

THE BRIDGE

Linking Practitioners of German Biological Medicine

Volume 13, Combined Year End Issues, December 2017

Tuesday, 05 December 2017

Dear Colleagues, Friends and Supporters of OIRF,

○ Welcome to Volume 13, Combined Year End Issues of "The Bridge" newsletter!

Welcome everyone. As we approach the end of this very busy and transitional year, I once again find myself slowly reorganizing (and finding) everything that has accumulated on both my virtual and actual desks. Although we moved myself (Carolyn) and Mom Catharine into their new condo and setup our new offices at the end of July of this year, we are still settling, renovating, painting, reorganizing and generally finding our new routines. It just takes time. Looking back at the two conferences and the Germany Tour program which OIRF sponsored and participated in during and since the move, it is no wonder our precious newsletters have suffered from lack of attention.

I do however have great confidence that we are back on track, back into a more efficient and comfortable work space, and I'm looking forward to the plans that are rapidly forming for a very exciting New Year 2018. As one of my infamous executive decisions, I've decided to simply combine the "missing" Volume #13 issues (#9, #11 and #12) and not worry about "making it all up". Also, because we are still waiting for the 2017 annual article contributions from a few of our OIRF Advisors (I wonder if they were moving too??) we will try to catch those up early next year in Volume #14. Additionally, through the December end-of-the-year period, I plan to send you a few extra email messages with information about some of the exciting new products and information which we found during the recent Medicine Week Congress.

Please see the 2018 Events Calendar on Page 28 of this Issue and also on the Events Page of our website where you will find the current conference listings. Watch for announcements of several other conferences and seminars where you will find OIRF in an education or exhibit booth. Events for 2018 are currently being announced and we look forward to participating in many of them!

FYI: Carolyn will be attending the **A4M Conference in Las Vegas, NV** from December 14–16 with grateful thanks for the sponsorship of *Dr. Silvia Binder* and the **ONDAMED** Company (who is a major exhibitor, sponsor and presenter). A number of OIRF Advisors will also be in attendance (and speaking). There will be no OIRF or Med-Tronik educational booth this year, but I will look forward to seeing and meeting up with all of you participating. You can usually find me wandering the Exhibit Hall – I'll proudly be carrying that green and white OIRF information bag!

Here then, my friends is your 2017 Year End Issue of "The Bridge". I've updated the event/seminar information as closely as possible for now and included the new 2018 dates for **Dr. Simon Yu's AMA training in St. Louis, MO** and the **English MORA Power Week training** at Med-Tronik in Germany.

☐ Included in this issue is a brief report on some of the interesting aspects from our recent Biological Medicine group tour (#44) program to Germany. You can follow our daily activities, adventures and travels through the beautiful Black Forest of Germany at our Itink. Everything ran according to our schedule (well, except for the one day that my alarm clock didn't function . . .). Note that the dates for 2018 Medicine Week Congress #52 and our Tour #45 have already been announced! Watch the website and future Issues of this newsletter for details and speakers as they are arranged and finalized.

Specially included here is an encore publication of an important article from OIRF Advisor, *Theodore J. Cole, DO, NMD*. This is an excellent combination of research, experience and information regarding *The Use of PEMF in the Treatment of Weather Sensitivity*.

I have reprinted the introductory comments from Part 3 of the article by *Gary Verigin, DDS, CTN* about *The Causes of Illness & Degenerative Diseases, Part 3: The Homotoxins All Around Us (and In Us)*. I encourage you to read the remainder of the article and to subscribe to Dr. Verigin's regular Newsletter, *Biosis*. This is Complementary and Biological Dentistry from one of the founding and highly respected North American dental practitioners of these methods.

Additionally, I have included an exceptionally well written and passionate article from *Simon Yu*, *MD* entitled *Medical Heretics in Munich for IPT/LD Conference: (Medical) Renaissance in Florence*. I encourage all of you to subscribe to Dr. Yu's newsletter. Also see dates for his AMA training sessions already scheduled for 2018!

- Reminder Notices (see details Pages 2-4 and 28-30 in this Issue):
- ➤ The Tenth International Alternative Medical Conference sponsored by *Dr. Simon Yu's* Gateway Foundation for Biological and Integrative Medicine will feature multiple excellent speakers. Dates Sept. 28-30 and Oct. 1, 2017 in St. Louis, Missouri. See www.iamconf.com/ for full details.
 COMPLETED! An excellent conference! Tape recordings of these lectures are available at quality@aurorarecording.com.

- ➤ Neural Therapy and German Biological Medicine: Two series of seminar/workshops organized by Michael I. Gurevich, MD.
 - 1. A year long course in Neural Therapy for those with no or some experience starting **December 1-3**, **2017**, taught by **David Vinyes**, **MD** from Spain.
 - A year long weekend training in Neural Therapy(NT) and German Biological Medicine for those with considerable Neural Therapy experience, starting November 17-19, 2017 in NY; taught by Ralf Oettmeier, MD from Switzerland and Germany. COMPLETED!

Contact http://www.holisticmd.org/upcoming-announcements/neural-therapy-workshops/ for further details and registration!

This year we will again be extending the time that the OIRF team is able to spend with their families and friends during the holiday season by closing the office between and including:

22 December 2017 through 01 January 2018.

Office reopens with regular hours (8:00 AM to 4:00 PM Monday to Thursday and 8:00 AM to 12:00 Noon Fridays) on Tuesday 02 January 2018.

■ I invite all of you to maintain your email or print subscription to "The Bridge" newsletter. All 2018 issues of "The Bridge" will be sent to you by email and then published on our website. Access is open to all. Follow this link to get your PDF print copy of "The Bridge" Volume 13, 2017 Combined Year End Issue.

Further new and cutting edge articles from our prestigious Board of Advisors and Directors as well as more of Carolyn's translations of articles from current German journals are underway for future Volume #14 issues of this newsletter. Issue #1 for 2018 should arrive in your Inbox during mid-January and will feature a variety of practical and educational articles.

Please see the final pages of this Year End Issue of "The Bridge" for our heartfelt greetings for the Holiday Season. Whichever your faith or belief, may this Holiday Season be a time of peace, contentment and family for each and all of you.



WEBINARS FROM MED-TRONIK!

Every two (2) weeks, Med-Tronik will be conducting a webinar on various subjects with application and function of the MORA® Nova. Each webinar will be approximately 30 minutes in length and will be in both German and English.

Click here for the German webinars: http://www.med-tronik.de/academy/webinare.html
And here for the English webinars: http://www.med-tronik.de/en/academy/webinars.html
Simply press the Register button and sign up. You will be sent a confirmation email, as well as a reminder closer to the date.

This is a terrific opportunity for you to receive ongoing education featuring some of the best and most famous instructors from Med-Tronik including *Dr. Nuno Ruivo, Dr. Peter Mahr* and even occasionally *Dr. Gottfried Cornelissen*. If the times don't work for you, don't worry, Med-Tronik will be archiving them so you can watch at your own convenience (or time zone).

Depending on time available, there may even be time at the end for a brief Q & A.

We look forward to you taking advantage of this terrific opportunity to get training on a regular basis. More topics will be available as time permits.

Be sure to save this to your "favorites" and join in regularly.



English BioResonance Power Week: MORA® in Daily Practice

The BioResonance Power Week has been devised in order to facilitate our International customers in obtaining their MORA certification. This six-day long English language seminar will cover all standard seminars, Basic, Advanced and Masters.

