice to the next level of success. It has certainly been an interesting year here at Occidental Institute as we successfully instituted the many changes on our "to do lists" from this time last year. I am thrilled to be working with practitioners and researchers who have endeavored to present us with the latest and most in depth information, along with their long term and unflagging support.

You have read many times before that the only constant is change. The same holds true for OIRF. How well an organization recognizes, predicts and adapts to change can determine whether it thrives, struggles or dies. In the words of the contemporary business guru *Jack Welch*, "Change before you have to!"

There have been a number of recent articles talking about how non-profits, societies and other research organizations like OIRF will be impacted not only by the current economic climate (especially in Canada 2016 under a new political regime), but also by technology and demographics.

As one of the main drivers of change **demographics** will continue to have a profound effect in both Canada and the USA. The "demographic tsunami" of massive numbers of baby boomers entering their senior years (myself among them) is already putting pressure on universal healthcare and government retirement funding. Public policies being put into place in both countries today will have serious consequences for seniors in general, but will also be reflected throughout our healthcare systems.

These factors will influence every active practice - not just the practitioners themselves, but the demographic of patients who will become prevalent in your practice!

Today's seniors tend to be more healthy and live longer more fulfilled lives. And thanks to the internet seniors (and all patients in general) are much better informed and insist on being more involved with the choices and decisions regarding their health. The demand for natural and complementary healing methods is increasing exponentially as can be witnessed by the increase of patient oriented ads for supplements and smaller devices. Practitioners can see this trend clearly in the "big business" conferences and shows such as the A4M meetings. At the A4M conference in Las Vegas last month, I was astounded by the Wal-Mart sized exhibit area and the vast array of so called "complementary" devices, tests and supplements. As usual the entire focus of the conference seemed to be on the many hormonal and sexual changes in our aging demographic population.

As with all things **technology** (from that latest iPhone to our TVs) we are seeing rapid advancements in our field of Biological Medicine that have changed our research protocols and your daily practices in fundamental ways. One of the most obvious technology advances is within the area of homeopathy and remedy administration. In decades past we had practitioners with collections of (tens of) thousands of remedies. Within the past 10 years we have seen a move to having smaller specific test sets, "prescribing" domestically available remedies (like Sanum, Heel, Hevert, Nestmann, etc.) and some limited remedy software. Now, within a few short years, most of us are reliant on remedy software and because of recent legislation in Europe many of the German companies (like Wegamed) are no longer allowed to sell physical test sets and everything is only available in digital format. Already we can see differences in what electronic remedies are available, the quality of the "recorded" remedies and differences in cost factors.

I have commented several times previously that I foresee an increase in the use of this kind of instrumentation and remedy software due to the changing regulations and registrations of the many European (German) remedies that we have come to rely on. How does the practitioner maintain a natural or biological medicine approach with their patients when important remedies like (for example) Heel and this year also Sanum simply disappear off our domestic market? In recent months (2015) even the famous Staufen Company closed down and we thus lose all our nosodes! Many - or even most - naturopathic and homeopathic practitioners rely on the sale of remedies (or supplements) for the majority of their clinic income. By turning to instrumentation and the use of electronically stored remedy frequencies, you can once again access and utilize these remedies but can no longer "prescribe" or "sell" them. Thus a whole new process and method of delivery to the patient is needed along with a changing dynamic in the income resources for the practice.

We see another example of these technology changes with the recent splits between various device companies as well as new owner/managers for some of our long term suppliers like Med-Tronik. Thanks to these changes we have already begun to see amazing innovation and access to high quality BioResonance devices while still based on the original research and development of the engineer **Erich Rasche** and the physician **Franz Morell**, MD. I fully appreciate that many of you are working with MORA BioResonance devices that have served daily in your practice for decades. As a 'once in a practice lifetime purchase',

why would you need to upgrade or update your devices? But the other side of that coin is, are you prepared and ready to compensate for the changes and developments in the technologically newer models? An analogy could be to ask if you are still driving your 20 year old Ford car? Or, have you upgraded to a newer more efficient model?

As an aside, during the recent A4M conference I was asked by someone why we continue to recommend all the "old" style devices like for example MORA and BioPhotons when other newer - more exciting, more expensive, more whatever - technology is now available. And the answer that spurted out of my mouth before considering the diplomacy of my remarks was "because they work". And with a bit of further reflection I can add that for most of these "old" style devices we have new models which offer us the most innovative developments in the Biological Medicine field of today.

However, if recognizing and responding to current change as it happens is challenging; predicting the change drivers of the future is even more so. Our practitioners, directors, advisors and staff have been pro-active in analysis, discussions and planning in order to focus the activities and research of OIRF as we move into 2016. I am not going to bore all of you with a list of our plans and projects (those dreaded and often short lived New Year's Resolutions). Over the past two years you have seen the many differences in how OIRF presents our information and in how we ask for your support both financially and politically. As we continue this transformation begun more than two year ago we are looking forward to a stronger future for Occidental Institute.

Amidst all this transformation two things have never changed - first and foremost, our commitment to our practitioners, and second, the dedication of our practitioners to OIRF. As we enter our **44th year** we can look back on a record of growth, longevity, legitimacy, and unfailing ethics that few, if any, other organizations in this field can match. The powerful united voice of our growing organization will help drive the changes that will make Biological Medicine a force to be reckoned with for all healthcare choices. Join with us - again - as we re-dedicate ourselves to the expanded application of Biological Medicine in North America.

