

THE BRIDGE

Linking Practitioners of German Biological Medicine

Volume 12, Issue #12, December 2016

Tuesday, 20 December 2016

Dear Colleagues, Friends and Supporters of OIRF,

○ Welcome to Volume 12, Issue #12 of "The Bridge" newsletter!

As we bring Volume 12 of "The Bridge" to a close, here is your final 2016 issue jamb-packed with information, articles, announcements and updates. We are already looking forward to some interesting updates, articles and information for Issue #1 of (lucky) Volume 13 which should be sent to your Inbox in mid-January 2017.

In this Issue you will find an article on the outbreak of measles last year along with some practical case applications for those children who have been vaccinated. In amongst the articles you'll find that Hevert Pharmaceuticals is celebrating 60 years(!) while another of our elder statesmen has passed away. There are links to some exceptional articles by members of our esteemed Board of Advisors from other publications and – of course – our wishes to you and yours for this Holiday Season. Enjoy, and be sure to join us again for 2017.

Note that the 2017 Events Calendar has already begun to expand and you will find the new listings on Page 23 of this Issue and also on the Events Page of our website. Dates for the 2017 Medicine Week Congress and the OIRF Germany Tour #44 have already been announced, and early in the New Year there will be announcements of several other conferences and seminars where you will find OIRF in an education or exhibit booth.



As we approach the holidays and the New Year, OIRF will be updating and extensively revising our website. We ask your patience should you experience any glitches or disruptions – and if you see any little slipups or mistakes please let us know so that we can get them all fixed up.

Note that OIRF is now able to accept your credit card payment directly in either USA or Canadian dollars and all pricing is being adjusted to reflect both currencies. Thank you for your understanding.

- Advance Notices (see details Pages 24 & 25 and 27-29):
- ▶ *Dr. Simon Yu* of Prevention and Healing in St. Louis, Missouri is planning two more hands-on AMA (EAV) workshops for MD's next year (March and June 2017). Also, his colleague Mr. Lodholz has agreed to assist with arrangements for "just one more" international conference. Dates for this always exceptional and highly recommended conference are **Sept. 29 to Oct. 1, 2017**. OIRF will be there! Plan even now to attend.
- ➤ Dr. Michael Gurevich has announced the International Neural Therapy Conference to be held in Ottawa, Ontario Canada May 11-13, 2017. The excellent roster of speakers includes: Dr. Hans Borop (Germany), Dr. Alberto Duque (Colombia), Dr. Mark McClure (USA), Dr. James Oschman (USA), Dr. Michael Gurevich (USA) and many others. This is a highly recommended conference!
- ➡ Well he's done it again! Those of us attending at Medicine Week eagerly headed downstairs to the exhibit featuring *Dieter Jossner* (of BioPhoton Therapy fame!) and **Medical Electronics**. This is always a "trip", and every year Dieter has a new "toy" or device to show us.

You've been listening to me talk about and seen the full information on the **UBS 315** device. These interesting little devices have been "selling like hotcakes" – really they definitely have – and we find that once you've tried it, you want more of them. This small piece of innovative technology will revitalize regular water. It's not a filter, but the change in the quality of the water is immediately apparent and you can even taste the difference. So, here's the link to the English information about the **Ultra-compact Bioenergetic Stimulator UBS 315** and you can see brief info and pricing on Page 14 of this Issue. Order today for mid-January delivery – get yours on your desk as soon as possible!

But the new "toy" for 2017? Well, take that same BioPhoton technology (both white light for during the day and red light for evening and bedtime) and put it into a set of "goggles". As of our earlier phone conversations with Mr. Jossner, they cannot manufacture these "puppies" fast enough for demand.

Preliminary indications include improved sleep (red light enhancing melatonin production), improved eyesight, enhanced daytime energy, and . . . Eyes open or closed during application doesn't matter, because this is not a laser.

I don't have English information or instructions available for this device yet, but these are apparently in the works and should be ready early in the New Year. Tour participants and others aware of this new product are invited to order theirs now. Medical Electronics closes for their annual Christmas/New Year Holiday and their plant will be shut down from 10 Dec. 2016 through 23 Jan. 2017. We don't have a clear picture of shipping costs at this time (estimated could run as high as \$150 US), but orders will be shipped by postal mail to reduce costs and ease customs clearance procedures.

Ready to place your order now? Retail is US \$855 and CDN \$1,150 <u>plus</u> shipping and import. OIRF and Mr. Jossner will expedite your orders immediately after the holidays and the factory reopening 23 January 2017.

☐ I invite all of you to maintain your email or print subscription to "The Bridge" newsletter. All 2016 issues of "The Bridge" have been sent to you by email and then published on our website. **Access is open to all**. Follow this link to get your PDF print copy of "The Bridge" Volume 12, Issue #12.

Further new and cutting edge articles from our prestigious Board of Advisors and Directors as well as more of Carolyn's translations of articles from current German journals are underway for future Volume #12 and #13 issues of this newsletter.

WEBINARS FROM MED-TRONIK!

Every two (2) weeks, Med-Tronik will be conducting a webinar on various subjects with application and function of the MORA® Nova. Each webinar will be approximately 30 minutes in length and will be in both German and English.

Click here for the German webinars: http://www.med-tronik.de/academy/webinare.html
And here for the English webinars: http://www.med-tronik.de/en/academy/webinars.html
Simply press the Register button and sign up. You will be sent a confirmation email, as well as a reminder closer to the date.

This is a terrific opportunity for you to receive ongoing education featuring some of the best and most famous instructors from Med-Tronik including *Dr. Nuno Ruivo, Dr. Peter Mahr* and even occasionally *Dr. Gottfried Cornelissen*. If the times don't work for you, don't worry, Med-Tronik will be archiving them so you can watch at your own convenience (or time zone).

Depending on time available, there may even be time at the end for a brief Q & A. We look forward to you taking advantage of this terrific opportunity to get training on a regular basis. More topics will be available as time permits.

Be sure to save this to your "favorites" and join in regularly.



Dr. Nuno Ruivo



Dr. Peter Mahr

Special Mention and Links:

- Follow this link for another interesting article by *Dr. Simon Yu* entitled "Murder by Dentists, Saved by Holistic Dental Groups: Tolerating Uncertainty as Next Medical Revolution". Be sure to give the Prevention and Healing office your email address to keep informed about his ongoing article series and workshop/conference events.
- Refer to the October 2016 Townsend Letter, The Examiner of Alternative Medicine journal for an excellent article by longtime OIRF member *Dr. Michael Gurevich* on the "Holistic Treatment of Bipolar Disorder". Contact this Townsend Letter link for subscription information.