Price: €400 per person inclusive lunch, scripts, excl. VAT

Duration: 5½ days, Monday-Friday 9 AM to 5 PM, Saturday 8:30 AM to 12 Noon.

Instructors: Dr. Nuno Ruivo and Dr. Peter Mahr

Dates: September 10-15, 2018

To get further details and register go to:

Register Here

An encore **article for OIRF Supporters**, published December 2017 by Occidental Institute Research Foundation . . .

The Use of PEMF in the Treatment of Weather Sensitivity

By Theodore J. Cole, DO, NMD (OIRF Medical Advisor)

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Wolfgang Ludwig, DSc is a name that is familiar to the world due to his research on pulsed electromagnetic field (PEMF) therapy. Today, his work is carried on by **Advanced Medical Systems**, and I consider their equipment to be the best of its type in the world. These units are in almost constant use in my practice on a daily basis, and this article will go over one of the common applications.

It seems that there has been an increase in those patients with sensitivity to weather changes. Whether this is due to an actual increase or to the nature of my practice is unknown to me. The standard medical community has the position that the link between symptoms and weather changes is hypothetical and that the research has come to mixed conclusions.

However, several studies have shown that atmospheric conditions can affect well-being or disease, and that some individuals seem to be more sensitive to weather than others. Since epidemiological data on the prevalence of weather-related health effects are sparse, this study looked at two representative weather sensitivity (WS) surveys that were conducted independently in Germany and Canada.

In Germany 1,064 citizens (age >16 years) were interviewed in January 2001, and in Canada 1,506 persons (age >18 years) were interviewed in January 1994. The results showed that 19.2% of the German population thought that weather affected their health "to a strong degree," 35.3% that weather had "some influence on their health" (sum of both = 54.5% weather sensitive), whereas the remaining 45.5% did not consider that weather had an effect on their health status.

In Canada 61% of the respondents considered themselves to be sensitive to the weather. The highest prevalence of WS (high + some influence) in Germans was found in the age group older than 60 years (68%), which was almost identical in the Canadian population (69%). The highest frequencies of weather-related symptoms were reported in Germany

for stormy weather (30%) and when it became colder (29%). In Canada mainly cold weather (46%), dampness (21%) and rain (20%) were considered to affect health more than other weather types.

The most frequent symptoms reported in Germany were headache/migraine (61%), lethargy (47%), sleep disturbances (46%), fatigue (42%), joint pain (40%), irritation (31%), depression (27%), vertigo (26%), concentration problems (26%) and scar pain (23%). Canadian weather-sensitive persons reported colds (29%), psychological effects (28%) and painful joints, muscles or arthritis (10%). In Germany 32% of the weather-sensitive subjects reported themselves to be unable to do their regular work because of weather-related symptoms at least once in the previous year, and 22% of them several times. Co-morbidity was significantly higher in weather-sensitive subjects both in Germany and Canada. (1)

If these statistics are correct, then it certainly appears that weather sensitivity is a pretty common problem. The critics point out that this is just a survey and doesn't prove that these people are actually sensitive to weather changes. The following studies will answer that issue.

The first study examined the impact of weather on rheumatoid arthritis patients. The results showed that for all patients the pain levels were highest on cold, overcast days and following days with high barometric pressure. Pain levels also increased as a function of change in relative humidity from one day to the next. Results also revealed that there was significant variability between patients in their weather sensitivity patterns. In general, patients with higher levels of self-reported pain demonstrated more weather sensitivity. (2)

Still another study looked at patients with chronic pain of all types. Chronic pain patients frequently report that weather conditions affect their pain, but there have been no standardized measures of weather sensitivity. The authors developed the Weather and Pain Questionnaire (WPQ) which assesses patient sensitivity to weather variations. Seventy chronic pain patients (59% females) with an average age of 43 years completed the WPQ. The instrument was revised using factor analysis to produce a Weather Sensitivity Index (WSI) (48% of variance) with high internal consistency (0.93) and test-retest reliability (r = 0.89).

The results indicated that patients could reliably identify which meteorological variables influenced their pain but could not reliably determine which physical symptoms were consistently affected. The most frequently reported factors which affect pain complaint were temperature (87%) and humidity (77%). The most frequently reported physical complaints associated with the weather were joint and muscle aches (82% and 79%, respectively).

Patients labeled as being 'weather sensitive', defined by greater than median scores on the WPQ, reported significantly greater pain intensity, greater chronicity of pain problems, and more difficulties sleeping than patients with low scores on the WPQ. No differences in gender, education level, disability status, or global psychological distress were found. (3)

This next study looked at the effect of weather on migraines. The scientific evidence for weather being a trigger factor for migraine attacks is considered to be inconclusive. Therefore, headache diaries of 20 patients with migraines were analyzed and correlated in 4 hour intervals to atmospheric air pressure, temperature, and relative air humidity in Berlin (Germany) for a period of 12 consecutive months. Migraine attacks started most frequently at 4 a.m. and reached the highest intensity between 4 and 8 a.m. A highly significant association between meteorological variables and the occurrence of migraine attacks was found in six patients. The onset of an attack as well as high headache intensity was associated with lower temperature and higher humidity. This data revealed that a subgroup of their patients were highly sensitive to changes in the weather. (4)

Another study also looked at the association of migraine with weather. The sample consisted of 77 migraine patients seen in a headache clinic who provided headache calendars for a period ranging from 2 to 24 months. Each patient was given a questionnaire assessing their beliefs about how strongly (if any) weather affected their headaches. Second, weather data were collected from the National Weather Service, from three reporting stations central to the residences of the study participants. Analysis was performed on 43 variables to generate three meteorological factors. Factor 1 represents a function of absolute temperature and humidity. Factor 2 represents a changing weather pattern. Factor 3 represents barometric pressure.

Of the 77 subjects in the study, 39 (50.6%), were found to be sensitive to weather, but 48 (62.3%) thought they were sensitive to weather conditions (P < 0.05). Thirty (38.9%) were sensitive to one weather factor and 9 (11.7%) to two factors. Twenty-six (33.7%) were sensitive to factor 1; 11 (14.3%) to factor 2; 10 (12.9%) to factor 3.

This study clearly shows the influence of weather on headache, and that many patients are susceptible to multiple weather factors. (5)

The following study is one of few that also looked at the effect of winds. Changing weather fronts produce severe changes of daily rhythms. Electrical impulses arrive 1-2 days before the weather and create either atmospherics or "positive ions". They appear to be responsible for the epidemic appearance of migraine and of thromboembolism.

The impact of atmospheric electricity was assessed in 1000 patients by daily urinalysis of serotonin, 5-HIAA, adrenaline, noradrenaline, histamine, thyroxine, 17-KS, 17-OH, Na,

K, creatinine and diuresis. The changes found in these 12 parameters allowed a classification of heat reactions into three clinical entities: 1. serotonin hyperproduction causing a typical irritation syndrome: 2. adrenal deficiency producing a typical exhaustion syndrome; 3. hyperthyroidism "Forme fruste" with subclinical "apathetic" thyroid symptoms.

These symptoms, typical for Föhn, Tramontana, Sirocco, Sharkiye, Chamssin, Sharav and Santa Ana Winds, are mainly due to positive ionization of the air. They can be prevented by negative ionizing apparatuses or specific drug treatment. (6)

Several studies have examined the effect of weather on mood. In this research, it was found that the risk of committing suicide was significantly higher on days with high temperatures, low relative humidity or a thunderstorm and on days following a thunderstorm. The multiple logistic regression analysis left "temperature" and "thunderstorm on the preceding day" as significant factors, even after adjustment for sociodemographic and geographical variables. (7)

The conclusions of several studies show little agreement concerning the relationship between weather and the incidence of stroke. This study analyzed the relationship between daily meteorological conditions and daily as well as seasonal stroke incidence.