Although some suggestions have been made to turn "The Bridge" newsletter back into a paid subscription, we are once again offering this venerated publication free of charge for 2016. Like last year, all issues will be sent to you by email and then published in PDF (print) format online. **Access is open to all practitioners.**

Our publication focus will remain similar to recent years. Many previous issues had focused on research, studies and bringing you the very latest scientific information. *Prof. Dr. Hartmut Heine's* articles included in past issues were a testament to the - dare I say it - "scientific" background and explanations of Biological Medicine. But, as interesting and challenging as it is to follow the leaps of inspiration and understanding taken by these famous (and much honored) researchers, what are we supposed to do with this insight on a daily basis in our practice?

Beginning with this issue (Volume 12, Issue #1) you will find another in a series of articles with concepts that are readily applicable with the methods and devices recommended by OIRF. We will show you the benefits and some of the possible applications of these methods and concepts. The emphasis will be on **practical everyday application** - on how you can utilize each particular method in your practice.

But, **we need your support**. Even though we are a non-profit organization we must still pay the staff, the bills and the expenses. If our research, publication and sponsorships in this field are to continue, we need to increase our (up until now minimal) fund raising activities.

We ask for your continued and ongoing financial support as we move forward into 2016:

- 1) Consider making a donation to OIRF for the newsletter (even though we are offering it freely)
- 2) Be sure that you have purchased copies of the many educational printed and electronic publications and the audio/video training presentations available exclusively through OIRF
- 3) Plan now to attend the various smaller instructional seminars and meetings sponsored by OIRF to learn more about these methods
- 4) Incorporate sale of the smaller OIRF recommended devices (such as the Medisend Protect, MECOS, the "Little Ludwigs", the AQA 707 water regeneration device, and so on) to your patients – talk to Elaine or Carolyn for quantity discount pricing.
- 5) Make this the year you travel to Germany with us to see Medicine Week – this is the 50th Anniversary for this venerable Congress and we are anticipating a larger than usual participation that will include many of our advisors and directors.
- 6) Consider which of the various devices and methods recommended by OIRF will work in **your** practice and make this the year that you add one or more of them into your office
- 7) Plan to attend the various conferences and conventions where OIRF will sponsor an exhibit/educational booth to see these methods in action and talk to us personally about how you can incorporate these methods into your practice

We thank you for your support and look forward to working with each of you during the coming year. To close, I quote a few words to live by for a successful New Year: "A blind man's world is bound by the limits of his touch; an ignorant man's world by the limits of his knowledge; a great man's world by the limit of his vision." (*Rev. E. Paul Hovey*).

For 2016 we wish you . . .

12 months of Joy
52 weeks of Fun
366 days of Success, and
8784 hours of Good Health!

Carolyn
Managing Director



➡ Here are your newsletter items for this Issue #1 . . .

*An exclusive **article for OIRF Supporters**, published January 2016
by Occidental Institute Research Foundation . . .*

Ten Arguments Against the Orthodox Medical Theory of Tumor Genesis

By Dr.phil. Dr.habil. Alexa Mohl

From an article in CO'Med, Volume 20, November 2014

**Machine Translation by SYSTRAN, Lernout & Hauspie, LogoMedia & Prompt
Translation & redaction by: Carolyn L. Winsor, OIRF**

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The entirety of western school [orthodox] medicine, research, teaching and licensed physicians, work on the assumption that cancer is caused by hereditary factors, chemical substances, radiation and viruses which damage the human genotype. 90 to 95% of all tumors are explained by the fact that random carcinogenic materials, radiation and viruses which have an effect on the body through mutation can transform normal body cells into evil tumor cells. With most cancer forms mutations are very heterogeneous [1].

A mutation is not only a genetic change. Rather it represents irreversible damage to the DNA [2], which is no longer reparable (inhibition of DNA repair [3]). Such damage leads to the fact that certain genes, those usually tumor inhibiting (so called tumor suppressor genes) are inactivated, and other genes which belong to the normal genotype of every cell (proto-oncogene) are transferred into cancer genes (oncogenes). These cause damage in the genotype (genome) of the cells influencing the control of cell division (mitosis) and the control of cell death (apoptosis), leading to resistance against the immune defense [4] and are further transmitted into the daughter cells [5]. As a whole school medicine works on the assumption of five to six [6] heterogeneous genetic damages which the developing tumor cells affect at random. All these processes lead to tumor cells with a malignant character, which is to say to tumor cells with the ability to endlessly grow (immortality [7]), to penetrate tissue barriers and to form daughter tumors (metastases).

Briefly: According to the school medicine opinion cancer originates from the random effect of five to six [6] genotype damaging factors on the body cells causing mutations.

These mutations are heterogeneous [1], irreversible [2] damages to the DNA, by which these cells acquire among other things the ability to avoid [4] the cellular repair system [3] and the immune system and without therapy to attain immortality [7].

There are ten arguments against this theory which point to the fact that it cannot be mutations (genetic damage) which cause tumors.