Special Announcements

Anniversary

60 Years of Hevert – 60 Years of Competence in Natural Healing

Hevert Pharmaceuticals celebrates a company anniversary: Since its foundation in 1956 the family-owned company has earned a leadership role among the manufacturers of natural healing medications and worldwide ranks among the ten most important homeopathic manufacturers. *Marcus and Mathias Hevert*, the third generation of managers, proudly look back on the 60 year company history and celebrate the anniversary with their own Hevert-Brand-Song (www.music.hevert.com free download).

Today in 2016 – expanded with several company locations, worldwide distribution partners and many employees – the grandchildren of the company founders, *Marcus, Sarah and Matthias Hevert* rejoice in 60 years of successful business activity. "In addition to the expert's assessment in natural healing therapy and the production of natural healing medications, our strength lies above all in the great network of customers and partners grown over the decades," explains manager Marcus Hevert.

"For many years in Germany we have grown faster than the market for over-the-counter medications and can also increasingly assert ourselves in foreign markets. This success is not only on the strength of the brand "Hevert" and the seal-of-quality "Made in Germany", but above all on the great commitment of our employees", supplements co-manager Matthias Hevert.

Hevert thanks all employees, customers and partners for 60 years of corporate success in the service of natural healing.

In Memoriam

Dr. med. univ. Konrad Philipp Werthmann

By HP Dr. med. vet. Anita Kracke



With dismay and great grief, we learned that the pediatrician *Konrad Werthmann, MD* died on 23 August 2016.

With this loss medicine loses a very big passionate representative of natural healing medicine, especially Isopathy. Through his exemplary charming manner he helped countless people and has taught and represented the idea of SANUM Therapy worldwide. Wholeheartedly he let everybody participate in his rich experience.

After working as a physician, Dr. Werthmann continued his education in acupuncture, neural therapy and darkfield microscopy and worked very successfully as a complementary doctor.

With certainty strong early childhood discomfort on the mental and physical level led in the course of his life to the fact that he has strongly dealt with the processes in the Pischinger Space and particularly in the area of the bowel.

He knew the pioneers who investigated the Ground [System] or so called "connective tissue" and their prominent meaning for health.

In his lectures, with a few sure strokes on paper or the "foils" for the overhead projector he could show the procedures figuratively and provide his implementations of it with background.

From his experiences with patients who suffered from intestinal illnesses, and which he also painfully found out himself, he developed his great understanding of respect between the mental and physical dependence of health and from it derived his "Werthmann-diet" which represents the basic condition for every natural healing therapy. He recommended avoiding products with cow's milk, chicken eggs and pork because they push the so called "primary antigens" into the still incomplete childish bowel too early and with it evoke lifelong intolerances and allergies of these products.

We recognize how far ahead of his time Dr. Werthmann was by the fact that in the meantime many other therapeutic efforts likewise aim in this direction.

After Dr. Werthmann came into contact with Isopathy and the body of thought of Prof. Günther Enderlein he became an intensive researcher, user and teacher of this therapeutic method.

In countless publications he has published his knowledge which has set practical applications. He gave learned insight into Darkfield diagnostics and the evaluation of the findings in many seminars.

Nevertheless, people always felt the affectionate responsible doctor who was also not afraid to speak out about the disagreeable points and to give instructions according to the symptom picture. At the annual SANUM conferences he was always a special magnet for the listeners who brought a great esteem for him.

His open nature, hearty being and manner, even to an advanced hour with a little glass of wine and "performed humorous contributions", opened not only the ears of his listeners but also their hearts.

He traveled as a guest lecturer to North and South America, Japan, Australia and Africa. He was an enthusiastic "globetrotter", who in this way visited altogether 32 countries and untiringly took on all stress and brought along reports of his interesting experiences.

[For many years Dr. Werthmann was a devoted coworker, colleague, supporter, author and so many other duties for the SANUM Kehlbeck Company and was well loved and respected by all the staff and personnel of that company.]

Dear Konrad, you live on in us!

Dr. Anita Kracke SANUM Kehlbeck

The above comments are translated and paraphrased from the memorial article by **Dr. Anita Kracke** in the SANUM Post, Nr. 116, 2016 from the SANUM Kehlbeck Company. With Dr. Werthmann's passing we have lost yet another of the "old rabbits" and a dear friend of complementary medicine.

I remember him clearly from the first SANUM seminars in North America as sponsored by OIRF and *Dr. Walter Sturm* in April 1992. With over 85 participants in New York and followed by over 110 participants a week later in Los Angeles, SANUM therapy and Isopathy exploded into North America. During the days between the two seminars, Walter and Konrad travelled to Los Angeles and visited Disneyland. Both arrived at the Los Angeles seminar wearing shirts embroidered with the Disney characters. And I can still hear Dr. Werthmann during those seminars repeating the "formula" (of that time): "I repeat use Fortakehl, Notakehl, Pefrakehl . . . and . . . (strongly) Albicansan!!!"

Thank you for the memories, for your wonderful smile, for the incredible knowledge you shared with us and for your shining enlightenment. We will miss you, dear Konrad!

Carolyn L. Winsor Managing Director & CEO

○ Of Interest

Holistic Doctor Deaths

In amongst the "Special Mention" and "Of Interest" items for this Issue of "The Bridge", the facts and theories about the number of deaths among natural and holistic doctors continue to be bandied about on a number of websites and within the media (alternative and even some mainstream).

While attending the ACIM conference in Florida in September I was surprised and curious about a number of well known cancer and natural docs who were accompanied by bodyguards. It kind of threw me when one of our long standing members approached me with a big hello and a request for a new probe and tip for his aging MORA device, only to find a good looking but burly gentleman dressed in a black suit gently nudging me away from getting to close to him even in the busy exhibit area. It was after that first afternoon when the rumors and stories circulated throughout the conference and exhibit areas.

I admit I've been curious ever since. Elaine and I have followed up with some more extensive web, journal and media searches. When I managed to (belatedly) read

through my October issue of <u>The Townsend Letter</u>, **Dr. Jonathan Collin**'s editorial on this situation once again got me thinking and remembering.

I don't profess to be any kind of investigator, or journalist, or knowledgeable expert about such matters. But, I have been involved in this field for nearly 45 years (argh – how many?) and on numerous occasions have found myself on the receiving end of a campaign by the "powers that be" to discredit and destroy the work and research of Occidental Institute. It's only logical that when we become a threat to big Pharma or the medical establishment itself, that they will lash out to protect their monopoly.