The researchers looked at 1,286 consecutive strokes assessed during 3 years (2001-2003) from the reference area of Hospital del Mar that were classified as intracerebral hemorrhage (ICH) (n = 243) or ischemic stroke (IS) (n = 1,043). IS was divided in non-lacunar stroke (NLS) (n = 732) and lacunar stroke (LS) (n = 311).

Daily meteorological data were obtained concerning atmospheric pressure (AP), relative humidity, maximum, minimum, and mean temperatures, and the variation of all these measures compared with the previous day.

Total stroke (TS) incidence showed little association with AP, but was higher with the AP variations. NLS were related to AP falls while ICHs were associated with AP rises. NLS and temperature showed an inverse correlation; however, it lost its significance after adjusting for AP variations. The daily incidences of NLS and ICH were higher in autumn and in winter, but depended strongly on the daily variations of AP.

Based on these results, the incidences of NLS and ICH are related to AP changes compared with the previous day. AP changes largely explain the seasonal and daily variations in the incidence of stroke. Since this was not a variable tested in many studies, it could explain the difference in results. (8)

This next study also looked at weather and stroke. A large clinical stroke registry with the UK Met Office database was used to assess the association between meteorological variables and specific clinical subtypes of acute stroke.

Data from 6389 patients with acute stroke were examined. The mean age (SD) was 71.2 (13.0) years. About 5723 (90%) patients suffered ischemic stroke of which 1943 (34%) were lacunar. Six hundred and sixty-six patients (10%) had hemorrhagic stroke.

Every 1 degrees C increase in mean temperature during the preceding 24 h was associated with a 2.1% increase in ischemic stroke admissions (P = 0.004). A fall in atmospheric pressure over the preceding 48 h was associated with increased rate of hemorrhagic stroke admissions (P = 0.045). Higher maximum daily temperature gave a greater increase in lacunar stroke admissions than in other ischemic strokes (P = 0.035).

As in the previous study cited, this research also demonstrated a measurable effect of atmospheric conditions upon stroke incidence. (9)

The question in this following study was: Can good or bad mood induced by the weather influence people's ability to correctly remember everyday scenes? In this field study, it was found that weather-induced negative mood improved memory accuracy. Randomly selected shoppers on bright, sunny days (good mood) or on cloudy, rainy days (bad mood) saw 10 unusual objects in the check-out area of a suburban shop, and their recall and recognition memory for these objects was later tested. Shoppers in a negative mood showed better memory and higher discrimination ability. (10)

The next article studied 4797 cases of patients who were cured of their psychological symptoms and their notes filed by the psychiatric clinic of the Eginition Hospital in Athens, during the year 1994. The results of this analysis imply significant contribution of environmental variations, expressed by a discomfort index, in the aggravation of psychological symptoms like depression, sleep disturbances, anxiety, aggressiveness, etc. Moreover, geomagnetic field variations expressed by the international geomagnetic index (DST) manifest significant indications that they contribute to the aggravation of sleep disturbances. A clear seasonal variation, with a maximum around August and a minimum at the end of the year, appears in the environmental index, while a double oscillation with a period of about six months is obvious in the geomagnetic index. The same more or less seasonal variation was mirrored in most of the psychological symptoms that were analyzed in this study. (11)

As the above literature demonstrates, there is a clear relationship of weather to multiple areas of health. Some people are much more sensitive to these factors than others, and there is variation in the nature of the symptoms experienced and the types of weather changes associated with them. However, I could find no studies that offered any kind of

treatment from the perspective of standard medical approaches. I assume that this is at least partly due to the fact the standard medicine considers this area to be "hypothetical", and therefore not worthy of attention. Only the article above suggesting the use of negative ions (6) (with a vague reference to drug therapy), and one that was in German (12) offered any type of therapy at all. And as I don't read German, I'm not sure what the suggestions were!

However, my experience has been that there is a very effective therapy for weather sensitivity: PEMF. The Medisend units manufactured by AMS contain a program designed to treat weather sensitivity, which has obtained excellent results overall. The following case reports will give just a few examples of therapeutic results obtained in this condition.

One woman had migraines so severely that they were incapacitating. This occurred any time a new weather front would move through the area. With the first treatment, her headache was gone before the treatment was completed. Subsequent treatments have greatly reduced the severity of the migraines over time, and any migraine present during therapy has resolved completely. This has made a tremendous improvement in her quality of life.

Another patient had severe joint pain with weather changes. They had a similar response, with joint pain clearing with treatment, and subsequent reduction in both severity and frequency of symptoms over time with repeated treatments.

A third patient with fibromyalgia, fatigue and joint pain aggravated by weather changes had a 50% reduction in symptoms with the first treatment, and continued improvement with subsequent therapy. She was able to greatly reduce pain medication, and her reactions to weather changes are now mild and very manageable.

Given these clinical results, it is surprising that there is no research found on this therapy in the medical literature, given the number of adverse effects that weather sensitivity can cause. In light of the fact that there is no real medical option for treatment, this would seem to be the only viable candidate for investigation at this time and an area ripe for research. In the meantime, we have access to a therapy that is effective and safe for our patients and can help resolve a source of multiple adverse symptoms.

See next page for references.

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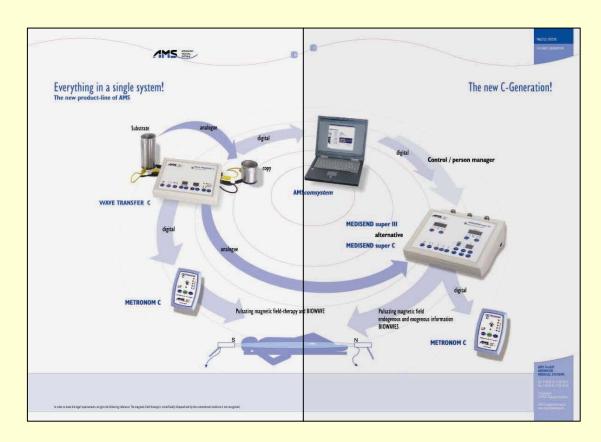


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Practice Application:

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An exclusive **article for OIRF Supporters**, published December 2017 by Occidental Institute Research Foundation . . .

Medical Heretics in Munich for IPT/LD Conference: (Medical) Renaissance in Florence

By Simon Yu, MD

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Obama Care or NObama Care for medical politics aside, rather than accepting current medical care, what we need is a new Medical Renaissance based on New Biology. Renaissance – Rebirth - is always preceded by heretics who change the "paradigm" of current thinking by challenging the ruling authority.

Let me introduce you to one of the original modern medical heretics, *Robert S. Mendelsohn*, *MD*. An American pediatrician (1926-1988) who served as Chairman of the Medical Licensing Committee for the State of Illinois, Mendelsohn was an Associate Professor of Preventive Medicine and Community Health in the University Illinois School of Medicine. I stumbled upon his book recently.