1. Genetic damage comes about randomly – However tumors are not distributed according to the random laws in the body.

School medicine supposes that tumor cells originate from genetic damage (mutations) which can randomly affect every body cell. If this was correct, the tumor cells would also have to be distributed randomly into the body. However they do not do this. The body cells themselves do not react to the random influencing factors with their transformation into tumor cells.

2. Genetic damages are irreversible [1] – However there are spontaneous remissions.

Genetic damages which should transform normal body cells into tumor cells are irreversible. Therefore school medicine also supposes tumor cells are immortal [7]. If this was correct, there should not be any spontaneous remissions. However there are those [*spontaneous remissions*]. The body cells themselves show that their transformation into tumor cells does not trace back to irreversible mutations, but rather to reversible factors.

3. Genetic damages are irreversible [1] – However out of cancer cells emerge healthy frogs and healthy mice.

From genetically degenerated cancer cells no healthy daughter cells can emerge, because genetic damages are irreversible. However McKinney (1969) and Mintz/Ilmensee (1975) carried out experiments in which no wildly growing cell masses were found in the cell nucleus of a cancer cell, but rather healthy individual animals are resulting [8].

The tumor cells themselves show that they can transform back into normal body cells.

4. “Approximately five to six random changes to the DNA must occur for the transformation of a normal body cell into a cancer cell” [6]. – The likelihood that one(!) out of 100 billion cells is affected randomly five to six times is however infinitesimal.

According to the school medicine opinion in order to change a body cell into a tumor cell from five to six mutations are necessary in the DNA of a cell. One randomly damaged cell out of 100 billion cells must thus additionally be randomly damaged another four to five times until it can develop into a malignant tumor cell. With a lottery ticket it is about 6 out of 49 – here it would be a game of 6 out of 100,000,000,000,000.

The body cells themselves show that they react with their transformation into tumor cells not out of five- to six-fold damages to their DNA, but rather to the factors that appear more frequently.

5. Genetic damage is heterogeneous [1] – However, tumor cells do not correspond to these heterogeneous damages.

The genetic damages are very heterogeneous with most cancer forms according to type and place on the DNA. If genetic damages were responsible for the formation of a tumor cell, these genetic damages would thus have to express themselves in the cell, like molecular biologists name the sequences through which genes control the protein synthesis. However they do not do this. Cancer cells differ from their healthy neighbors only by the characteristics which identify the tumor. Nevertheless in contrast to the heterogeneous damages at the genetic level, methylome at the epigenetic level in the cancer cells shows characteristic patterns.

Obviously the tumor cells do not “express” the heterogeneous damages which are in their mutations correspondingly.

6. Every cell has at its disposal a repair system for DNA damages – However in tumor cells the DNA damages are not repaired [3].

School medicine concludes from this a degeneration of the cell by which the tumor cells acquire the ability to avoid cellular repair. More logically would be another conclusion, namely that: Deviant DNA structures in a tumor cell do not show degeneration, therefore exactly in fact because they are not repaired. The deviations can also be results of a function change of these cells.

The cellular repair system apparently looks at the genetic damages in the tumor cells not as damages to be repaired.

7. The immune system switches off the abnormal cells – Nevertheless the DNA damaged abnormal tumor cells do not switch off. [4]

According to school medicine opinion the DNA damaged tumor cells also possess the ability to override the immunological defense. If we check this statement, then we find that the immune system does not detoxify the active tumor cells very well which we can find in every body, just like the no longer active tumor cells with spontaneous remission. Nevertheless on the other hand active tumor cells are not bothered by the immune system. A sensible conclusion would be:

The immune system does not look at active tumor cells as abnormal cells to be detoxified.

8. DNA damage leads to errors in the protein household – According to school medicine opinion the DNA damaged tumor cells nevertheless acquire manifold new abilities.

DNA damage has the result that the protein for which the damaged gene codes are built up faultily, or are not formed at all [9], thus cannot fulfill at all or only restrictedly fulfill their function in the organism. In contrast school medicine works on the assumption that the tumor cell damaged in its DNA loses no abilities, but rather acquires additional abilities – and namely not a few [10]. Genetic damage should be able to produce numerous additional abilities.

9. Connective tissue cells protect tumor cells against chemotherapy.

In 2012 researchers in the famous Fred Hutchinson Cancer Research Centers found out that chemotherapy promotes cancer, instead of fighting against it. Responsible for this are the normal cells, fibroblasts, in the proximity of the tumor which like the tumor itself are exposed to this cell poison with the chemotherapy and thereby suffer DNA damage according to school medicine understanding, which in addition causes a protein named WTN16B to be produced and distributed in large quantities. This protein enables the surviving cancer cells to grow, to penetrate into the surrounding tissues and to resist further chemotherapy [11].

However, to understand the activity of the fibroblasts as a consequence of DNA damage is not easy to explain: You would have to be able to show that many fibroblasts were damaged in an identical manner at the same place on their DNA, so that they thereby acquire the same additional ability to produce WNT16B.

Genetic damage to a cell population should be able to provide for the protection of another cell population from the cell poison.

10. Tumor cells have a metabolism and produce useful products.

Some tumor cells produce useful products. Where they appear in glandular tissues they help with the production of hormones and secretions. The adrenal gland for example, produces catecholamine, adrenalin, noradrenalin and dopamine. A tumor in the adrenal gland additionally contributes to synthesizing more of these materials. Carcinomas of the parathyroid lead to hyperparathyroidism, an overproduction of parathyrin.