I don't have answers to what has been happening with these doctors nor proof that there is any kind of conspiracy – clearly some of them had some pretty rough dealings with the FDA. Many of the websites we went through came to a similar conclusion as that quoted in the editorial below by Dr. Collin in that there is no definitive proof of a conspiracy. But yet, that over 60 doctors (most linked directly to holistic or alternative medicine) are simply gone – dead – many under suspicious circumstances in one year seems more than coincidental to me.

Most importantly though, let us remember that these doctors had families and friends and were caring healers with patients who must now seek alternate (establishment?) health care. Regardless of the causes and the conspiracy theories, during this sacred season of reflection and hope let us all extend our prayers and our condolences to the families, friends and patients of these men and women who have been taken from us too soon.

Carolyn

Carolyn L. Winsor Managing Director

Holistic Doctor Deaths

Jonathan Collin, MD Publisher Townsend Letter Issue #399, October 2016



Over the past 15 months, a number of natural health writers have made the case that an inordinate number of holistic doctors have died under suspicious circumstances. The doctors share a commonality of practicing some form of alternative medicine, be it medicine, osteopathy, dentistry, chiropractic, naturopathy, nutrition counseling, physical therapy, and more. Many of the doctors were found dead in circumstances that appear to involve foul play. Others were deemed to have died from natural causes but the circumstances remain suspicious. Perhaps the writer who has devoted the most efforts to listing and following the holistic doctor deaths is Erin Elizabeth, editor of the *Health Nut News?* The following is a partial listing of doctors who have died:

Jeffrey Bradstreet, an integrative doctor who was vocally opposed to vaccinating children, was found dead in a river from a "self-inflicted gunshot wound" on June 19, 2015. On June 21, two chiropractors, Dr. Hendendal, DC, PhD and Dr. Holt DC were found dead with no specified causes. On June 29th Theresa Sievers MD was found murdered. Also on that date, Jeffrey Whiteside MD, a pulmonologist, has vanished. On July 3 Patrick Fitzpatrick MD also went missing and has not been found. On July 10 Lisa Riley, DO was murdered; her husband was charged with the homicide. On July 19 Ron Schwartz, MD, a gynecologist, was found shot to death, an apparent murder.

Included on Elizabeth's list is Dr. Nicholas Gonzalez, MD, integrative cancer physician, who died suddenly on July 21, 2015 of an apparent heart attack, but he was of good health and no autopsy confirmed causes of death. Coincidentally on July 21, Dr. Abdul Karim, DDS, died following a heart attack while practicing for an upcoming marathon. On July 23 Dr. Jeffrey Whiteside's body was found and later deemed a suicide. On August 12th, Mary Bovier, DO was found "slain" but no one has been charged.

On Sept. 16, 2015 Dr. Mitch Gaynor, MD, author and holistic MD, committed suicide. On Oct. 11, Dr. Marie Pass was found dead following a suicide. On Oct. 29 Jerome Block, MD died after jumping from his New York City apartment window. On Dec. 28, cancer researcher Alan Clarke, MD "accidentally died" despite his body found hanging from a tree.

On Jan. 15, 2016 Ron Floyd, DC was found dead. On Jan. 23 John Marshall MD was found dead in a river. On Feb. 1 Paige Adams, FNP was also found dead. On Feb. 14th, HIV researcher, Cheryl Deboer, PhD was found dead with a plastic bag covering her head. On March 23, 2016 Dr. Henry Han and his family were all murdered. On April 6, Dr. Harsh, MD was killed while riding her bicycle. On May 16, Dr. Suutari, a holistic doctor; took his own life. On June 17, 2016 Tiejun Huang MD, PhD was killed by an assailant.

Elizabeth makes the case that too many holistic and integrative doctors are dying. She suggests that many of the deaths deemed as suicides involved foul play and were possibly murders. Elizabeth thinks that these deaths are not being investigated satisfactorily. Moreover, she suspects that most of these deaths involve doctors who had been targeted. However, there is no definitive evidence to substantiate that the deaths are part of a conspiracy against holistic doctors. The murders appear to be typical of all murders - a jilted relationship, a bad business deal, domestic violence, or a psychopath's delusional behavior. The suicides frequently follow similar scenarios, including financial loss, divorce, or serious illness.

Holistic doctors and practitioners are not immune from the turmoil and tragedies of life and frequently act out in irrational ways, including taking their own lives. The fact that the aforementioned individuals died from suicide, murder, and other natural causes does not mean that there is a conspiracy afoot. It means that holistic doctors are human and die for the same reasons that befall all humans. Elizabeth and other similar-minded writers need to provide the evidence for whom these actors are in this evildoing conspiracy and what exactly they are doing. Until she does, this holistic doctor death series is simply a listing of holistic doctors who coincidentally died - nothing more.

Here's the link to the reference made by Dr. Collin:

Holistic Health Nut News, by Erin Elizabeth ("significant other" of Dr. Joe Mercola) http://www.healthnutnews.com/recap-on-my-unintended-series-the-holistic-doctor-deaths/

And an additional comment from: FromSnopes.com http://www.snopes.com/2015/07/21/five-holistic-doctors-dead/

The rumor (currently attached to a number of separate and ostensibly unrelated tragedies) continued to suggest imaginary or tenuous links to support an assertion that the deaths were somehow connected. While headlines crowed about deaths in Florida, several of the doctors died in other states and had no obvious link to that state. Moreover, the claims centered upon the purported targeting of alternative medicine doctors despite the fact that several of the individuals included were mainstream, science-based medical providers. As the rumor spread, the inclusion of mainstream doctors across several states highlighted that the death of any doctor in July 2015 was likely to be conscripted into the (still unarticulated) conspiracy, whether or not that doctor lived in Florida or practiced alternative medicine.

(Some sources have attempted to link all the deceased doctors together through the common thread of their advocacy of Globulin component Macrophage Activating Factor, or GcMAF, a protein that a handful of doctors have claimed can cure anything from cancer to autism by boosting the human immune system. However, only Dr. Bradstreet has been connected to its use.)

An exclusive **article for OIRF Supporters**, published December 2016 by Occidental Institute Research Foundation . . .

Children and Youth

The Measles Vaccination

As We Experience the Subject in our Practice

By Helmine Thiele-Gärtner, HP

From an article in CO'Med, Volume 21, April 2015

Machine Translation by SYSTRAN, Lernout & Hauspie, LogoMedia & Promt

Translation & redaction by: Carolyn L. Winsor, OIRF

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Since the fall [of 2014] measles illnesses appearing to spread in the area of Berlin once again thrust the vaccination topic into public prominence. For many years measles ran endemically with more or less a lot of illness cases. The media delivered newsworthy welcome headlines of the high illness rate in Berlin and a toddler's death. Thus also in our "family practice" questions sprang up around the topic of regular "vaccinations".