In 1979, Mendelsohn published a classic book, <u>Confessions of a Medical Heretic</u>. It described how to guard against the harmful impacts of doctors, drugs and hospitals. Dr. Mendelsohn believed annual physical examinations were a health risk, and should be restricted to high risk industrial workers and prostitutes. He believed hospitals are dangerous places for the sick (the Temple of Doom), most operations do little good, and many do harm (Ritual Mutilations). Additionally, he believed medical testing laboratories were scandalously inaccurate (they are especially for parasite testing in my experience), most drugs caused more harms than they cured (the Devil's Priest), and finally, the X-ray machine was the most pervasive and most dangerous tool in the doctor's office (Dangerous Diagnosis).

By definition, a heretic is someone who dissents from accepted and established belief or dogma (such as Roman Catholicism), a nonconformist. During the Dark Ages of medieval European history, most dissenters who spoke up had rather poor outcomes. Many of the heretics were burned by stakes if they did not recant. Galileo, the Astronomer, recanted in order to save his life.

Medical heretics are contemporary heretics who go against standard medical care, status quo guidelines, and rigid medical establishments. Many of them die prematurely from the emotional stress of peer pressure, financial pressure, state medical boards investigations, or under mysterious circumstances.

I read Mendelsohn's book during my medical school years in the 1980's, and found it again recently. I found it amazing how his book may have influenced me indirectly, looking for alternative medicine approaches while going through medical school training. Considered a true critic of modern medicine, medical maverick, and a self-claimed medical heretic, he died in the prime of his life at 62, hospitalized for a non-life threatening condition.

After traveling to Germany for Oktoberfest 2017, I gave a lecture at the International Insulin Potentiation Therapy/Low Dose (IPT/LD) Conference in Munich, Germany. The IPT/LD organization is run by Mexican physician Donato Perez Garcia, MD. I spoke on how to use Insulin Potentiation Therapy (IPT) in other applications, without using low dose (LD) chemotherapy. Visiting Munich during Oktoberfest provided a convenient excuse to attend the conference.

A small group of physicians - less than 40 - attended from South Africa, Kazakhstan, Mexico, USA, Europe, and elsewhere. They are a small group of medical heretics who will not conform to the conventional standard medical therapies. The main topic of the conference was using IPT/LD for Lyme and cancer tre myelomas, and an ALS case using integrative therapies including IPT, but without using low dose chemotherapy.

All speakers spoke without fear of repercussion for unconventional approaches to treating Lyme disease and cancer using IPT/LD as a part of treatment plan. For more information on this treatment see, "Insulin Therapy for other than Diabetes: Insulin Potentiation Therapy," which is available on the articles page of on my website, http://www.preventionandhealing.com. A physician from South Africa pointed out that many animals develop tumors, and ranchers successfully treat tumors with parasite medications in his country; but medical doctors use chemotherapy for tumors, often with major side effects.

With advancements in science, we like to believe that we are more socially and intellectually enlightened compared to the Dark Ages. Fake News, Conflict Biased Research, and Fake Scientific Data sponsored by Big Pharma, and Artificial Intelligence cannot create a modern Medical Renaissance. Our medical science has become a pseudoreligion, and has suppressed many natural modalities that cannot be explained by current science. See more on this subject in my article, "The Unscientific Basis of Modern Medicine on Life Force," and "Metaphysics and Medicine: Metamorphosis of Modern Medicine into Pseudo-Religion."

Many integrative medicine practitioners are threatened by modern medical priests, driven out by scientific dogma and scientific dictatorship. We need to create a Renaissance of modern medicine. Embracing and incorporating ancient subtle energy which reflects quantum principles; exploring Dark Matter and Dark Energy (Unknown Matter and Energy) in bio-physics and quantum biology; integrating Energy Medicine and modern Western medicine; and integrating "dental" fully into medical care so we understand, diagnose and treat interconnected, systemic problems can create a Medical Renaissance like in Florence which ended the Dark Ages.

Are you ready for a Medical Renaissance? Let's visit Florence and experience the Renaissance, if not physically, thru re-visiting Renaissance history. Before leaving my secure job as a regional medical director for a managed care company and jumping into the field of integrative medicine, I did visit Florence, searching for inspiration. I went back to Florence 25 years later, seeking greater inspiration.

The Medici family and Michelangelo are symbols of the Renaissance Man in Florence. We need both medical heretics and dental heretics -the Medical Renaissance Men and Women - to move on from the medical/dental death traps of the current Dark Ages. Trust, Love, Hope, Compassion, Intuition, Inspiration, Integration and Faith, not Fake News or Bought Science - are the foundation of creating a New Medical Renaissance.

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories, and Dr. Yu's revolutionary health book <u>Accidental Cure: Extraordinary Medicine for Extraordinary Patients</u>, visit his web site at www.PreventionAndHealing.com.



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Weaving Internal Medicine with Alternative Medicine to Use the Best Each Has to Offer

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A **reprint article for OIRF Supporters** published December 2017 by Occidental Institute Research Foundation . . .

The Causes of Illness & Degenerative Diseases, Part 3: The Homotoxins All Around Us (and In Us)

By Gary M. Verigin, DDS, CTN

From an article in Biosis Newsletter, Fall 2017, Issue #56

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The word "toxicology" is derived from two Greek words: toxikon, meaning poison, and logia, meaning a field of study. Homotoxicology, then, is the study of how toxins affect humans, homo sapiens. It was developed in the mid-20th century by German physician Hans-Heinrich Reckeweg and is known today as bioregulatory medicine.

We ended <u>last time</u> by noting the vast number of synthetic chemicals we're exposed to every day – in the products we buy, the food we consume, the water we drink, the air we breathe. These are all considered homotoxins, which your body strives to defend against.

But not all of them come from outside the body. Metabolic waste generated from within – by bacteria or other microbes, for instance – is also homotoxic.

In most basic terms, a *homotoxin* is anything that interferes with or interrupts the thousands of metabolic and energetic processes monitored by the autoregulatory system we looked at previously. "Toxicity" results when you take in or produce more homotoxins than your body can easily eliminate.

Toxins which enter the body from the external environment are called *exogenous toxins*. They can also be called *toxicants* or *xenobiotics*. These come through ingestion, breathing, or absorption. All have an impact on your body.

Keep reading

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http://biologicaldentalhealth.com/

- Gary M. Verigin, DDS, inc. - http://biologicaldentalhealth.com -

News, Updates, Teasers and Info from Germany Tour #44!

- I'm not going to attempt to fill you in on all the details and goodies that this group of participants was able to glean and collect during this great program. Here are some brief notes and descriptions to grab your attention, and I will be publishing more detailed information on the devices and methods mentioned here when it has all been translated and made available to us.
 - Note that some of the devices are not yet available, or are still being evaluated by OIRF Advisors.
 - Especially with the smaller devices from Medical Electronics you may wish to place pre-orders to be sure you get one as soon as they are available.
 - **Reminder**: Most of the German manufacturers and companies close for an extended holiday over the Christmas and New Year period. Place orders now for delivery before Christmas, or early in the New Year.
- ➤ Resurrection: With the closure of so many homeopathic and remedy companies in Europe (Staufen, Heel, Wala . . .), and then their affiliates in North America and Australia, we have simply "lost" access to their amazing legacy of research and efficacy. But, a newly formed company called STAUFEN-BCV (Bioenergetic Carrier and "Publisher") has utilized all every single one of the previous Staufen Pharma homeopathic remedies (including the SDFs and many specialties and potencies) from clean (pre-printing or labeling) amps to electronically record the information into a software program.
 - This program will apparently work with any standard EAV testing device
 - All remedies are readily accessible and can be electronically "delivered"
 - Selling price of the program is around US \$2,500 or CDN \$ 3,100
 - This is a legacy project for which we can thank *Mr. Norbert Gschweng* who worked with Staufen Pharma for many years.
- Dieter Jossner of Medical Electronics has been at it again. What started 2 years ago with the little UBS 315 for water energization last year developed into the FIT 915 for photobiological intensive therapy (goggles for the eyes). Well, it's still growing. [I really love it when Dieter goes on holidays and comes home with all these new and neat ideas!] This year we are introducing:
 - UltraCompact Laser Disc or ULD 117: Okay, remember the UBS 315? Well, this looks exactly the same except Dieter has installed four small red laser diodes surrounding the photon generating LEDs to give us deeper penetration. This can be used therapeutically by simply holding the device up to the painful or disturbed area. Hard to hold onto? Okay. Order the Portable Stand (ULD Port). Your UBS 315 or ULD 117 will slip into the handheld stand with easy access to the on/off and white/red color buttons. Available now. Price ULD 117 US \$850 / CDN \$ 1,050 (plus shipping)