Maybe the fact that a tumor cell also contributes to the production of healthy cells may not be a surprise to school medicine doctors. The fact that it also further synthesizes the same products as its tissue neighbors, also does not contradict the school medicine view. Nevertheless, maybe here would be a starting point for research towards a possible biological sense of the tumors. At least some tumors could have grown for the purpose of guaranteeing an over function of certain tissues. Tumor cells could thus have a biological sense.

It cannot be the genetic level, it must be the regulative level which plays an active role in the neoplastic processes within the cells.

Four arguments speak on behalf of this:

1. Tumors also originate from epigenetic changes

Epigeneticists have found that neoplastic processes “also” originate through epigenetic changes. Epigeneticists can show the fact that a distinctive genome-wide under-methylation is typical for cancer cells, that tumor suppressor genes are dramatically against over-methylation [12].

2. A characteristic methylation pattern can be associated to every tumor type.

Beyond this epigeneticists have found that a specifically defined DNA methylome, thus a characteristic epigenetic pattern, can be associated to every tumor type. In relation to those [patterns] the mutations are very heterogeneous with most cancer forms [13].

3. There are spontaneous remissions with cancer.

From that it follows there can be no irreversible factors which generate cancer. Genetic damages (mutations of the DNA) are however irreversible. Methylome at the regulative level are reversible against it.

4. Healthy individual animals result from tumor cell nuclei.

From that it follows that the tumor producing factors are inactivated in fertilized ova. Nevertheless, genetic damages are irreversible. In contrast to that after the implantation of embryos into the womb mucous membrane, more than half of the inherited methyl groups of the parents are deleted and new embryo typical methylation patterns are built up [14].

If we assume from this that not mutations, but rather methylome (at the epigenetic level) provoke cancer, this has considerable consequences:

1. Methylome (also) occur from experiences (burdening life events). The causes for cancer must be sought in the interface between the organism and the environment, where they have also been suspected for two millennia.
2. Methylome are reversible. Therapy on it would have to be removed, not to use (only) operations, chemo- and radiation therapies, but rather to control the burdening life events. Our school medicine doctors must retrain.

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The Author

Dr.phil.Dr.habil. Alexa Mohl* is an independent psychological advisor, lecturer and author. She taught at colleges, institutions for adult education and as a private lecturer at the University of Frankfurt am Main. Since 1988 she develops and leads continuing education seminars and training in Neurolinguistic Programming (NLP).

* In our terminology this of course means PhD, however the added degree of "Dr.habil." (*habilitatus*) means that Dr. Mohl has done a postdoctoral thesis and is qualified for a senior university post.



Acupuncture Meridian Assessment (AMA) Training for Detecting Parasites and Dental Problems Training Designed for MD, DO and Dentists March 18-20 and August 26-28, 2016 St. Louis, Missouri Training By *Simon Yu, MD*

Do you have life-time chronically ill "professional" patients that simply aren't healing no matter what you do? Or may appear to be improving but don't really get well? What is missing in your medical evaluation and treatment plan? The missing links might be overlooked parasites and dental problems.

Over the last 30 years of my medical practice, I have developed a specialized use of a medical tool that assists doctors in detecting the root causes of illness when conventional medicine fails. Isn't this something you would want to know about? It is called Acupuncture Meridian Assessment (AMA).

I have been incorporating Acupuncture Meridian Assessment as part of my medical evaluation for almost twenty years. It has led to rather unique accidental discoveries of parasites and dental related medical problems, among others, that are often overlooked by conventional and alternative medical doctors. However, when these are addressed, conditions that are difficult to heal often get resolved.

I want to share this information so we, as medical doctors collaborating with dentists, can increase the chance of healing of what was once considered, Incurables. Therefore, it is my sincere attempt to conduct a special training for medical and dental professionals on how to quickly obtain information through the use of Acupuncture Meridian Assessment. My AMA method is a simplified, modified version of EAV (Electro-

Acupuncture according to Dr. Voll) and should not be confused with classical German EAV or Electrodermal Screening (EDS).

My primary focus is teaching practitioners how to check a few essential acupuncture points to look for disturbances which might be an indication of parasites or dental problems. This training covers many clinical case histories that will amaze you with the healing results that occur where prior numerous doctors and specialists failed to succeed.

Over the years, I also developed a simple enhancement to AMA that includes a Color and Frequency Therapy to create a Phase Contrast to uncover hidden medical/dental problems. This addition has shown excellent results for un-cloaking difficult cases.

We cannot make a final diagnosis based on Acupuncture Meridian Assessment alone but it can be a valuable tool to assist your clinical decision making. It offers a quick insight – a Pattern Recognition – into initiating treatment and for monitoring the progression of healing. AMA can be applied in conjunction with standard medical/dental evaluations.

The class consists of lectures and lots of hands on boot camp drills for two and half days on March 18-20, 2016 and August 26-28, 2016. This class will be small, hands on, somewhat experimental, and spontaneous. There will be two additional instructors from Canada, **Dr. Robert Cass** representing Avatar EAV and **Gordon Johnston** representing Kindling EAV.