We grew up with the slogan: "Vaccination is useful, vaccination protects!" Nevertheless, we frequently encounter parents who regard the vaccination topic as unpleasant, and like to leave this decision to the pediatrician. And thus for many years over and over again it comes to fervent discussions between vaccination advocates and vaccination critics.

These discussions, in part with completely opposite statements, do not make decision making easy for parents. Thus many are insecure and would like to hear an "alternative" opinion. Should we allow our children to be vaccinated? Only partly? Or not at all?

Moreover the searching parents are demanding advice about the too many illnesses (12!) against which you can be vaccinated. Additionally they ask themselves the question again and again to what extent the virgin immune system of an infant copes with the vaccinations.

A mother who decides on vaccination would like a maximum of security for her child. Severe life-threatening illnesses and their complications should be avoided. She would like to incur no risk. A mother who decides against vaccination would like to make a natural development for her child possible. Childhood illnesses also belong with that. She knows about the self healing strength of the organism and trusts in it. Because of the possible vaccination side effects she would like to incur no risk.

Now who is right?

In our experience and gradually in the understanding of numerous homeopathic or anthroposophic pediatricians the many illnesses, against which [children] are vaccinated, can be attended well, mildly and with lasting effect naturally.

If occasionally severe [*illness*] courses or even death cases happen, there can be individual reasons for it. As a result pre-illnesses and above all contact with fever play an essential role. And that is exactly the crucial point!

Fever is the strongest self healing strength of the organism within the scope of an illness. This important defense reaction is necessary to support it. If it is lowered too early or too often, a pivotal healing effort of the body is blocked because many pathogens are weakened, killed or decimated at 38 degrees. Now if the temperature is artificially and too strongly lowered with leg compresses, fever drinks or suppositories, the "clean-up operations" of the organism are possibly not yet completed. Thus the pathway is only smoothed for complications!

Our critical and attentive position with respect to this subject results from many years of experience with our patients. We recommend the independent, active information of the parents.

Vaccinations belong to the big field of "prevention", however they are only one part of it!

At least as great importance has to be attributed to the topics: nutrient-rich diet, sufficient drinking amounts, movement in the fresh air, healthy sufficient sleep and in today's time especially electronics/radiation free time.

Induced Symptoms in Connection with a Vaccination Burden

Children who come into our practice and on whom we test for a vaccination burden primarily have recurring discomfort such as: Infections with "permanent head colds", bronchitis, otitis media, angina, vague stomach aches, diarrhea, constipation, skin rashes, nighttime bed wetting, behavioral problems (clowns or dreamers), reduction of mental ability (e.g. at school) and physical manner.

Examples of Vaccination Side Effects from our Practice

When we ask parents about the reactions of their children to the vaccinations we get responses such as: Reddening, swelling of the injection [site], sometimes a suppurating inflammation, restless sleep, moderate to high fever, increased crying or also some days "muddled" – these are the apparent reactions. Less obvious consequences are noticeable only with necessary experience and on inquiry.

Diagnostically, among other things, we use a biophysical measurement procedure (Vegatest). With a large number of our small patients a vaccination burden is detectable. In order to clarify this, following are two examples from our practice.

Case Study 1

Baby girl, 4 months old, thin for six weeks, diarrhea-like stools, exhausting rhinitis, which caused the mother to worry.

Bottle nourished infant, still well compensated general condition, grumpy because of the congested nose.

Beginning of the discomfort after the six-fold vaccination which was administered on the same day with the pneumococcus and rotavirus vaccinations.

Recommendations:

- Carrot soup according to Moro (liquid and electrolyte loss, oligosaccharide binding illness cause)
- Four doses of Rotavirus Vaccination nosode in ascending potency C30 to C10,000 all four days
- Intestinal flora stool examination

Course:

Within the next two weeks the stool frequency normalized, improvement of the rhinitis. The specific intestinal flora rebuilding brought even more stability, this showed itself e.g. when months later only the remaining family members had to fight with the flu infection.

Case Study 2

Boy, 2.5 years old, comes because of infection susceptibility with permanent head cold, cough and recurrent compulsory cortisone spray for bronchitis.

Friendly boy, "always helpful", loves animals, on the back clearer "Café au lait" marks. Recommendations:

- Immune cure with Fortakehl, Pefrakehl and Quentakehl drops from SANUM
- Homeopathic remedies: Carcinosinum C200 and other smaller acute remedies in the further course
- Intestinal flora stool examination

Course:

In the following half year the intestinal flora rebuilding with improvement of the discomfort, however still no complaint freedom. After renewed examination of the case, the time related connection of the beginning of the illness to the MMR vaccination became noticeable. Since homeopathic treatment of the vaccination burden health is stabilized.

Summary

The subject "should I let my child be vaccinated" is a personal consideration of the uses and risks for every individual.

Either way (the parents) vaccination decision turns out, it is to be respected. In the end it is still unresolved – besides possible acute side effects – which long-term effects vaccinations have on the health of the individual.

Not all vaccinated children become chronically ill. However we established that many chronically ill children have, among other things, a vaccination burden.

For complaints which go beyond the usual degree after a vaccination (the parents frequently suspect: "Since the vaccination my child is somehow different") the test for a possible vaccination burden is absolutely worthwhile!

And finally, for cases which do not "make progress" satisfactorily, vaccinations can represent a healing obstacle which in our experience is well treatable homeopathically.

Helmine Thiele-Gärtner, HP

Long standing work experience as a children's nurse, training as a Heilpraktiker [Naturopath] in the Isolde Richter HP School, training in miasmatic homeopathy with Rosina Sonnenschmidt. Works together with her husband Enrico Thiele in their Naturopathic practice in Stuttgart. The main focuses of their work are natural healing for children, miasmatic homeopathy and vertebral therapy according to Dorn.







Doctor, Doctor what's behind your back??



I'm leaving now . . .

UBS 315 and optional accessories High tech bio energetic made in Germany



UBS 315 basic unit

The Basic unit consists of two intensive photon sources: white and red as well as a planar Tesla coil. An audio socket is also built in for modulating the photon source and the magnetic field. A modulation and the USB charge cable are part of the basic supply

PRICE: US \$580 / CDN \$755 (inc's shipping)



UBS 315 with large support ring

(This part shown with the **UBS 315** unit is not part of the basic supply – added optional accessory)

This is meant for large items (i.e. glass teapots or jugs). This enables the use of items up to 160 mm in diameter and a total weight of up to 2 kg. The switches can be used as usual.