Price ULD 117 US \$850 / CDN \$ 1,050 (plus shipping)
Price ULD Port US \$120 / CDN \$ 150 (plus shipping)

- Tesla Magnet Applicator or TMA 717: This device is a combination of a special high value Tesla pulse and a multicolor photon radiation system. The Scalar field and the photon source are modulated within the especially effective polyfrequency spectrum (solar noise). The Scalar field is modulated together with the Global Frequency. Available now.
 Price US \$1,210 / CDN \$1,500 (plus shipping)
- Magic Stick or PAN 717: Miniature therapy device with big variety of effect. This
 handheld device is equipped with everything you need for quick, easy and
 effective energetic therapy. The classical infrared laser, combined with vessel
 relaxing blue Biophotons (stimulation of nitrogen monoxide) as well as
 simultaneous magnetic field therapy multiplying the positive effects. Available
 now.
 - Price: US \$560 / CDN \$700 (plus shipping)
- Universal Therapy X Laser or X Laser 517: This device is an optimal combination of a multispectral photon source, eight especially effective laser diodes and a magnetic field pulse. All three base colors (RGB) are individually adjustable in 5% steps. Special charging station also available. A little more expensive, highly effective and available now.
 Price: US \$ 2,800 / CDN \$3,500 (plus shipping)
- "BioPhoton-to-Go": This device will be available early in the New Year (maybe February?). A small handheld device for delivering biophoton therapy. After undergoing several recent dental surgeries, I want one of these for sure although I have been using my UBS 315 in the Portable Stand in the meantime.

Quite frankly, I'm amazed at the genius and ingenuity of Mr. Jossner. Every single one of these devices has immediate direct effective application and at a very reasonable price. We have watched the popularity of the UBS 315 and the FIT 915 regularly wipeout the inventory shelves at Medical Electronics. These new devices will also sell "like hot cakes" and for now he has stock available to fulfill all immediate orders (remember the Christmas closures!). Pictures and more details will follow shortly as they become available to us.

➢ Gossip: Dr. Ralf Oettmeier transferred from Klinik im Leben in Greiz, Germany to the Paracelsus Clinic in Lustmühle, Switzerland (Dr. Rau) earlier this year. Recently he has left Paracelsus and will be opening another new clinic in Switzerland with his colleague Dr. Uwe Reuter (also from Klinik im Leben).

The FIT 915 from Medical Electronics

Light: Scientific research results confirm the importance of correct light conditions

Healthy with light

The correct light at the right time; this leads to an outstanding potential of until now unused possibilities in energetic regeneration. Discoveries in the areas of photo-biology and chrono-biology reveal new and easy to use technologies within a wide ranging spectrum with effective application of light in a bio-energetic therapy.

Light: a phenomenon which has occupied human beings since ancient times. It is only now that we understand the enormity of the biological processes which are connected to this energy but which are still not fully understood. Only slowly is natural science recognizing how extremely important the interaction between biological processes in our bodies and the existence of the correct amount of light together with the correct spectrum range at the right time. In nature nearly all biological processes are synchronized by the light-dark phases of the natural sunlight.

White light, an important contributor to our health Healthy and fit with correct light

Is it possible to be put into a good mood and feel fit by pressing a button? Most probably! Our mood and health are primarily controlled by hormones. These hormones are mainly controlled by light which we absorb with our eyes. This knowledge opens up untold new possibilities to positively influence the body. New technology is making this possible now.

Astonishing results based on the study of light are gaining more and more importance. The natural science branch involved in researching this field is called chronobiology. Practical understanding in this field teaches us about the significance of the correct light at the right time. Important hormones for our health and well being are endorphins, dopamine and serotonin which are controlled by light. Their existence is the immediate reaction to the absorption of natural light or light with equal physical properties. The intensity and the spectrum play an important role. A specially important part of the daylight spectrum is the large proportion of blue light (450-480 nm).

Red light regenerates and repairs holistically Optimal wave length for holistic regeneration of all eye functions.

Scientific studies confirm that red light with a wave length of 630 nm offers maximum benefits for tissue regeneration. This wave length is also preferably used in photobiology to stimulate holistic body healing effects. Maximum depth penetration and optimal absorption guarantees the best possible treatment results, even in deeper skin tissue. This ensures that the eye itself and all linked supply systems are benefitting from the healing energy of the photons.

The brain needs the information provided by light to be able to cope with numerous tasks

The light absorbed by our eyes is used by the brain for various tasks. Only about 15% of the light which the eyes absorb is used for orientation purposes. The remaining 85% are used in various parts of the brain. Circulation, metabolism, blood pressure, hormones and a whole range of other important functions are directly or indirectly dependent on the light absorbed by the eyes.

Sunlight is variable and continually changes its brightness and color combination

Starting at sunrise and through to sunset the sunlight spectrum arriving on the earth's surface is constantly changing. Since the beginning of time this dynamic light has nurtured all life on this earth. All living organisms have adjusted to this natural biologic rhythm and accepted it as the pacemaker for their inner life rhythm. Accordingly the hormone production is adjusted to the relevant time in the day because of the dynamic of light. Control of the complete hormonal balance can be lost if this dynamic is missing (night work/shift work).

Artificial light sources create biologically unfavorable light

Living areas and work places which are illuminated by artificial light sources induce a raft of problems of the inner synchronization to the outside world. Important wave lengths are missing in this light and it has a permanent unnatural color combination and brightness. The light flickers with toxic frequencies and transfers by plasma discharges of mercury gas corresponding spectral information via the eyes to our brain. Over time this can have disastrous consequences for our health.

Modern Technology offers a solution

Due to new developments in producing light we now have light sources (LED) with extreme brightness and an ideal spectrum at our disposal. With the modern high intensity LEDs it is now possible to produce light which is utilized by our organism like natural sunlight. The development of the light unit **FIT 915** fulfils all requirements which our organism needs from natural light.

The solution is the FIT 915



Intensive white radiation 9,000-14,000 lux wavelength 400-700 nm



Intensive red light radiation 12,000-20,000 mc (12,000-20,000 lux) wavelength 630 nm

Follow this link for a full description of this remarkable FIT 915 device!

Follow this link for full information on the <u>UBS 315</u> for the revitalization of water.

Contact OIRF offices toll free at 1-800-663-8342 or by email at support@oirf.com for further pricing, order and delivery details.