Dr. Cass has been practicing successfully with EAV for 42 years. He is the director of the Academy of International BioEnergetic Sciences which offers 100 Hour Certification EAV courses and EAV Master Classes throughout the USA, Canada, Europe, and the Far East. He is also the formulator of Physica Energetics hand crafted Spagyric botanicals, homeopathics, and matrix nutritionals.

Doug Cook, DDS, will also join us for special training on dental elements of AMA. He has over 50 years of experience in dentistry and over 40 years with AMA.

My primary objective is keeping it simple: uncovering parasites and dental related medical problems. Once you have this basis, you'll be able to use AMA for understanding allergies and other hidden medical problems. We'll touch on these other areas as well.

I believe two and half days is sufficient time for you to learn to apply AMA for your patients in the week immediately following this training. The attendees, on a volunteer basis, will also be evaluated by me using AMA during the training.

This training is specifically geared toward, and limited to, MD's, DO's and DDS's who have an active medical/dental practice.

Equipment: If you have your own Ohm meter or old EAV device, you may bring it with you. There will be two representatives for EAV/AMA equipment, from Avatar, USA and Kindling, Germany.

Cost: Special Rate of \$900 USD if you register and pay at least two weeks before the training. Space is limited. Otherwise, the rate is \$1,000 USD. Two lunches are included on Friday and Saturday. It is not refundable. Repeat attendee rate is \$600 USD.

Contact: Prevention and Healing, Inc. and ask for Kate, Office Manager, at 314-432-7802 or send email to simonyumd@aol.com with your contact details and we'll get in touch with you for payment.

Location: Prevention and Healing Clinic, 10908 Schuetz Road, St. Louis, MO 63146

Time: Starts at 8:30 am Friday morning till evening around 9:00 pm. Saturday starts at 8:30 am till 5:30 pm. Saturday there will be a group dinner and tour of St. Louis. Sunday starts at 8:30 am until 1:00 pm.

Recommended Reading: *Acupuncture Meridian Assessment: New Medicine based on Ancient Principles* on the Articles page of my web site at www.preventionandhealing.com and my book, *Accidental Cure*, available through my website.

Recommended Hotels:

Comfort Inn Westport: 12031 Lackland Rd, St. Louis, MO 63146 Phone: 314-878-1400 or 888-725-8988. Be sure to mention "Dr. Yu" and the code of "LDRYU" for a special rate.

Hilton St. Louis Frontenac: 1335 South Lindberg Blvd, St. Louis, MO 63131 Phone: 314-993-1100.

Free Shuttle service available between the airport, hotel, and Clinic.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles on alternative medicine as well as patient success stories, and Dr. Yu's revolutionary health book, *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, visit his website at www.PreventionAndHealing.com or call Prevention and Healing, Inc., 314-432-7802.

Simon Yu, M.D.

Prevention and Healing, Inc.

10908 Schuetz Road

St. Louis, MO 63146

314-432-7802

www.preventionandhealing.com

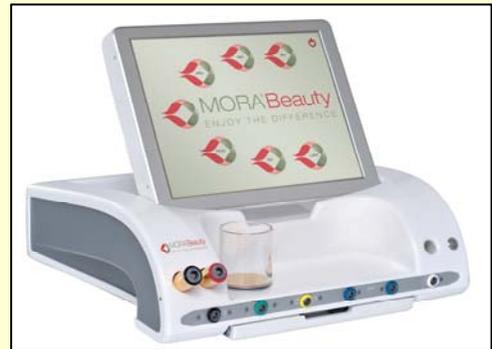
*Weaving Internal Medicine
with Alternative Medicine to
Use the Best Each Has to Offer*



This AMA program is highly recommended by OIRF and we suggest that our MD, DO and DDS members register early to ensure a place in these workshops. Your Director, **Carolyn Winsor**, will be presenting a lecture on "*Past, Present and Future of Point and Medication Testing Techniques*". Carolyn has been actively involved in the field of Biological Medicine since the inception of Occidental Institute in 1972. We plan to introduce the new RM10 EAV device from Med-Tronik, Germany.



➡ Here is a picture of the new MORA-Beauty specially designed for cosmetic applications. Four modules with software and appropriate accessories provide highly effective and delegable applications for: smoking cessation, relaxation, detoxification, stress relief, revitalization, cellulite and wrinkle reduction, weight loss, and optimization of nutrition. See more detailed information on this amazing device on our website at: www.oirf.com/inst-morabeauty.html



4 DVD SET NOW AVAILABLE!

MORA BioResonance Therapeutic Possibilities Getting the BEST out of your MORA Technology

Date: Thursday, September 10, 2015 – COMPLETED! You missed it!

Intended audience: For beginners and advanced MORA® BioResonance users. For whatever model you are using, learn the true BioResonance Therapy applications.

You have the MORA, but how do you get the **best** out of it? This one-day lecture course guides you gently, starting with how to think about the way the MORA works, how to think about your patient's health problems, and how to match the two for optimum treatments.

For beginners, or for those who need a refresher, the basic concepts of classical BioResonance are clarified. Learn how to immediately provide effective treatments even if you don't know what you're doing yet.