PRICE: US \$125 / CDN \$165 (inc's shipping)



UBS 315 with the Tesla transfer module

(This part shown with the **UBS 315** unit is not part of the basic supply – added optional accessory)

The transfer module is available for transferring bio energetic signals from the UBS 315 unit to the irradiated liquid. The module consists of a transfer area with two Tesla coils and holders for maximum four vials. The transfer of the bio signals is achieved by active scalar fields which are emitted from the UBS 315 unit. Included in the delivery are five suitably sized vials.

PRICE: US \$310 / CDN \$400 (plus shipping)



UBS 315 with sensor for NSA 07

(This part shown with the **UBS 315** unit is not part of the basic supply – added optional accessory)

This transfer module is used to transfer signals generated by the NSA 07 unit. The module consists of a sensor for those signals which are emitted by the NSA 07 unit. These are then changed into audio signals enabling the modulation of the UBS 315 unit. Large volumes (a whole room) can therefore be energetically created with the frequency spectrum produced by the NSA 07 unit.

PRICE: US \$335 / CDN \$435 (plus shipping)

NOTE: Medical Electronics is now closed until 23 January 2016. Orders placed with OIRF over the holidays and early January will be ranked into priority by the factory and shipped before the end of January. Orders placed later in January will not be delivered until late February. Order **now** for earliest delivery.



The latest spa trend For beauty and joy in life





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An innovative milestone since the development of MORA®-Therapy

The advantages of MORA® Beauty

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- Proudly Made in Germany by Med-Tronik GmbH

APPLICATIONS

MODULE 1: Biophonie

- Including headphones
- Various applications to the areas of skin, hair, nails and eyes
- General: relaxation, detoxification, stress relief and revitalization

MODULE 2: JENU

- Including small UV-active probe
- Specific applications for different grades of cellulite
- Coming soon: Facial, neck and cleavage wrinkle reduction

MODULE 3: Smoking Cessation

Application for smoking cessation

MODULE 4: Nutrition

- Including measurement stylus
- Various applications to optimize nutrition, weight loss, detoxification and revitalization



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The MORA® BioResonance Method with reliable 2-channel technology

Stimulates self-healing powers and thus removes disturbances and blockages.

Target group: Physicians, alternative practitioners, therapists and naturopaths.

TREATMENT

For diagnosis or therapy with MORA $^{\circledR}$ NOVA, the patient is connected through hand, foot and head electrodes. The patient's vibrations are sent to the device through the electrodes. Depending on the symptoms and treatment program, the vibrations are converted by MORA $^{\circledR}$ NOVA into corresponding therapy frequency patterns and returned to the patient through the output electrodes.

BENEFITS FOR USERS

Today the bio-resonance therapy as an energetic diagnosis and therapy method cannot be wished away from holistic complementary medicine. MORA® NOVA offers many options that can cover various therapy fields. It gives you a reliable diagnosis and therapy. The body is thereby supported to regulate itself. Your patients experience a side effect-free therapy, which achieves astounding results for many symptoms and diseases. Often the bio-resonance therapy is helpful in cases where traditional medicine was not adequate.

BENEFITS FOR PATIENTS

- Often the patient feels an improvement just after the first treatment
- Therapy is often perceived as very comfortable
- Treatment is free of side effects and is not at all stressful
- Short treatment duration (between 5 and 30 minutes)

The MORA® System offers many remarkable possibilities!

MORA®-Diagnostics

The MORA®-Diagnosis and MORA®-Therapy are state of the art medical technology. They use the latest insight of modern biophysics and are scientifically researched and verifiable. The MORA® device has many diagnostic and therapeutic options.

MORA®-Therapy

For 35+ years, the MORA $^{\otimes}$ bio-resonance therapy has been used successfully around the world. This therapy form makes it possible not only to diagnose unhealthy oscillations but also to treat them.

The electromagnetic oscillations are

- picked up in the patient's body
- transmitted to the MORA[®] device
- inverted by means of electronic amplifiers, and
- returned to the body

The aim:

To activate the body's self-healing power and to remove disruptions and blockages. The patient's balance is to be restored.

Treatment

Experience has shown that patients find the treatment very pleasant. While the electrodes are being put into place, the patient can relax. The therapy lasts between 5 and 30 minutes. Many patients even experience an improvement after the first treatment.

Side Effects

The patients experience a therapy free from side effects. The practice is not stressful at all. It can be used attendant to any pathology and permits combination with many therapeutic methods. In many diseases astonishing results are achieved.

GUARANTEED QUALITY

Outstanding quality and excellent services!

Quality creates trust!

Constant high quality – that is the primary goal. Only then we can satisfy our customers on long-term basis. After all we are dealing with health here. Therefore the continuous improvement of the internal quality management has a very special focus. Due to this reason all MORA®-Products are manufactured only in Germany. All the working steps – from development to material selection to precision manufacturing – are tightly monitored and controlled. The high quality requirement is documented through following independent audits and certifications.





OIRF Special Reports:

- 1) Report on LM Potencies (Homeopathy). Translated and prepared by *Dr. Walter D. Sturm* based on the work of *Dr. Samuel Hahnemann*. This is pivotal information for all homeopaths. In the last years of his life Dr. Hahnemann turned solely to the use of LM potencies for his patients instead of the "usual" C and X potencies still utilized today. This knowledge was suppressed for nearly 80 years and revolutionized the practice of homeopathy when that famous 6th edition of his <u>Organon of Medicine</u> was finally published. Read the story and see the meticulous research and translation left us by Dr. Sturm. See further information on this <u>important report</u> at this link. 51 Pages. \$40
- 2) Collection of Three Reports by Dr. Gottfried Cornelissen (BioResonance). 1) A Critical Examination of Current EAV Diagnosis (individual report below); 2) Increasing Efficiency of Allergy Cancellation Therapy by Application of Substance Specific Frequency Ranges; and, 3) The Problem of A and Inverted A in Homeopathic Nosodes (individual report below). 31 Pages. \$20
- 3) The Problem of A and Inverted A in Homeopathic Nosodes (BioResonance). Translated and prepared by *Dr. Walter D. Sturm* based on the research of *Gottfried Cornelissen*, *DMD*. Advanced BioResonance information. 4 Pages. \$5
- 4) A Critical Examination of Current EAV-Diagnosis, the Mebe-Ampule and Filter Procedure (EAV & BioResonance). Translated and prepared by *Dr. Walter D. Sturm* based on the research of *Gottfried Cornelissen*, *DMD*. Digital single oint mwasurement according to Dr. Cornelissen. Advanced BioResonance and EAV-Diagnostic information. 14 Pages. \$10
- 5) Transliterations of the Chinese Acupuncture Point Names with Explanations. This is a supplement to the Modern & Traditional Acupuncture Program. Every single traditional acupuncture point is shown with the point name transliteration (with both new and old Pinyin and Wade Giles spellings) along with a full explanation. Translated by *Michael C. Barnett, DAcu, LAc* from the work and research of *Jean-Claude Darras, MD*. 35 Pages (free to all M&TA program subscribers)
- 6) The Genital System. Translated by Carolyn L. Winsor; revised and edited by Sean Christian Marshall, DSc based on the work and research of Jean-Claude Darras, MD. Advanced traditional acupuncture information explaining the energetics of the genital system including disorders and treatment. 23 Pages. \$25
- 7) A transcript of Dr. Morell's BioElectronic Vincent Lecture (BEV/BE-T-A). THIS OFFICIAL TRANSCRIPT of Dr. Franz Morell's 3-hour lecture is available from the Institute. It consists of thirty-one pages plus reproductions of his slides it gives an excellent introduction to this objective bio-electronic testing method (BEV). Dr. Morell took us even further into the BIO-ELECTRONIC "VINCENT" Method during a subsequent seminar and introduced a totally new [at that time] German built instrument for it (by the Med-Tronik company, and Mr. Erich Rasche again!) to this country. \$15
- 8) See the OIRF <u>Archives Page</u> for past issues of "The Bridge" newsletter.