Practice Applications:

MORA® Nova

True BioResonance Therapy with the Patient's own Frequency Spectrum From Med-Tronik – The Home of MORA® BioResonance

Design meets Technology

For Innovation

In Diagnostics and Therapy

MORA® Nova



State-of-the-Art MORA BioResonance Therapy

MORA® Nova incorporates the original BioResonance Therapy research according to *Dr. Franz* <u>Morell</u> and *Mr. Erich* <u>Rasche</u> with the latest and most up-to-date technology, innovative software and perfection in every detail and design. MORA® Nova offers everything you need for easy and effective application in your practice with more than 40 years of experience in the proven MORA BioResonance method plus new design, ease of operation, enhanced therapy options and last but not least, State-of-the-Art technology.

MORA® Nova Features:

- Easy navigation via 15-inch touch screen with full visual display even in sitting position
- Space saving integration of input and output cup electrodes (removable for cleaning)
- Space saving integration of foot electrodes
- MORA[®] Mouse function

- Indication of active electrodes
- Display inclination adjustable
- New stylus design with extended functions
- Integration into an existing network / Central control by an administrative PC
- Graphic images of measuring point as well as the respective organ
- Graphic menu navigation

Technical Data:

- 2 channel technology
- 2 Interfaces (Mode A + Abar inverted A)
- Scott-Morley for 2 channels and significant technical improvement
- Frequency range: 0.1 Hz to 1 MHz
- Filter adjustment range: 1Hz to approx. 900 kHz
- Amplification 0.1 to 1 Million per channel and mode
- Modular design (channels, interface, etc.)
- Integrated PC
- Laser electrodes (Optional)
- Electronic remedy software (Optional)

- Programs with up to 16 single steps
- Selective automatic 4 or 6 segment measurement
- Automatic detection Hypo/Hyper
- Extension of standard fixed programs
- Therapy recommendation from the EAPmeasurement
- Therapy cycles freely adjustable 1 65,000
- Pulse/Pause adjustable 0.1 100 sec.
- Integrated MORA®-Mouse, cup electrodes
- Graphic display of measuring points
- Square-wave generator 1 Hz to 500 kHz
- Sine-wave generator 1 Hz to approx. 250 kHz



European MORA® Nova Features:

- Allergies diagnosis and treatment
- Indication oriented standard programs w/o EAP test
- Global Scaling Basic therapies
- Psychosomatic programs acc. to Nienhaus
- Color therapy acc. to Gruba

- Color therapy (e.g. mirrored nature images during the therapy session)
- Music therapy (Psychophonia) via headphones
- Addiction therapy, drugs, alcohol, etc.
- Individual software for faculties
- And much, much more . . .

List of Electronic Test Sets for Therapy with MORA Nova

Individual Test Sets – All test sets together	Test Set Group – Contains single test sets		
comprise approximately 20,000 single substances	selected for the user at special pricing conditions		
5-Elements	NOVA-Elements Group		
Allergy	5-Elements		
Alzheimers & Dementia (Cornelissen)	Allergy		
Bach flowers	Bach flowers		
Biological catalysts	Chemical elements		
Chemical elements	Geopathy		
Dental	Mycosis		
Geopathy	Nosodes		
Labo Life	Schüssler Salts		
Meridian test set (Morell)	Horvi		
Mycosis	Meridian test set		
 Nosodes 	Individual Test Sets (Continued):		
Orthica – Orthomolecular substances	Horvi – snake serum and enzymes		
Sanum	Pascoe – homeopathic substances		
Schüssler Salts	Pekana		
System test set (Cornelissen)	Vitortho – Orthomolecular substances		
Heel	Inus – Orthomolecular substances		
Wala	Color test set		

Some European Practice Applications (Mora Therapy):

- Allergies and Food Intolerances (Europe and Canada)
- Geopathic stresses
- Functional Circulatory disorders
- > Acute and chronic pain and inflammatory conditions
- Metabolic disorders
- Building immune system.
- Delivery of medication information.
- MORA BioResonance Therapy will always increase speed and efficacy of complementary therapies.
- > Can also be complemented by:
 - BioPhoton Therapy especially for skin rashes and other skin disorders
- Follow this link for MORA BioResonance details.
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

Carolyn's Comments: In recent years we have watched some of our top rank Naturopaths going back to the books to prepare for the dreaded "prescribing exam". Personally I wonder about why our NDs are being trained and examined to prescribe (allopathic) medications when as Naturopaths they would normally "prescribe" homeopathics, supplements, herbs, etc. On the other side of the coin we are seeing our homeopathics and natural remedies being taken off the market by Health Canada and the US FDA. Where can we now turn for remedies for our patients? Note that Sanum, Heel and other North American "discontinued" remedy companies are definitely licensed and included in the software above . . .

OIRF Special Reports:

- 1) Report on LM Potencies (Homeopathy). Translated and prepared by *Dr. Walter D. Sturm* based on the work of *Dr. Samuel Hahnemann*. This is pivotal information for all homeopaths. In the last years of his life Dr. Hahnemann turned solely to the use of LM potencies for his patients instead of the "usual" C and X potencies still utilized today. This knowledge was suppressed for nearly 80 years and revolutionized the practice of homeopathy when that famous 6th edition of his <u>Organon of Medicine</u> was finally published. Read the story and see the meticulous research and translation left us by Dr. Sturm. See further information on this <u>important report</u> at this link. 51 Pages. \$40
- 2) Collection of Three Reports by Dr. Gottfried Cornelissen (BioResonance). 1) A Critical Examination of Current EAV Diagnosis (individual report below); 2) Increasing Efficiency of Allergy Cancellation Therapy by Application of Substance Specific Frequency Ranges; and, 3) The Problem of A and Inverted A in Homeopathic Nosodes (individual report below). 31 Pages. \$20
- 3) The Problem of A and Inverted A in Homeopathic Nosodes (BioResonance). Translated and prepared by *Dr. Walter D. Sturm* based on the research of *Gottfried Cornelissen*, *DMD*. Advanced BioResonance information. 4 Pages. \$5
- 4) A Critical Examination of Current EAV-Diagnosis, the Mebe-Ampule and Filter Procedure (EAV & BioResonance). Translated and prepared by *Dr. Walter D. Sturm* based on the research of *Gottfried Cornelissen*, *DMD*. Digital single oint mwasurement according to Dr. Cornelissen. Advanced BioResonance and EAV-Diagnostic information. 14 Pages. \$10
- 5) Transliterations of the Chinese Acupuncture Point Names with Explanations. This is a supplement to the Modern & Traditional Acupuncture Program. Every single traditional acupuncture point is shown with the point name transliteration (with both new and old Pinyin and Wade Giles spellings) along with a full explanation. Translated by Michael C. Barnett, DAcu, LAc from the work and research of Jean-Claude Darras, MD. 35 Pages (free to all M&TA program subscribers)
- 6) The Genital System. Translated by Carolyn L. Winsor; revised and edited by Sean Christian Marshall, DSc based on the work and research of Jean-Claude Darras, MD. Advanced traditional acupuncture information explaining the energetics of the genital system including disorders and treatment. 23 Pages. \$25
- 7) A transcript of Dr. Morell's BioElectronic Vincent Lecture (BEV/BE-T-A). THIS OFFICIAL TRANSCRIPT of Dr. Franz Morell's 3-hour lecture is available from the Institute. It consists of thirty-one pages plus reproductions of his slides it gives an excellent introduction to this objective bio-electronic testing method (BEV). Dr. Morell took us even further into the BIO-ELECTRONIC "VINCENT" Method during a subsequent seminar and introduced a totally new [at that time] German built instrument for it (by the Med-Tronik company, and Mr. Erich Rasche again!) to this country. \$15
- 8) See the OIRF Archives Page for past issues of "The Bridge" newsletter.