As the day progresses, you receive expert guidance on how to tackle the most common underlying problems in health, including candidiasis, influenza, hay fever, food intolerances, "tummy bugs", Lyme disease, dental support, and hormonal issues. You will also learn how to verify that the treatment you've given has already been effective. Cases are presented to provide additional concrete information and summarize the day's information.

Lecture course features **Marguerite Lane, ND** from Australia. She has been in full time private practice since 2002 and has used the MORA Super since 2003. She is specialized in the BioResonance techniques of **Dr. Gottfried Cornelissen** of Germany.



This course was sponsored by **Occidental Institute Research Foundation** and presented in conjunction with the **Gateway Fdn. for Biological & Integrative Medicine** prior to the famous "Curing the Incurables" Conference held in St. Louis, Missouri September 2015.

We encourage you to take advantage of this opportunity to benefit from the therapy application and information presented by this well respected and experienced practitioner. Video was professionally filmed and edited.

Set of 4 DVDs US \$150 plus shipping (available for immediate shipment).

Practice Applications:

MORA® Nova

True BioResonance Therapy with the Patient's own Frequency Spectrum
From Med-Tronik – The Home of MORA® BioResonance

Design meets Technology
For Innovation
In Diagnostics and Therapy
MORA® Nova



State-of-the-Art MORA BioResonance Therapy

MORA® Nova incorporates the original BioResonance Therapy research according to *Dr. Franz Morell* and *Mr. Erich Rasche* with the latest and most up-to-date technology, innovative software and perfection in every detail and design. **MORA® Nova** offers everything you need for easy and effective application in your practice with more than 35 years of experience in the proven MORA BioResonance method plus new design, ease of operation, enhanced therapy options and last but not least, State-of-the-Art technology.

MORA® Nova Features:

<ul style="list-style-type: none"> • Easy navigation via 15-inch touch screen with full visual display even in sitting position • Space saving integration of input and output cup electrodes (removable for cleaning) • Space saving integration of foot electrodes • MORA® Mouse function 	<ul style="list-style-type: none"> • Indication of active electrodes • Display inclination adjustable • New stylus design with extended functions • Integration into an existing network / Central control by an administrative PC • Graphic images of measuring point as well as the respective organ • Graphic menu navigation
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Technical Data:

<ul style="list-style-type: none"> • 2 channel technology • 2 Interfaces (Mode A + Abar – inverted A) • Scott-Morley for 2 channels and significant technical improvement • Frequency range: 0.1 Hz to 1 MHz • Filter adjustment range: 1Hz to approx. 900 kHz • Amplification 0.1 to 1 Million per channel and mode • Modular design (channels, interface, etc.) • Integrated PC • Laser electrodes (Optional) • Electronic remedy software (Optional) 	<ul style="list-style-type: none"> • Programs with up to 16 single steps • Selective automatic 4 or 6 segment measurement • Automatic detection Hypo/Hyper • Extension of standard fixed programs • Therapy recommendation from the EAP-measurement • Therapy cycles freely adjustable 1 – 65,000 • Pulse/Pause adjustable 0.1 – 100 sec. • Integrated MORA®-Mouse, cup electrodes • Graphic display of measuring points • Square-wave generator 1 Hz to 500 kHz • Sine-wave generator 1 Hz to approx. 250 kHz
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Additional MORA® Nova Features:

<ul style="list-style-type: none"> • Allergies – diagnosis and treatment • Cornelissen test- and therapy mask • Indication oriented standard programs w/o EAP test • Global Scaling Basic therapies • Psychosomatic programs acc. to Nienhaus • Color therapy acc. to Gruba 	<ul style="list-style-type: none"> • Color therapy (e.g. mirrored nature images during the therapy session) • Music therapy (Psychophonía) via headphones • Addiction therapy, drugs, alcohol, etc. • Individual software for faculties • And much, much more . . .
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List of Electronic Test Sets for Therapy with the Nova® MED Professional

Individual Test Sets – All test sets together comprise approximately 20,000 single substances	Test Set Group – Contains single test sets selected for the user at special pricing conditions
• 5-Elements	NOVA-Elements Group
• Allergy	• 5-Elements
• Alzheimers & Dementia (Cornelissen)	• Allergy
• Bach flowers	• Bach flowers
• Biological catalysts	• Chemical elements
• Chemical elements	• Geopathy
• Degeneration & Mitochondropathy (Cornelissen)	• Mycosis
• Dental	• Nosodes
• Geopathy	• Schüssler Salts
• Labo Life	• Horvi
• Meridian test set (Morell)	• Meridian test set
• Mycosis	Individual Test Sets (Continued):
• Nosodes	• Horvi – snake serum and enzymes
• Orthica – Orthomolecular substances	• Pascoe – homeopathic substances
• Sanum	• Pekana
• Schüssler Salts	• Vitortho – Orthomolecular substances
• System test set (Cornelissen)	• Inus – Orthomolecular substances
• Heel	• MJS – Orthomolecular substances
• Wala	• Color test set

Practice Applications (Mora Therapy):

- Allergies and Food Intolerances
- Geopathic stresses
- Functional Circulatory disorders
- Acute and chronic pain and inflammatory conditions
- Metabolic disorders
- Building immune system.
- Delivery of medication information.
- MORA BioResonance Therapy will always increase speed and efficacy of complementary therapies.
- Can also be complemented by:
 - BioPhoton Therapy – especially for skin rashes and other skin disorders
 - Inhaled Ionized Oxygen – for increase of healing energy and regeneration of cell respiration
- Follow this link for [MORA BioResonance details](#).
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342