And don't forget to order your copy of:

The OIRF Special Report On Medication Testing

A translation of Dr. Kramer's full medication testing guidelines from beginning to highly advanced aspects. Dr. Kramer has given us the most complete, step-by-step guidelines for learning medication testing on your own. Based on his seventeen years of practice and teaching, he also suggests the preparations you need to get started. Recommendations on how to order a set of those preparations for yourself are included within the report, and most are now included within the Electronic Remedy Test Sets Software. If you follow all of the report instructions, you will learn how to do medication testing by yourself, easily, quickly and correctly. If not, something is wrong with your Electro-Acupuncture instrument – not you!

This SPECIAL REPORT available in electronic or printed format for \$30.00 (Report is over fifty pages. Preparations are not included.)

OIRF Video Training Programs:

- 1) Diagnostics & Therapeutics Seminars by Dr. Walter Sturm† (full set). Older seminar workshop where Dr. Sturm covered Diagnostic approaches (EAV, point and medication testing) and BioResonance Therapy approaches (MORA, Electronic Homeopathy and Remedy Information transfer). Five DVDs plus 1 disc with all overheads and handout materials. \$200
- 2) Biological Medicine Symposium 2012 (full set). Keynote speaker was Prof. Dr. Roeland van Wijk (colleague of Prof. Dr. Fritz-Albert Popp) specialist in BioPhoton light therapy, biophysical chemistry and molecular biology. 10 other well known complementary medicine practitioners, dentists and researchers. 12 DVDs plus Symposium Manual. \$100
- 3) How to Use the MORA III. Dr. Walter Sturm† teaches how to use the MORA III unit for therapy and reviews the use of the RM200 diagnostic option. #35
- **4)** Introduction to the MORA Super Plus and ELH. Dr. Brian MacCoy† teaches how to hook everything up, how to get started, how to get set up with all the "goodies" that come with the device. \$35
- 5) How to Start Treating Patients with the MORA Super Plus. Dr. Brian MacCoy† covers use of the Therapy Hand Book (applicable to all models of the MORA) as well as the basic electronic homeopathy applications. Here's how to set the device with the pre-set therapy programs. Get a good understanding of the scope and capability of these dynamic healing devices.
- **6) MORA Nova Training Seminar**. Dr. Nuno Ruivo (Med-Tronik). How to take the unit out of its shipping box and set it up. 3-part overview of BioResonance and patient simulations with emphasis on practical application in your practice. \$100
- **7) MORA BioResonance Therapeutic Possibilities**. Marguerite Lane, ND. How to get the best out of your MORA, how it works, and the basic concepts of classical BioResonance. Expert guidance on how to tackle the most common underlying problems in health. \$190
- 8) See ongoing training in **Webinar** format from Med-Tronik.

A Special Report

The Ground Regulation System (GRS)

By o. Univ.Prof. Dr.rer.nat. med.habil. Hartmut Heine

A few years after his serious illness in 2011 *Prof. Dr. Hartmut Heine* published a series of seven articles on the **Ground Regulation System**. I [*Carolyn Winsor*] was honored to be able to translate this incredible research into English for the first time and to publish it in our newsletter, "The Bridge".

As I worked my way through translation of the first article, the wealth of knowledge and understanding imparted in even that introductory article left me scrambling for dictionaries, research documents hidden away in the old OIRF library and way beyond "Google searches" to make sure that I was doing justice to the information Prof. Dr. Heine was imparting. Combined with the succeeding six further articles, his gift to us of knowledge and of understanding is truly priceless.

In respect for Prof. Heine I have merged those seven articles into one single report and have republished it separate from that older newsletter. With a total of 48 (mind-blowing) pages, this work is not just "worthwhile" reading, but mandatory reading for all practitioners of orthodox and complementary medicine. Available in electronic or print format for \$30, here is an outline of the contents:

- **Part 1** The Ground Regulation [A History and Background]
- Part 2 GRS as a non-linear system Structure, function and determined chaos
- Part 3 GRS as a non-linear system– Structural components of the extracellular matrix (ECM)
- Part 4 Spatial structure of the ECM and material transport within the system
- Part 5 Contact, limitation and clogging up: Cell adhesion, basal membrane and glycosylation
- Part 6 Functional relations of the ground regulation with the central nervous system
- Part 7 The Ground Regulation and the Circadian Rhythm
 - The Ground Regulation and Alzheimer Dementia



Holiday Notices

Most of the German manufacturers and suppliers have already closed for the Christmas and Holiday Season. The usual reopening time is Monday, 09 January 2017. Thus, all orders for German instrumentation are closed for this year. Advance orders for delivery mid- to late January are being accepted now, and orders received after mid-January can anticipate delivery mid- to late February. Contact OIRF offices for details and advance order information.

OIRF Offices will be closed 23 December 2016 through 01 January 2017. For emergency or urgent communication please contact us by email. Thank you.