And don't forget to order your copy of:

The OIRF Special Report On Medication Testing

A translation of Dr. Kramer's full medication testing guidelines from beginning to highly advanced aspects. Dr. Kramer has given us the most complete, step-by-step guidelines for learning medication testing on your own. Based on his seventeen years of practice and teaching, he also suggests the preparations you need to get started. Recommendations on how to order a set of those preparations for yourself are included within the report, and most are now included within the Electronic Remedy Test Sets Software. If you follow all of the report instructions, you will learn how to do medication testing by yourself, easily, quickly and correctly. If not, something is wrong with your Electro-Acupuncture instrument – not you!

This SPECIAL REPORT available in electronic or printed format for \$30.00 (Report is over fifty pages. Preparations are not included.)

OIRF Video Training Programs:

- 1) Diagnostics & Therapeutics Seminars by Dr. Walter Sturm† (full set). Older seminar workshop where Dr. Sturm covered Diagnostic approaches (EAV, point and medication testing) and BioResonance Therapy approaches (MORA, Electronic Homeopathy and Remedy Information transfer). Five DVDs plus 1 disc with all overheads and handout materials. \$200
- 2) Biological Medicine Symposium 2012 (full set). Keynote speaker was Prof. Dr. Roeland van Wijk (colleague of Prof. Dr. Fritz-Albert Popp) specialist in BioPhoton light therapy, biophysical chemistry and molecular biology. 10 other well known complementary medicine practitioners, dentists and researchers. 12 DVDs plus Symposium Manual. \$100
- 3) How to Use the MORA III. Dr. Walter Sturm† teaches how to use the MORA III unit for therapy and reviews the use of the RM200 diagnostic option. #35
- **4)** Introduction to the MORA Super Plus and ELH. Dr. Brian MacCoy† teaches how to hook everything up, how to get started, how to get set up with all the "goodies" that come with the device. \$35
- 5) How to Start Treating Patients with the MORA Super Plus. Dr. Brian MacCoy† covers use of the Therapy Hand Book (applicable to all models of the MORA) as well as the basic electronic homeopathy applications. Here's how to set the device with the pre-set therapy programs. Get a good understanding of the scope and capability of these dynamic healing devices.
- **6) MORA Nova Training Seminar**. Dr. Nuno Ruivo (Med-Tronik). How to take the unit out of its shipping box and set it up. 3-part overview of BioResonance and patient simulations with emphasis on practical application in your practice. \$100
- **7) MORA BioResonance Therapeutic Possibilities**. Marguerite Lane, ND. How to get the best out of your MORA, how it works, and the basic concepts of classical BioResonance. Expert guidance on how to tackle the most common underlying problems in health. \$190
- 8) See ongoing training in **Webinar** format from Med-Tronik.

A Special Report

The Ground Regulation System (GRS)

By o. Univ. Prof. Dr. rer. nat. med. habil. Hartmut Heine †

A few years after his serious illness in 2011 *Prof. Dr. Hartmut Heine* published a series of seven articles on the **Ground Regulation System**. I [*Carolyn Winsor*] was honored to be able to translate this incredible research into English for the first time and to publish it in our newsletter, "The Bridge".

As I worked my way through translation of the first article, the wealth of knowledge and understanding imparted in even that introductory article left me scrambling for dictionaries, research documents hidden away in the old OIRF library and way beyond "Google searches" to make sure that I was doing justice to the information Prof. Dr. Heine was imparting. Combined with the succeeding six further articles, his gift to us of knowledge and of understanding is truly priceless.



In respect for Prof. Heine I have merged those seven articles into one single report and have republished it separate from that older newsletter. With a total of 48 (mind-blowing) pages, this work is not just "worthwhile" reading, but mandatory reading for all practitioners of orthodox and complementary medicine. Available in electronic or print format for \$30, here is an outline of the contents:

- **Part 1** The Ground Regulation [A History and Background]
- Part 2 GRS as a non-linear system Structure, function and determined chaos
- Part 3 GRS as a non-linear system– Structural components of the extracellular matrix (ECM)
- Part 4 Spatial structure of the ECM and material transport within the system
- Part 5 Contact, limitation and clogging up: Cell adhesion, basal membrane and glycosylation
- Part 6 Functional relations of the ground regulation with the central nervous system
- Part 7 The Ground Regulation and the Circadian Rhythm
 - The Ground Regulation and Alzheimer Dementia



OIRF Resource Materials:

- For more information and instruction about point and medication testing with EAV see the OIRF: Medication Testing Report and the EAV Desk Reference Manuals (both available on disc).
- For more information and instruction about <u>Diagnostic and Therapeutic</u> <u>Techniques in Biological Medicine</u> with emphasis on BioResonance Therapy be sure to order the recently re-released videos of Dr. Walter Sturm's seminars.
- For a complete <u>listing of OIRF resource materials</u>, including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.
- For a complete <u>listing of OIRF recommended instrumentation</u>, including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.
- ➤ Of the three full "home-study" or "extension training" programs developed by Occidental Institute, two have been fully updated and are available in PDF format on disc. Research and publication of each of those programs has been pivotal in the development and application of Acupuncture and Biological Medicine in North America and around the world. Be sure to obtain your copies of these famous and well respected volumes for your library and study purposes.
 - Modern & Traditional Acupuncture: \$165
 - Master of Acupuncture Program: Translations of the ancient acupuncture classics (The Nei Ching consisting of the Su Wen and Ling Shu, as well as the "Difficult Classic" the Nan Ching) are still available in printed format – \$125
 - EAV Desk Reference Manuals, Parts 1 & 2 \$200
 - Diagnostics and Therapeutics Seminars of Dr. Sturm \$200

Get more details at http://www.oirf.com/resources.html

<u>"EXTENSION TRAINING" PROGRAM IN</u> MODERN & TRADITIONAL ACUPUNCTURE

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook (An Outline of Chinese Acupuncture) and set of four charts (by China Cultural Corp.). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, 'energetical' acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that 'missing sixty percent' of acupuncture knowledge most "acupuncturists" have never even heard of; and, the modern electronic 'needle-less' treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a "Who's Who of Acupuncture" in the English speaking world. This program takes you as far as anyone possibly can in a 'written' format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD

Price includes disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does **not** include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. **Full set on one disc available for CDN \$165.**

2018 Calendar of Events!

Event	Lecturers	Dates	Details/Contact
"Beginner" Neural Therapy Workshop	Dr. David Vinyes	New York Dec. 1-3, 2017	Contact Neural Therapy Workshops for details and to register
A4M	Multiple	Las Vegas. NV Dec. 14-16, 2018	Contact A4M 25th World Congress for details and to register
Concordia	Dr. Robert Cass and others TBA	Tucson, Arizona March 9-10, 2018	Concordia Conference sponsored by AOIBS
Theragem Basic Training	Catharina Jansma	ТВА	For registration information contact: Website: medicahealth.org/
Neural Therapy Workshops and Training	Dr. Michael Gurevich Dr. David Vinyes Dr. Ralf Oettmeier	ТВА	Register by email: info@internationalneuraltherapy.com or: Neural Therapy Conference
Acupuncture Meridian Assessment St. Louis, MO	Dr. Simon Yu Dr. Doug Cook Dr. Rob Cass Carolyn Winsor	St. Louis, MO April 27-29, 2018 Aug. 24-26, 2018	Prevention And Healing For medical/health practitioners inc'g MD, DO, DDS, DMD, DC, ND, RN
Med-Tronik Power Week and Individual Seminars	Dr. Nuno Ruivo Dr. Peter Mahr	Sept. 10-15, 2018 Friesenheim,	Contact Med-Tronik to register
Seminars		Germany	
52nd Medicine Week Congress, Baden-Baden, Germany	Lectures primarily in German language - participants of Tour #45 will attend	Baden-Baden, Germany Oct. 31-Nov. 4, 2018	Contact OIRF for registration and participation details
Biological Medicine Tour #45 to Germany	ТВА	Starts in Frankfurt, Germany, Oct. 30 to Nov. 5, 2018	For further details and registration information please contact: http://www.oirf.com/ Make this the year you participate!!
Throughout 2018 OIRF will participate in numerous conferences and seminars with exhibit and education booths.			Watch your newsletter and the Events Page on this website as details are announced.