“EXTENSION TRAINING” PROGRAM IN MODERN & TRADITIONAL ACUPUNCTURE

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook ([An Outline of Chinese Acupuncture](#)) and set of four charts (by [China Cultural Corp.](#)). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, ‘energetical’ acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that ‘missing sixty percent’ of acupuncture knowledge most “acupuncturists” have never even heard of; and, the modern electronic ‘needle-less’ treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a “Who’s Who of Acupuncture” in the English speaking world. This program takes you as far as anyone possibly can in a ‘written’ format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD

Price includes disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does **not** include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. **Full set on one disc available for CDN \$165.**

Videotaped “DIAGNOSTICS” AND “THERAPEUTICS”

Seminar/Workshops by Dr. Walter D. Sturm† of OIRF Staff



* 1944-2004 †

Part One on Diagnostics:

- Electronic point measurement
- Medication testing, and more

Part Two on Therapeutics:

- **MORA-Therapy**
- Electronic Homeopathy
- Remedy Information Transfer, and more
- *Optional day on his other therapies!*

Follow this link to see a full description of these videotaped [“Diagnostics and Therapeutics” Seminar/Workshops](#) by the late Dr. Walter D. Sturm† of the OIRF Staff.

Available on five (5) DVD’s plus one (1) CD with all overheads and extensive handouts materials for CDN \$200 (plus shipping).

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P. O. Box 100, Penticton, BC V2A 6J9 Canada
Phone: 800-663-8342 or (250) 490-3318
Website: www.oirf.com Email: support@oirf.com



➤ **OIRF Resource Materials:**

- For more information and instruction about point and medication testing with EAV see the OIRF: [Medication Testing Report](#) and the [EAV Desk Reference Manuals](#) (both available on disc).
- For more information and instruction about [Diagnostic and Therapeutic Techniques in Biological Medicine](#) with emphasis on BioResonance Therapy be sure to order the recently re-released videos of Dr. Walter Sturm's seminars.
- For a complete [listing of OIRF resource materials](#), including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.
- For a complete [listing of OIRF recommended instrumentation](#), including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.
- Of the three full "home-study" or "extension training" programs developed by Occidental Institute, two have been fully updated and are available in PDF format on disc. Research and publication of each of those programs has been pivotal in the development and application of Acupuncture and Biological Medicine in North America and around the world. Be sure to obtain your copies of these famous and well respected volumes for your library and study purposes.
 - Modern & Traditional Acupuncture: \$165
 - Master of Acupuncture Program: Translations of the ancient acupuncture classics (The Nei Ching consisting of the Su Wen and Ling Shu, as well as the "Difficult Classic" the Nan Ching) are still available in printed format – \$125 Work on scanning and reformatting these materials will progress slowly as time allows during our busy summer and fall seasons.
 - EAV Desk Reference Manuals, Parts 1 & 2 – \$200
 - Diagnostics and Therapeutics Seminars of Dr. Sturm – \$200

Get more details at <http://www.oirf.com/resources.html>

➤ **Conferences and Conventions:** As an ongoing approach to bring this information and education to a broader range of practitioners this year OIRF will sponsor speakers and lecturers in a number of conferences and events throughout the USA, Canada and Germany. Here are **some** of the events where our OIRF Board of Directors and Advisors are giving presentations and participating. As we move into the busy winter season, plans are already underway for many more events for the New Year 2016.

Plans and registrations for OIRF to be present at a number of important conferences throughout the US, Canada and Germany have been arranged, and we are looking forward to an exciting and busy year. It is our hope that you will join us in our efforts to expand the use and knowledge of Biological Medicine in Canada, the USA and around the English speaking world.

Be sure to check out the announcements of events and conferences enclosed and on the [Calendar of Events](#) on our website. Make plans **now** for which events you will attend during 2016. Your support for the organizers is greatly appreciated, and gives you the return of fascinating, informative and educational programs that will enhance your practice – and CEU's! OIRF directors, advisors and/or members are active in each of the recommended events. See Pages 12-14 and 20-22 for further details.

➤ Here is a listing of **MORA Therapy and BioResonance training sessions** available in English. The following three sessions will be held in Friesenheim, Germany at the Med-Tronik training center:

April 8-9, 2016	Basic MORA and BioResonance
July 1-2, 2016	Advanced MORA and BioResonance
October 7-8, 2016	Masters Level MORA and BioResonance

➤ Attention all **ONDAMED** practitioners: **Dr. Silvia Binder** will hold an Intensive Course in Istanbul, Turkey from March 4-6, 2016. Contact [ONDAMED USA](#) for further details and registration.