OIRF Resource Materials:

- For more information and instruction about point and medication testing with EAV see the OIRF: Medication Testing Report and the EAV Desk Reference Manuals (both available on disc).
- For more information and instruction about <u>Diagnostic and Therapeutic</u> <u>Techniques in Biological Medicine</u> with emphasis on BioResonance Therapy be sure to order the recently re-released videos of Dr. Walter Sturm's seminars.
- For a complete <u>listing of OIRF resource materials</u>, including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.
- For a complete <u>listing of OIRF recommended instrumentation</u>, including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.
- Of the three full "home-study" or "extension training" programs developed by Occidental Institute, two have been fully updated and are available in PDF format on disc. Research and publication of each of those programs has been pivotal in the development and application of Acupuncture and Biological Medicine in North America and around the world. Be sure to obtain your copies of these famous and well respected volumes for your library and study purposes.
 - Modern & Traditional Acupuncture: \$165
 - Master of Acupuncture Program: Translations of the ancient acupuncture classics (The Nei Ching consisting of the Su Wen and Ling Shu, as well as the "Difficult Classic" the Nan Ching) are still available in printed format – \$125
 - EAV Desk Reference Manuals, Parts 1 & 2 \$200
 - Diagnostics and Therapeutics Seminars of Dr. Sturm \$200

Get more details at http://www.oirf.com/resources.html

<u>"EXTENSION TRAINING" PROGRAM IN</u> MODERN & TRADITIONAL ACUPUNCTURE

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook (An Outline of Chinese Acupuncture) and set of four charts (by China Cultural Corp.). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, 'energetical' acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that 'missing sixty percent' of acupuncture knowledge most "acupuncturists" have never even heard of; and, the modern electronic 'needle-less' treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a "Who's Who of Acupuncture" in the English speaking world. This program takes you as far as anyone possibly can in a 'written' format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD

Price includes disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does **not** include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. **Full set on one disc available for CDN \$165.**

2017 Calendar of Events!

Event	Lecturers	Dates	Details/Contact
VivaMayr Basic Intensive Course I & II	Dr. Harald Stossier	Maria Wörth, Austria Jan. 15-27, 2017	To register contact: <u>kirsten@viva-mayr.com</u> and visit <u>VivaMayr Academy</u>
Concordia	Dr. Robert Cass and others TBA	Tucson, Arizona Feb. 24-25, 2017	Concordia Conference sponsored by AOIBS
Acupuncture Meridian Assessment St. Louis, MO	Dr. Simon Yu Dr. Doug Cook Dr. Rob Cass Carolyn Winsor	St. Louis, MO March 24-26, 2017	Register at Prevention And Healing For MD, DO, DDS
Int'l Neural Therapy Conference	Dr. Michael Gurevich Dr. Hans Borop Dr. Alberto Duque Dr. James Oschman And many others	Ottawa, ON Canada May 11-13, 2017	Register by email: info@internationalneuraltherapy.com Get more details at: Neural Therapy Conference
Acupuncture Meridian Assessment St. Louis, MO	Dr. Simon Yu Dr. Doug Cook Dr. Rob Cass Carolyn Winsor	St. Louis, MO June 23-25, 2017	Register at Prevention And Healing For MD, DO, DDS
Med-Tronik Power Week and Individual Seminars	Dr. Nuno Ruivo Dr. Peter Mahr	Friesenheim, Germany July 24-29, 2017	Contact Med-Tronik to register
VivaMayr, Advanced Training II	Dr. Harald Stossier	Maria Wörth, Austria July 23-Aug. 4, 2017	To register contact: <u>kirsten@viva-mayr.com</u> and visit <u>VivaMayr Academy</u>
International Biological Medicine Conference	Dr. Simon Yu and many others TBA	St. Louis, MO Sept. 29 - Oct. 1, 2017	Watch for further details and information TBA and visit Prevention And Healing
51st Medicine Week Congress, Baden-Baden, Germany	Lectures primarily in German language - participants of Tour #44 will attend	Baden-Baden, Germany Nov. 1-5, 2017	Contact OIRF for registration and participation details
Biological Medicine Tour #44 to Germany	Speakers TBA	Starts in Frankfurt, Germany, Oct. 31 to Nov. 6, 2017	Watch for details on this website!
Throughout 2017 OIRF will participate in numerous conferences and seminars with exhibit and education booths.			Watch your newsletter and the Events Page on this website as details are announced.

Conferences and Conventions: As an ongoing approach to bring this information and education to a broader range of practitioners, OIRF will sponsor speakers and lecturers in a number of conferences and events throughout the USA, Canada and Germany.

Plans and registrations for OIRF to be present at a number of important international conferences have been arranged, and we are looking forward to an exciting and busy year. It is our hope that you will join us in our efforts to expand the use and knowledge of Biological Medicine in Canada, the USA and around the English speaking world.

Here are **some** of the events where our OIRF Board of Directors and Advisors are giving presentations and participating. Be sure to check out the announcements of events and conferences enclosed and on the <u>Calendar of Events</u> on our website. Make plans **today** for which events you will attend during the upcoming New Year 2017. Your support for the organizers is greatly appreciated, and gives you the benefit of fascinating, informative and educational programs that will enhance your practice – and CEU's! OIRF directors, advisors and/or members are active in each of the recommended events. See Pages 2, 3, 23 and 24-25 for further details.

- ➤ Acupuncture Meridian Assessment Training for MD, DO and DDS. Primary focus is teaching medical practitioners how to check a few essential acupuncture points to look for disturbances which might be an indication of parasites or dental problems. This training covers many clinical case histories that will amaze you with the healing results that occur where prior numerous doctors and specialists failed to succeed. Class consists of lectures and lots of hands on "boot camp" drills for 2½ days held in St. Louis, Missouri March 24-26 and June 23-25, 2017. Sponsored by *Dr. Simon Yu* and also featuring *Dr. Robert Cass*, *Dr. Doug Cook*, *Gordon Johnston* and *Carolyn Winsor*. To register contact Kate, Office Manager at 314-432-7802 or Prevention and Healing
- ➤ Dr. Michael Gurevich has announced the International Neural Therapy Conference to be held in Ottawa, Ontario Canada May 11-13, 2017. The excellent roster of speakers includes: Dr. Hans Borop (Germany), Dr. Alberto Duque (Colombia), Dr. Mark McClure (USA), Dr. James Oschman (USA), Dr. Michael Gurevich (USA) and many others. This is a highly recommended conference!
- Advanced Notice: Dr. Simon Yu's colleague Mr. Richard Lodholz has agreed to assist with arrangements for "just one more" International Biological Medicine Conference. Tentative dates for this always exceptional and highly recommended conference are Sept. 29 to Oct. 1, 2017. OIRF will be there! Plan even now to attend.
- ➤ Mayr Therapy: This is a method that has been recommended by OIRF for many years. We have sponsored at least six official English language Mayr training programs in the past that featured the direct students of *Dr. F. X. Mayr*, including *Dr. Erich Rauch* and *Dr. Ernst Kojer*. In Austria this training was offered solely to MD's, but with the passing of many of the original practitioner/teachers those

requirements have been somewhat relaxed. It was interesting to see both the two main Mayr organizations well represented at the Medicine Week Congress. Both organizations have been offering English language training and it is my pleasure to re-introduce this method to our members and supporters. Even though there are no commercial or financial ties between OIRF (and none of our Advisor/Directors are directly involved) and these Mayr organizations, we felt it important to continue our recommendation for this well proven and highly effective method.