Conferences and Conventions: As an ongoing approach to bring this information and education to a broader range of practitioners, OIRF will sponsor speakers and lecturers in a number of conferences and events throughout the USA, Canada and Germany.

Plans and registrations for OIRF to be present at a number of important international conferences have been arranged, and we are looking forward to the many activities of this exciting and busy year. It is our hope that you will join us in our efforts to expand the use and knowledge of Biological Medicine in Canada, the USA and around the English speaking world.

Here are **some** of the events where our OIRF Board of Directors and Advisors are giving presentations and participating. Be sure to check out the announcements of events and conferences enclosed and on the <u>Calendar of Events</u> on our website. Make plans **today** for which events you will attend during exciting and busy 2018 year. Your support for the organizers is greatly appreciated, and gives you the benefit of fascinating, informative and educational programs that will enhance your practice – and CEU's! OIRF directors, advisors and/or members are active in each of the recommended events. See also Pages 2-4 and 28-30 (PDF) for further details.

- ➤ The Tenth International Alternative Medical Conference sponsored by *Dr. Simon Yu*'s Gateway Foundation for Biological and Integrative Medicine will feature multiple excellent speakers. Dates Sept. 28-30 and Oct. 1, 2017 in St. Louis, Missouri. See www.iamconf.com/ for full details. Did you miss this exceptional conference??? Professional video recordings are available at quality@aurorarecording.com.
- ➤ Comprehensive, hands-on training in Neural Therapy (NT) and German Biological Medicine. Organizer: *Michael I. Gurevich, M.D.* Call today: 516-674-9489

http://www.holisticmd.org/upcoming-announcements/neural-therapy-workshops/

- 1. A year long course in Neural Therapy for those with no or some experience starting December 1-3, 2017, taught by *David Vinyes, MD* from Spain.
- 2. A year long weekend training in Neural Therapy(NT) and German Biological Medicine for those with considerable Neural Therapy experience, starting November 17-19, 2017 in NY; taught by *Ralf Oettmeier, MD* from Switzerland and Germany. COMPLETED.
- ➤ MORA BioResonance Therapeutic Possibilities, 1 day course on therapeutic applications with *Marguerite Lane, ND*, Australia. 4 DVD set of video recordings are now available through OIRF for US \$150 plus shipping.
- ➤ 52nd Medicine Week Congress. Dates are Oct. 31 through Nov. 4, 2018 in Baden-Baden, Germany with OIRF Advisors, Directors and Germany Tour participants attending. Usually more than 3,000 doctors participate with nearly 200 lectures, workshops and courses (German and English language). Exhibit area with more than 220 exhibits provides you with an excellent insight into the big product offerings in natural healing and complementary medicine. There you can find out directly, and compare. Contact OIRF for attendance possibilities.
- ➤ Biological Medicine Tour #45 to Germany, October 30 through November 5, 2018. Join us for our 45th group tour including the world famous "Medicine Week" Congress in Baden-Baden. Tour program also includes exclusive OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits. Speaker, event, itinerary and registration details will be posted on our website.

To tempt you for the 2018 tour program follow this link to our <u>report on our 2016 program</u> and activities. Watch this <u>Germany Tour</u> link to see the scheduled plans and speakers for 2018 as they are arranged and finalized. We highly recommend that you register early as **attendance is once again being strictly limited**.

- **⊃** Follow this link to our website to see Year End Issues in print/PDF format.
- **Updates, Reminders and Announcements:**
- ➤ Watch for seminar and conference updates. Plan early which events you will be attending this year.
- ➤ Watch for Volume 14, Issues #1 of the "The Bridge" newsletter to arrive in your Inbox in mid-January 2018. There are a number of new and exceptionally well written articles by Med-Tronik researchers and instructors that have been published in the German <u>CO'Med</u> and <u>Naturheilkunde</u> journals. Carolyn is busily translating as many of them as possible for future newsletter issues. Watch for news of new devices and interesting information gleaned during our Germany Tour travels.
 - ➤ Visit our **Facebook** page will you be our friend?

I trust you have found much of interest in these pages. During this 2017-18 winter and spring seasons we are looking forward to participating in numerous conferences while supporting various speakers and several complementary organizations. Additionally there are a variety of informational articles being prepared for the next Issues of Volume 14 of "The Bridge". Electronic publication with access open to all will continue throughout 2018 and we will continue bringing you that cutting edge information for which OIRF is famous.

We look forward to meeting you during our forthcoming 2017 and 2018 activities and programs. As always your comments are welcome. Remember that this is <u>your</u> newsletter. Your suggestions, article contributions, critiques, FAQ's and compliments are gratefully accepted.

Yours in health,

Carolyn

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Treasures of the Heart

Mary rest upon the hay, now your labor's done.

Next to you in swaddling clothes, lies your firstborn Son.

Feel the sweetness, take your rest, cherish every part.

Times like these will come to be treasures of your heart.

Shepherds break the peacefulness, telling what they heard. All who hear them are amazed by the angels' words. Burn their words to memory as the shepherds' part. Times like these will come to be treasures of the heart.

Hold on to your memories, save them for the years. Later they will lift you up, and help to dry your tears.

When life is cruel and trouble comes, the world will pierce your soul. Treasure all your memories they will help to heal and make you whole.

Find the blessings of the day, never let them pass.

Taste the joy of life and love as you hold them fast.

Embrace your loved ones, draw them close. Time will soon depart, yet the memories will remain treasures of the heart.

Embrace your loved ones, hold them close. Time will soon depart, yet the memories will remain treasures of the heart.

Your memories will remain treasures of the heart.

Music written in 1864 by George R. Poulton. Lyrics for "Aura Lee" by W.W. Fosdick Lyrics rewritten in 1956 for Elvis Presley as "Love Me Tender". Current lyrics rewritten and arranged by Pepper Choplin

As we approach the Holiday Season, many of us pause to appreciate our freedoms, families and friends. Their influence touches every aspect of our lives and our faith. It is a time to contemplate gratitude and to assess how we can bring more meaning into our lives. Many of us are reworking our priorities and seeking to create more contentment and prosperity. Although the words above are based on the Christian tradition of Christmas, they bring us a universal message not only of remembrance, but also of intention to consider and to be grateful for our many blessings.

From all of us here at OIRF, we send our gratitude for your ongoing support. Without your patronage we could not continue this work. As well, we send our wishes to each and every one of you, that you will enjoy a peaceful and family-filled Holiday Season as we move into another exciting New Year 2018!

Carolyn and all of us at OIRF!

Memories

are
timeless treasure
of the

Heart.