➤ **Acupuncture Meridian Assessment Training** for MD, DO and DDS. Primary focus is teaching practitioners how to check a few essential acupuncture points to look for disturbances which might be an indication of parasites or dental problems. This training covers many clinical case histories that will amaze you with the healing results that occur where prior numerous doctors and specialists failed to succeed. Class consists of lectures and lots of hands on "boot camp" drills for 2½ days held in St. Louis Missouri on March 18-20, 2016 and August 26-28, 2016. Sponsored by **Dr. Simon Yu** and also featuring **Dr. Robert Cass, Dr. Doug Cook, Gordon Johnston** and **Carolyn Winsor**. To register contact Kate, Office Manager at 314-432-7802 or [Prevention and Healing](#)

➤ **Training as a Mayr Physician in the English language!** For the first time in more than a decade, the *International Society of MAYR Physicians* is holding an English language training program from 29 May through 10 June 2016. Course will be held at the Kurhotel Vollererhof, Salzburg Austria. Course instructor will be **Dr. Sepp Fegerl**. Full certification is available only for Medical Doctors, however all other practitioners are welcome to take the training for reduced certification. This is an exceptional opportunity. All interested should contact OIRF for further details or contact the Mayr Society directly at office@fxmayr.com (be sure to mention OIRF).

➤ **50th Anniversary Medicine Week Congress**, Oct. 28 through Nov. 1, 2016 in Baden-Baden, Germany with OIRF Advisors, Directors and Germany Tour participants attending. Usually more than 3,000 doctors participate with nearly 200 lectures, workshops and courses (German and English language). Main theme for 2016 not yet announced – but it will be a great celebration! Exhibit area with more than 220 exhibits provides you with an excellent insight into the big product offerings in natural healing and complementary medicine. There you can find out directly, and compare. Contact OIRF for attendance possibilities.

➤ **Biological Medicine Tour #43 to Germany, October 26 through November 1, 2016** (all dates now confirmed, however there may be two optional programs added). Join us for our **43rd** group tour including the world famous "Medicine Week" Congress in Baden-Baden. Tour program also includes exclusive OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits. Speaker, event and activity schedules will be announced early in the New Year and will also be posted on our website as they come available. Registrations for this program will open early and because attendance for the program will be strictly limited we recommend early registration.

➤ As US certifications for the MORA Beauty are finalized, OIRF and Med-Tronik will be sponsoring exhibit areas at a number of conferences throughout the USA and Canada during 2016. Watch for dates and locations to be announced early in the New Year for an opportunity to see this remarkably effective device that can rapidly generate income for your practice.

➤ **MORA BioResonance Therapeutic Possibilities**, 1 day course on therapeutic applications with *Marguerite Lane, ND*, Australia. 4 DVD set of video recordings are now available through OIRF for US \$150 plus shipping.

➤ Did you miss the **Gateway Foundation for Biological & Integrative Medicine** conference on "**Curing the Incurables**" in St. Louis earlier last month? Man, I gotta say you missed a good one! Nearly 120 participants heard such speakers as *Dr. Dietrich Klinghardt, Dr. Garry Gordon, Dr. Dan Beilin, Dr. Jeremy Kaslow, Marguerite Lane, Dr. Michael Gurevich, Dr. Michael Rehme, Dr. Robert Cass and Dr. Simon Yu*. An optional pre-conference workshop with *Marguerite Lane, ND* covered **MORA BioResonance Therapeutic Possibilities**.

But all is not lost or missed. Video recordings of all sessions are being prepared and will be available for purchase shortly. Follow this link for information on [Aurora Recording](#) and to find the [order form for the conference lectures](#).

➤ Follow this link to our website to see Issue #1 in print/PDF format.

➤ **Updates, Reminders and Announcements:**

➤ As previously mentioned plans are already underway for the **43rd OIRF Biological Medicine Group tour to Germany for 2016**. This 43rd Germany Tour will definitely take place in conjunction with the **50th Anniversary Medicine Week Congress in Baden-Baden** in Oct/Nov of **2016!** Confirmed dates are set for Oct. 26 to Nov. 1, 2016. Is this enough notice? Meet us in Frankfurt to participate in this exciting and exclusive program.

➤ Watch for Volume 12, Issue #2 of the "The Bridge" newsletter to arrive in your Inbox around mid-February 2016. Additionally, there are a number of new and exceptionally well written articles by Med-Tronik researchers and instructors that have been published in the German CO'Med journal. Carolyn is busily translating as many of them as possible for the newsletter issues in between Health Canada and OIRF projects and activities. The February issue will feature an article from esteemed OIRF Advisor, *Dr. Simon Yu*.



➤ Visit our **Facebook** page – will you be our friend?

I trust you have found much of interest in these pages. As our 2015 events and activities were completed and the year drew to a close it is busy but exciting to look at the many plans that are being organized for 2016. Additionally there are various informational articles being prepared for the next Issues of Volume 12 of "The Bridge". Electronic publication with access open to all will continue throughout 2016 and we will continue to bringing you that cutting edge information for which OIRF is famous.

We look forward to meeting you during our forthcoming 2016 activities and programs. As always your comments are welcome. Remember that this is your newsletter – your suggestions, article contributions, critiques, FAQ's and compliments – are gratefully accepted.

Happy New Year Everyone! Yours in health,

Carolyn

Carolyn L. Winsor
Managing Director
Phone: (250) 490-3318
support@oirf.com

To Unsubscribe send an email to support@oirf.com with "unsubscribe" in the Subject Line.

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P. O. Box 100, Penticton, BC V2A 6J9 Canada
Telephone: (250)490-3318 Fax: (250) 490-3348
Website: www.oirf.com Email: support@oirf.com

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