This year the **VivaMayr** organization in **Maria Wörth, Austria** (oh, such a beautiful area!) is offering two programs in English which feature *Harald Stossier*, *MD*. Contact Kristen by email at kristen@viva-mayr.com for details and registration information. Courses available in Maria Wörth are:

- Basic Intensive Course, I & II: Jan. 15-27, 2017
- Advanced Training II: July 23 to Aug. 4, 2017
- ▶ 51st Medicine Week Congress, Nov. 1 through Nov. 5, 2017 in Baden-Baden, Germany with OIRF Advisors, Directors and Germany Tour participants attending. Usually more than 3,000 doctors participate with nearly 200 lectures, workshops and courses (German and English language). Exhibit area with more than 220 exhibits provides you with an excellent insight into the big product offerings in natural healing and complementary medicine. There you can find out directly, and compare. Contact OIRF for attendance possibilities.
- ▶ Biological Medicine Tour #44 to Germany, October 31 through November 6, 2017. Join us for our 44th group tour including the world famous "Medicine Week" Congress in Baden-Baden. Tour program also includes exclusive OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits. Speaker, event, itinerary and registration details will be posted on our website early in the New Year. To tempt you for next year follow this link to our report on our 2016 program and activities. This is certainly advance and early announcement of dates and we recommend that you plan early to participate.
- ➤ As US certifications for the **MORA Beauty** have been delayed yet again, OIRF and Med-Tronik have withdrewn from exhibiting at the December 2016 **A4M Congress in Las Vegas**. As Carolyn will **not** be personally attending this year, we will miss this opportunity to meet and say hello. Once certifications are achieved for the Beauty, we will be announcing dates of conferences and seminars where you can see this remarkably effective device that can rapidly generate income for your practice.
- ➤ MORA BioResonance Therapeutic Possibilities, 1 day course on therapeutic applications with *Marguerite Lane, ND*, Australia. 4 DVD set of video recordings are now available through OIRF for US \$150 plus shipping. [Note: All backorders will ship during the first week of March.]
- **⊃** Follow this link to our website to see Issue #12 in print/PDF format.

Updates, Reminders and Announcements:

- ➤ Watch for seminar and conference updates and dates. Plan early which events you will be attending this year.
- ➤ Watch for Volume 13, Issue #12 of the "The Bridge" newsletter to arrive in your Inbox around mid-December 2016. There are a number of new and exceptionally well written articles by Med-Tronik researchers and instructors that have been published in the German *CO'Med* and *Naturheilkunde* journals. Carolyn is busily translating as many of them as possible for future newsletter issues. We are looking forward to introducing some of the new devices (a newer model of the RM10 diagnostic device) and methods that were seen in Germany during the recent tour. The January Issue will feature one of those translations.
 - ➤ Visit our **Facebook** page will you be our friend?



I trust you have found much of interest in these pages. All of our many 2016 events and activities have been completed, and in 2017 we are looking forward to participating in numerous conferences while supporting the various speakers and complementary organizations. Additionally there are a variety of informational articles being prepared for the next Issues of Volume 13 of "The Bridge". Electronic publication with access open to all will continue throughout 2017 and we will continue bringing you that cutting edge information for which OIRF is famous.

We look forward to meeting you during our forthcoming 2017 activities and programs. As always your comments are welcome. Remember that this is <u>your</u> newsletter. Your suggestions, article contributions, critiques, FAQ's and compliments are gratefully accepted.

Yours in health,

Carolyn

Carolyn L. Winsor Managing Director Phone: (250) 490-3318 support@oirf.com

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P. O. Box 100, Penticton, BC V2A 6J9 Canada Telephone: (250)490-3318 Fax: (250) 490-3348 Website: www.oirf.com Email: support@oirf.com

Published in Canada

I offer the following quote from one of my girly romance novels as a very eloquent description of the emotion and meaning of this sacred Holiday Season. I understand and appreciate that there are many differing faiths and cultures represented within our international OIRF membership. But I have found that regardless of our different faiths and beliefs for almost everyone this time of year is a sacred time, a holiday, a time of reflection, a time of hope for peace and a time for change, and thus those are the heartfelt wishes that we send to you.



From Falling for Jillian by Kristen Proby

Abandoned by an abusive mother into the care of his recently retired military father, 12 year old Seth is sitting around a fire pit on Christmas Eve with members of his father's family. His soon to be step-mother Jillian has the following conversation with the boy:

"So, Seth" I say and tousle the boy's hair. "Are you going to stay up long enough to see Santa with me?" "There's no Santa," he insists as he blows out a burning marshmallow.

"What did I say last week in my kitchen? Yes, there is. If you keep saying there isn't, he won't show up tonight, and I for one want to see what he brings you."

Seth raises a brow and stares at me like I'm crazy. Conversation swirls around us as I scoot closer to the boy and wrap my arm around his shoulders and speak softly to him. "Even if you don't believe in the man himself, you have to believe in the magic of Christmas, Seth. That's what Santa is." "What do you mean?"

"It's the whole season. The lights and decorations and good food. It's sitting right here, by this fire in the middle of a snowy Montana winter, eating s'mores and slipping marshmallows to your dog."

Seth smirks and flips another marshmallow to Thor as I continue.

"Christmas is the magic of being generous to others. And it's about remembering that a little baby was born so that you and I are forgiven our sins. Christmas is special."

I lean back to find that everyone sitting around the fire is watching us, listening. Nancy [Seths's grandmother] is smiling widely and nodding, and murmurs simply, "Well said." I shrug and feel my cheeks heat. "I like Christmas."

May you each discover and experience the magic of this Season . . .



An Old Irish Blessing

May love and laughter light your days, and warm your heart and home.
May good and faithful friends be yours, wherever you may roam.
May peace and plenty bless your world with joy that long endures.
May all life's passing seasons bring the best to you and yours!

This year we will again be extending the time that the OIRF team is able to spend with their families and friends during the holiday season by closing the office from **23 December 2016 through 01 January 2017.** The office will reopen regular hours (8:00 AM to 4:00 PM Monday to Thursday and 8:00 AM to 12:00 Noon Fridays) on Monday 02 January 2017. Our emails will be monitored throughout the holidays. **Happy New Year!**